

POsterior LaminectomY with FIXation for MultiLevel Degenerative Cervical Myelopathy

WELCOME TO THE 9TH EDITION OF THE POLYFIX-DCM NEWSLETTER!

TOTAL PATIENTS:



40



Well done King's College Hospital! The amazing team are our top recruiter for a second Month in a row!



1. LOCAL TEAMS, PLEASE SEND TO CCTU ALL COMPLETED CRFS TO DATE.
2. WE NEED IN PARTICULAR ALL ADVERSE EVENT FORMS AND SURGICAL COMPLICATIONS FORM TO BE SENT TO US IN THE NEXT TWO WEEKS IN PREPARATION OF THE NEXT DMC MEETING.



Up to now, we have opened 12 sites and 40 patients have now been recruited into the POLYFIX DCM trial!

Thank you all for a job well done! Our Pilot period has ended and we seem to have met the goal of recruitment for this period!

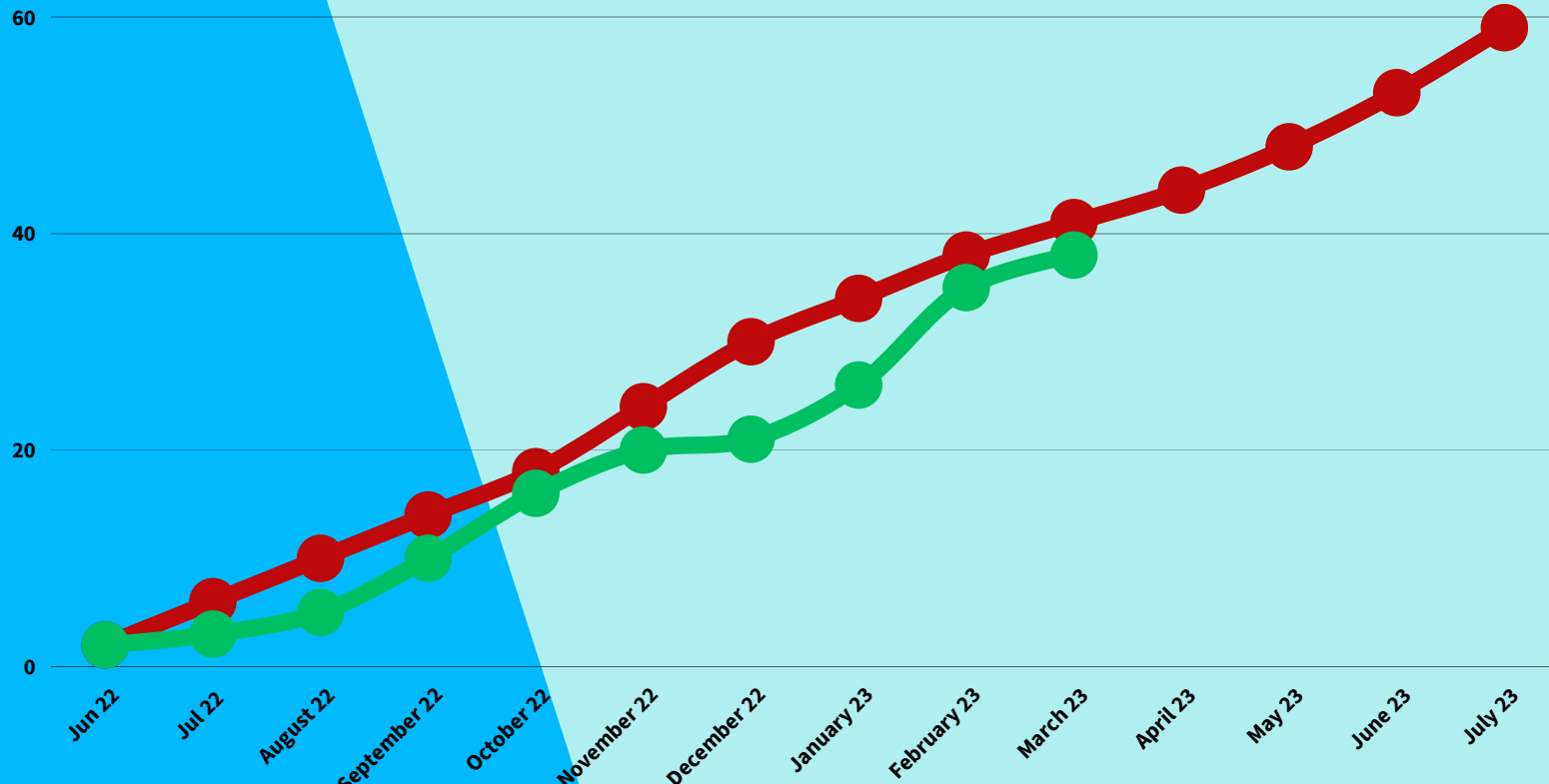
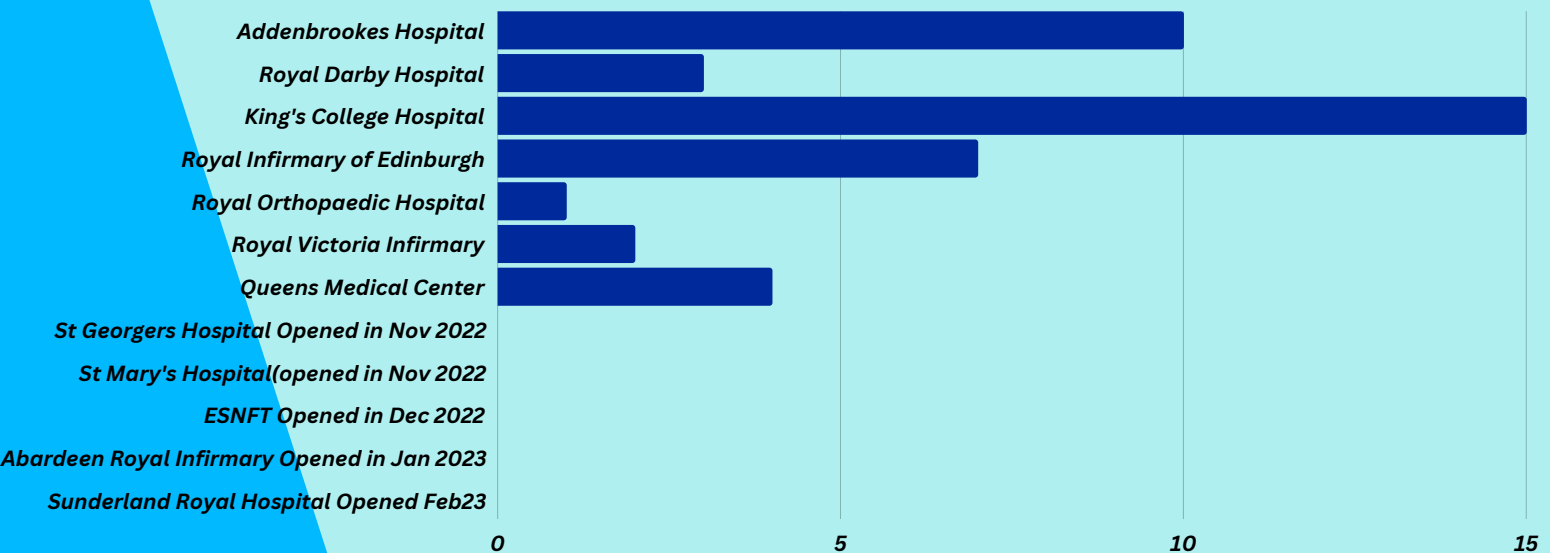
We have hit the base camps of Everest, and now the real hardships begin! The bigger target now is 396 total participants!

Mark Kotter and Ben Davies

SITES OPENED 12

SITES IN SETUP 17

- ADDENBROOKE'S HOSPITAL (CAMBRIDGE) (10)
- ROYAL DERBY HOSPITAL (3)
- KING'S COLLEGE HOSPITAL (15)
- ROYAL INFIRMARY OF EDINBURGH(7)
- ROYAL ORTHOPAEDIC HOSPITAL (BIRMINGHAM)(1)
- ROYAL VICTORIA INFIRMARY (NEWCASTLE) (2)
- QUEEN'S MEDICAL CENTRE (NOTTINGHAM) (4)
- ST GEORGE'S HOSPITAL
- ST MARY'S HOSPITAL (IMPERIAL COLLEGE)
- ESNEFT (IPSWICH)
- ABERDEEN ROYAL INFIRMARY



THE BIG ASK!

1. **PRE-OP MJOA** - TEAMS, PLEASE LET US KNOW WHEN YOU RECRUIT PATIENTS AND THEIR PLANNED OPERATIVE DATE IS SO THAT WE CAN GET IN TOUCH TO COMPLETE THE BLINDED CENTRAL ASSESSMENTS OF MJOA.

2. **MOVEMED** - TEAMS, PLEASE LET US KNOW IF PARTICIPANTS HAVE AGREED TO PARTICIPATE USING THE MOVEMED APP, SO THAT OUR CENTRAL STUDY TEAM CAN GET IN TOUCH WITH THEM AND SET THEM UP. YOU CAN FIND MOVEMED INFO SHEET ATTACHED. THE INFORMATION WE WILL NEED FROM THEM IS AVAILABLE ON THE PID FORM, SO WE CAN EASILY SET THEM UP ONCE YOU CONFIRM THEIR AGREEMENT TO PARTICIPATE. ALL THE INFORMATION AND SET UP WILL BE FOLLOWED BY THE CENTRAL TEAM.

REMINDER -WHAT CAN YOU DO TO SPEED UP POLYFIX.

CC: PAULA.KARECLAS1@NHS.NET

DEAR R&D

WHERE ARE WE UP TO WITH POLYFIX-DCM? THE TRIAL IS NOW UP AND RUNNING, AND RECRUITING ELSEWHERE

IT WOULD BE GREAT TO GET US ON-BOARD. I HAVE COPIED THE TRIAL'S MANAGER IN PAULA IN CASE THERE IS ANYTHING YOU NEED FROM THEM.

Other News

Work as part of POLYFIX was presented on an international conference this month during the 2023 Miami Spine Summit! Mr Budu presented the results of the survey we distributed amongst the PIs earlier in the study!
Thank You Mr Budu!



eCRF is now Live!

Let us know if you would like to use it. Our database is hosted on MACRO.

Please email:

S.YORDANOV@NHS.NET and
PAULA.KARECLAS1@NHS.NET for training
and set up



PROGRESSSS

