

POsterior LaminectomY with FIXation for MultiLevel Degenerative Cervical Myelopathy

WELCOME TO THE 10TH EDITION OF THE POLYFIX-DCM NEWSLETTER!

TOTAL PATIENTS:



42



A big welcome to the teams in Sheffield (Royal Hallamshire and Northern General) as well as the team at James Cook University Hospital. They all will open very soon as well!

A WARM WELCOME ALSO TO OUR NEW TRIAL'S COORDINATOR - MRS SAIMA SIDDIQUI. YOU CAN FIND HER FOR QUESTIONS ON SAIMA.SIDDIQUI4@NHS.NET



1. LOCAL TEAMS, PLEASE SEND TO CCTU ALL COMPLETED CRFS TO DATE.
2. PLEASE SEND ALSO ALL YOUR INITIAL PROM PACKAGES COMPLETED BY YOUR PATIENTS
3. WE NOW HAVE DATA MANAGER AND WE CAN START UPLOADING THE DATA ON OUR SYSTEM
4. IF PARTICIPANTS WANT TO BE ENROLLED WITH MOVEMED, PLEASE SEND US THEIR EMAILS!



Up to now, we have opened 12 sites and 42 patients have now been recruited into the POLYFIX DCM trial!

Thank you all for a job well done and thank you for joining us for our celebratory meeting this week! Thank you for sharing your challenges and hopefully together we can work to overcome them to excel our study even more.

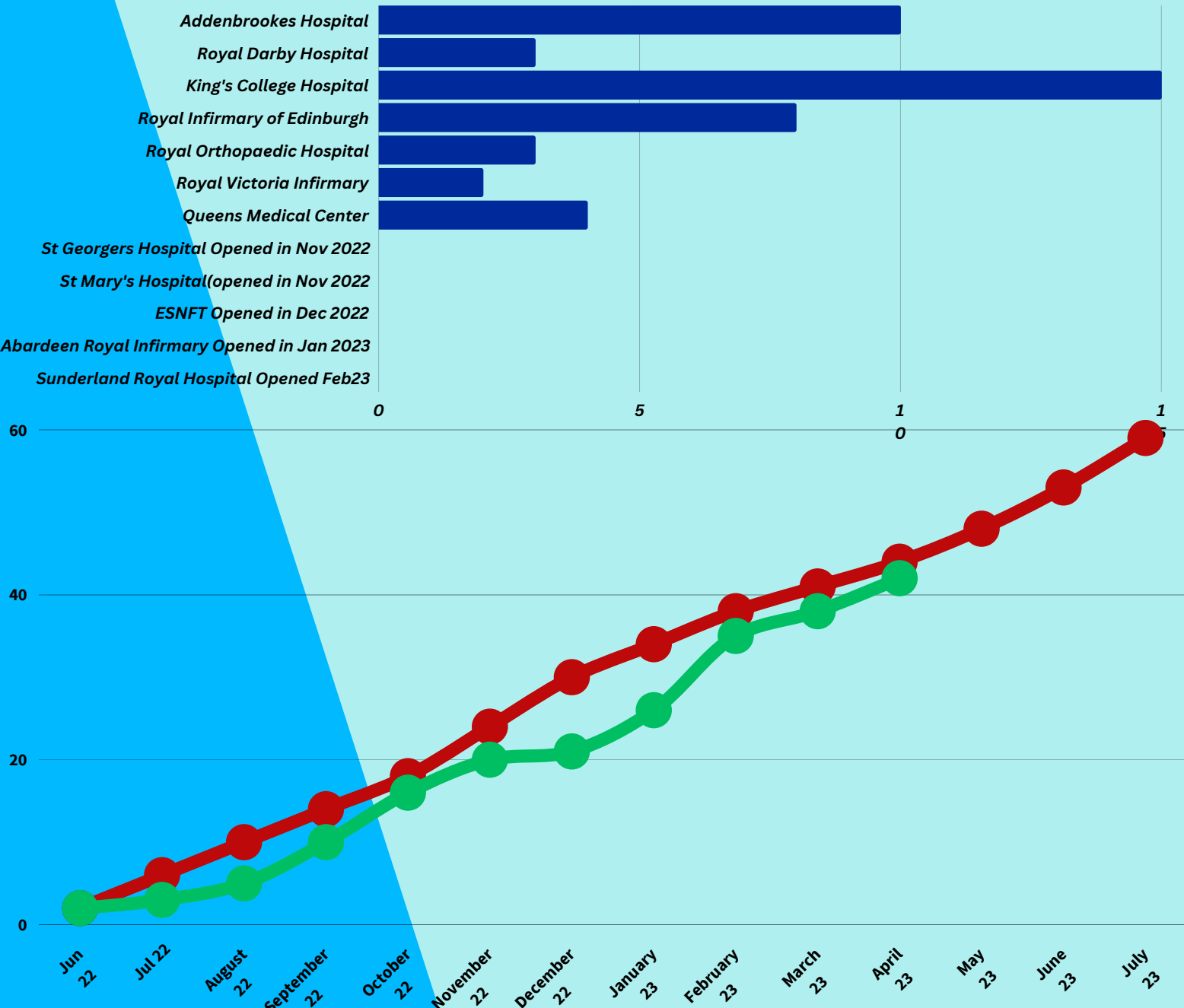
We have hit the base camps of Everest, and now the big climb begins!
The bigger target now is 396 total participants, 354 to go!

Mark Kotter and Ben Davies

SITES OPENED 12

- ADDENBROOKE'S HOSPITAL (CAMBRIDGE) (10)
- ROYAL DERBY HOSPITAL (3)
- KING'S COLLEGE HOSPITAL (15)
- ROYAL INFIRMARY OF EDINBURGH (8)
- ROYAL ORTHOPAEDIC HOSPITAL (BIRMINGHAM) (2)
- ROYAL VICTORIA INFIRMARY (NEWCASTLE) (2)
- QUEEN'S MEDICAL CENTRE (NOTTINGHAM) (4)
- ST GEORGE'S HOSPITAL
- ST MARY'S HOSPITAL (IMPERIAL COLLEGE)
- ESNEFT (IPSWICH)
- ABERDEEN ROYAL INFIRMARY

SITES IN SETUP 17



THE BIG ASK!

1. **PRE-OP MJOA** - TEAMS, PLEASE LET US KNOW WHEN YOU RECRUIT PATIENTS AND THEIR PLANNED OPERATIVE DATE IS SO THAT WE CAN GET IN TOUCH TO COMPLETE THE BLINDED CENTRAL ASSESSMENTS OF MJOA.

2. **MOVEMED** - TEAMS, PLEASE LET US KNOW IF PARTICIPANTS HAVE AGREED TO PARTICIPATE USING THE MOVEMED APP, SO THAT OUR CENTRAL STUDY TEAM CAN GET IN TOUCH WITH THEM AND SET THEM UP. YOU CAN FIND MOVEMED INFO SHEET ATTACHED. THE INFORMATION WE WILL NEED FROM THEM IS AVAILABLE ON THE PID FORM, SO WE CAN EASILY SET THEM UP ONCE YOU CONFIRM THEIR AGREEMENT TO PARTICIPATE. ALL THE INFORMATION AND SET UP WILL BE FOLLOWED BY THE CENTRAL TEAM.

REMINDER -WHAT CAN YOU DO TO SPEED UP POLYFIX.

CC: PAULA.KARECLASI@NHS.NET & SAIMA.SIDDIQUI4@NHS.NET

DEAR R&D

WHERE ARE WE UP TO WITH POLYFIX-DCM? THE TRIAL IS NOW UP AND RUNNING, AND RECRUITING ELSEWHERE

IT WOULD BE GREAT TO GET US ON-BOARD. I HAVE COPIED THE TRIAL'S MANAGER IN PAULA IN CASE THERE IS ANYTHING YOU NEED FROM THEM.

PROTOCOL: VERSION 2.0
PAPER BASED CRFS: VERSION 2.0 E-CRFS
DATABASE IN MACRO IS NOW OPENED.
TRIAL MANUAL: VERSION 1.4
SAE FORM: VERSION 1.0

Other News

Our team attended BritSpine 2023 in Glasgow this year actively participating in presentations and discussions:

**Dr Mark Kotter: An Update on Degenerative Cervical Myelopathy*

**Dr Benjamin Davies: Degenerative Cervical Myelopathy – Beyond the Operating Theatre*

**Debate-Dr Mark Kotter and Dr Brian Kwon: The Asymptomatic Patient with Spinal Cord Compression – What Should I Do? Arguments for Early Surgery or Observation*

**Oral Presentation - Dr Benjamin Davies, Dr Michael Fehlings (virtual), Dr Lindsay Tetreault (virtual), Dr Chad Cook (virtual; RECODE-DCM Steering Committee): Myelopathy Research Priorities*



eCRF is now Live!

Let us know if you would like to use it. Our database is hosted on MACRO.

Please email:

S.YORDANOV@NHS.NET and

PAULA.KARECLAS1@NHS.NET or

saima.siddiqui4@nhs.net for training and set up



PROGRESSSS

