

NEWSLETTER

POsterior Laminectomy with FIXation for MultiLevel Degenerative Cervical Myelopathy

POLYFIX DCM

NEWSLETTER ISSUE 7, Feb 2023

Welcome to the 7th edition of the **POLYFIX DCM** newsletter

Welcome Aberdeen Royal Infirmary!

Up to now, we have opened 11 sites and 26 patients have now been recruited into the POLYFIX DCM trial.

Can we get to 35 recruited by end of March? This was our top NIHR target!

Mark Kotter and Ben Davies

POLYFIX in numbers

SITES OPEN

11

AAddenbrooke's Hospital (Cambridge)
Royal Derby Hospital
King's College Hospital
Royal Infirmary of Edinburgh
Royal Orthopaedic Hospital (Birmingham)
Royal Victoria Infirmary (Newcastle)
Queen's Medical Centre (Nottingham)
St George's Hospital
St Mary's Hospital (Imperial College)
ESNEFT (Ipswich)
Aberdeen Royal Infirmary

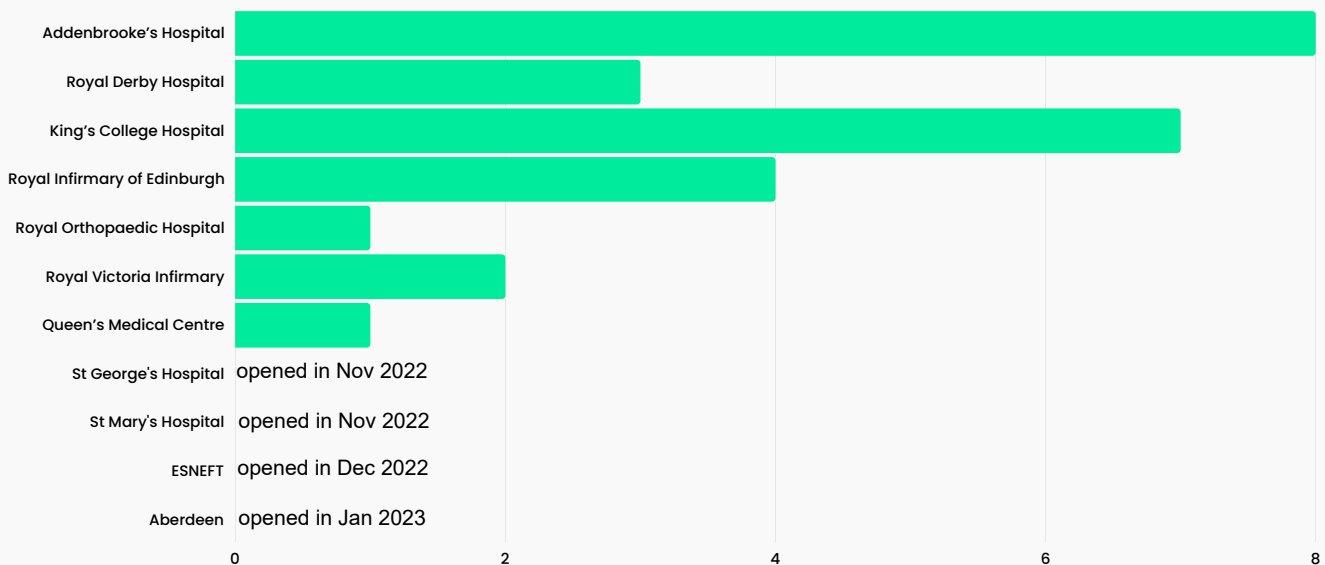
PATIENTS RECRUITED

26

Addenbrooke's Hospital Cambridge (8)
Royal Infirmary of Edinburgh (4)
Royal Derby Hospital (3)
King's College Hospital (7)
Royal Victoria Infirmary (Newcastle) (2)
Nottingham (1)
Royal Orthopaedic Hospital (1)

SITES IN SET UP

17



POLYFIX DCM

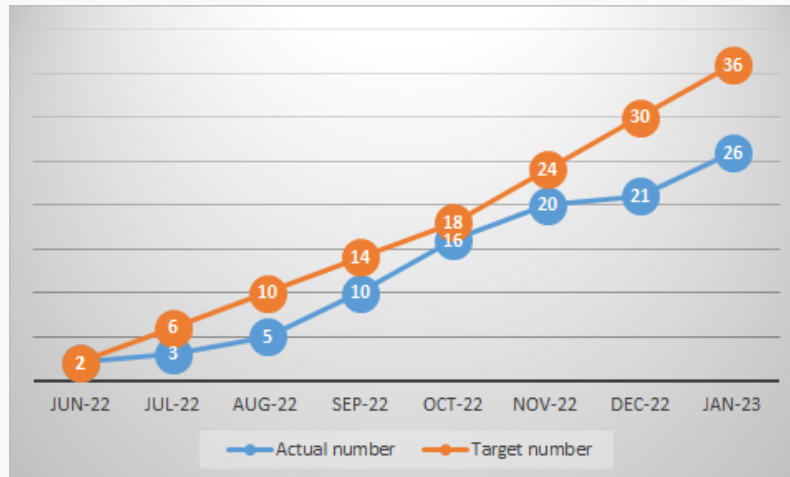
Contact Info
CI: Mark Kotter
Co CI: Ben Davies
Clinical fellow: Stefan Yordanov
Trial coordinator: Paula Kareclas
Official Website: <https://polyfix-dcm.com>

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The Big Ask: What can you do this month for POLYFIX?

1. **Pre-op mJOA** - Teams, please let us know when you recruit patients and their planned operative date is so that we can get in touch to complete the blinded central assessments of mJOA.

2. **MoveMed** - Teams, please let us know if participants have agreed to participate using the MoveMed app, so that our central study team can get in touch with them and set them up. You can find MoveMed info sheet attached. The information we will need from them is available on the PID form, so we can easily set them up once you confirm their agreement to participate. All the information and set up will be followed by the central team.

Current documents version & Update info

Protocol: version 2.0
Paper based CRFs: version 2.0
E-CRFs: Being finalised
Trial Manual: version 1.4
SAE form: version 1.0

Reminder - What can you do to speed up POLYFIX

CC: paula.kareclas1@nhs.net

Dear R&D

Where are we up to with POLYFIX-DCM? The trial is now up and running, and recruiting elsewhere – it would be great to get us on-board. I have copied the trial's manager in Xiaoyu in case there is anything you need from them.

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