NEWSLETTER

POsterior **L**aminectom**Y** with **FIX**ation for MultiLevel Degenerative Cervical Myelopathy

POLYFIX DCM

Welcome to the 6th edition of the P O L Y F I X D C M newsletter

Welcome ESNEFT!

It's been a slow festive period, not helped by the significant NHS challenges. However internal pilot ends in March, and if all open centres can have found 1 more patient we will pass!

Mark Kotter and Ben Davies

POLYFIX in numbers

SITES OPEN

10

AAddenbrooke's Hospital (Cambridge)
Royal Derby Hospital
King's College Hospital
Royal Infirmary of Edinburgh
Royal Orthopaedic Hospital (Birmingham)
Royal Victoria Infirmary (Newcastle)
Queen's Medical Centre (Nottingham)
St George's Hospital
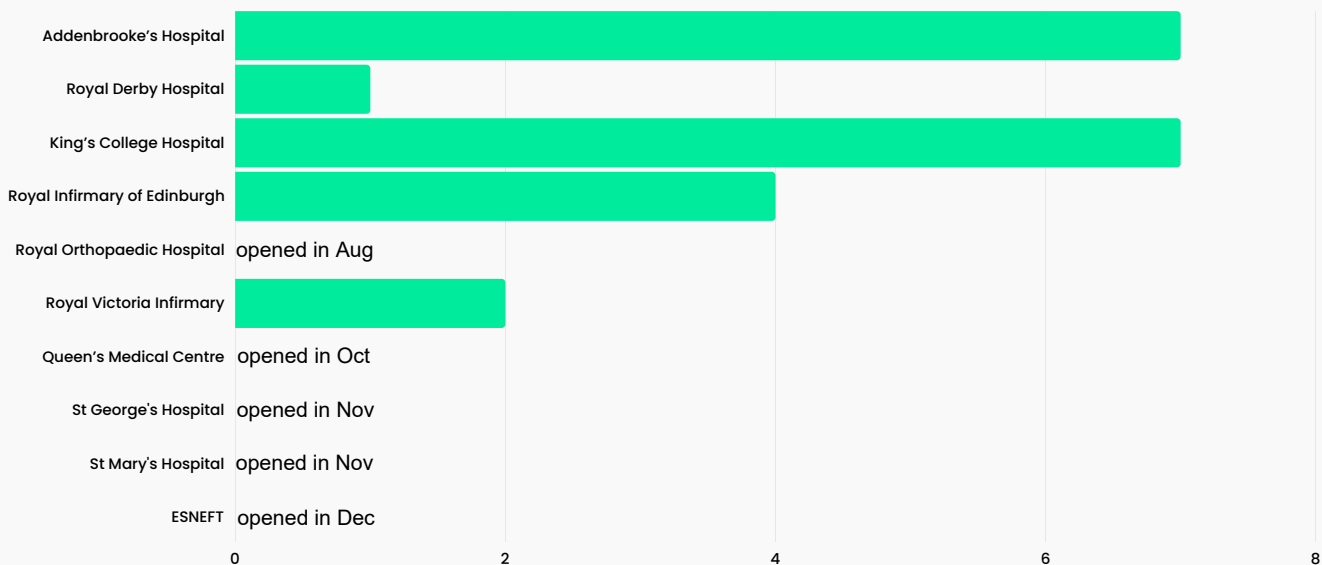St Mary's Hospital (Imperial College)
ESNEFT (Ipswich)

PATIENTS RECRUITED

21

Addenbrooke's Hospital Cambridge (7)
Royal Infirmary of Edinburgh (4)
Royal Derby Hospital (1)
King's College Hospital (7)
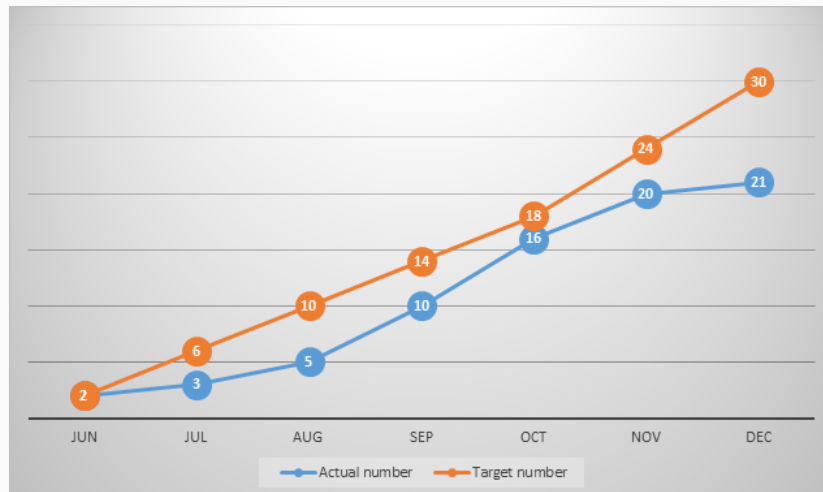Royal Victoria Infirmary (Newcastle) (2)

SITES IN SET UP

18

Addenbrooke's Hospital ▇▇▇▇▇▇▇ (7)
Royal Derby Hospital ▇ (1)
King's College Hospital ▇▇▇▇▇▇▇ (7)
Royal Infirmary of Edinburgh ▇▇▇▇ (4)
Royal Orthopaedic Hospital — opened in Aug
Royal Victoria Infirmary ▇▇ (2)
Queen's Medical Centre — opened in Oct
St George's Hospital — opened in Nov
St Mary's Hospital — opened in Nov
ESNEFT — opened in Dec

(axis: 0, 2, 4, 6, 8)

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The Big Ask: What can you do this month for POLYFIX?

1. **Pre-op MJOA** - Teams, please let us know when you recruit patients and their planned operative date is so that we can get in touch to complete the blinded central assessments of mJOA.

2. **MoveMed** - Teams, please let us know if participants have agreed to participate using the MoveMed app, so that our central study team can get in touch with them and set them up. You can find MoveMed info sheet attached. The information we will need from them is available on the PID form, so we can easily set them up once you confirm their agreement to participate. All the information and set up will be followed by the central team.

Current documents version & Update info

Protocol: version 2.0
Paper based CRFs: version 2.0
E-CRFs: Being tested
Trial Manual: version 1.4
SAE form: version 1.0

Reminder - What can you do to speed up POLYFIX

CC: xiaoyu.yang@nhs.net

Dear R&D

Where are we up to with POLYFIX-DCM? The trial is now up and running, and recruiting elsewhere – it would be great to get us on-board. I have copied the trial's manager in Xiaoyu in case there is anything you need from them.