

NEWSLETTER

POsterior Laminectomy with FIXation for MultiLevel Degenerative Cervical Myelopathy

POLYFIX DCM

NEWSLETTER ISSUE 8, March 2023

Welcome to the 8th edition of the **POLYFIX DCM** newsletter

Welcome Sunderland Royal Hospital!

A big thank you to the team in Kings College Hospital, who are our top recruiter for February!

Up to now, we have opened 12 sites and 34 patients have now been recruited into the POLYFIX DCM trial.

Can we get to 40 recruited by end of March?

This was the set NIHR target for the first 9 months!

Mark Kotter and Ben Davies

POLYFIX in numbers

SITES OPEN

12

Addenbrooke's Hospital (Cambridge) Royal Derby Hospital King's College Hospital Royal Infirmary of Edinburgh Royal Orthopaedic Hospital (Birmingham) Royal Victoria Infirmary (Newcastle) Queen's Medical Centre (Nottingham) St George's Hospital St Mary's Hospital (Imperial College) ESNEFT (Ipswich) Aberdeen Royal Infirmary Sunderland Royal Hospital

PATIENTS RECRUITED

34

Addenbrooke's Hospital Cambridge (10) Royal Infirmary of Edinburgh (5) Royal Derby Hospital (3) King's College Hospital (11) Royal Victoria Infirmary (Newcastle) (2) Queens Medical Center (2) Royal Orthopaedic Hospital (1)

SITES IN SET UP

16

Addenbrookes Hospital

Royal Darby Hospital

King's College Hospital

Royal Infirmary of Edinburgh

Royal Orthopaedic Hospital

Royal Victoria Infirmary

Queens Medical Center

St Georgers Hospital Opened in Nov 2022

St Mary's Hospital (opened in Nov 2022)

ESNFT Opened in Dec 2022

Abardeen Royal Infirmary Opened in Jan 2023

Sunderland Royal Hospital Opened Feb23

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5

10

15

POLYFIX DCM

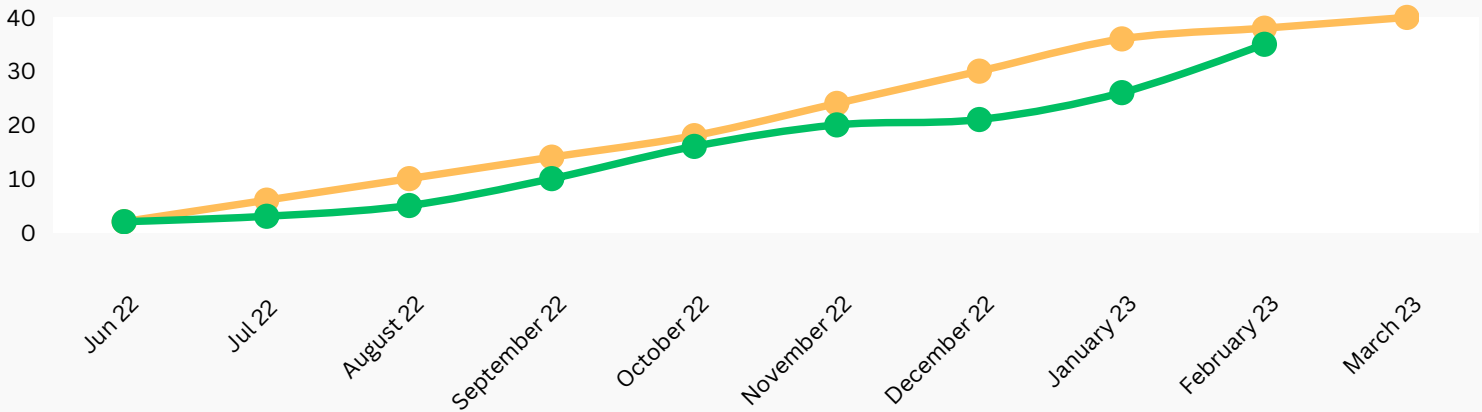
Contact Info
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Co CI: Ben Davies
Clinical fellow: Stefan Yordanov
Trial coordinator: Paula Kareclas
Official Website: <https://polyfix-dcm.com>

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The Big Ask: What can you do this month for POLYFIX?

- 1. Pre-op MJOA** - Teams, please let us know when you recruit patients and their planned operative date is so that we can get in touch to complete the blinded central assessments of mJOA.
- 2. MoveMed** - Teams, please let us know if participants have agreed to participate using the MoveMed app, so that our central study team can get in touch with them and set them up. You can find MoveMed info sheet attached. The information we will need from them is available on the PID form, so we can easily set them up once you confirm their agreement to participate. All the information and set up will be followed by the central team.
- 3. eCRF** - Team, please let us know if you would like to use the eCRF. We will need to arrange training to use MACRO and get your login details. Please email s.yordanov@nhs.net or paula.kareclas1@nhs.net for more information and to start setting you up.

Current documents version & Update info

Protocol: version 2.0
Paper based CRFs: version 2.0
E-CRFs: V1.0 and V2.0 ready
Trial Manual: version 1.4
SAE form: version 1.0

Reminder - What can you do to speed up POLYFIX

CC: paula.kareclas1@nhs.net

Dear R&D

Where are we up to with POLYFIX-DCM? The trial is now up and running, and recruiting elsewhere – it would be great to get us on-board. I have copied the trial's manager in Paula in case there is anything you need from them.

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