

NEWSLETTER



POsterior LaminectomY with FIXation for MultiLevel Degenerative Cervical Myelopathy

WELCOME TO THE 20TH EDITION OF THE POLYFIX-DCM NEWSLETTER!



TOTAL PATIENTS:

103



A big Thank You to all teams recruiting as part of POLYFIX!
We now have 23 opened sites and we need all of your support!



CRFs Needed!

Still using paper?
-->Please send us all CRFs completed within your unit so far! We need the data for review and upload in our database.



Images Awaited!
Please send us the pre-op XRs and MRIs for us to be able to complete our central assessments!



Are you paper light MACRO

-->even better, please upload all data promptly, and we can keep paper light!

We have opened 23 sites, and now 102 patients enrolled into the POLYFIX DCM trial, thanks to the amazing work of all site teams!

We are now almost halfway through the recruitment period, and we currently need to catch up to our NIHR-given targets!

Our big ask in the first few months of the **2024** is to to have at least 2 patients per site in the next 2-to 3 months, which will bring our recruitment figures back on **track!**

We have hit the base camps of Everest, and now the big climb is on!
The bigger target now is **396** total participants, **293** to go!

Mark Kotter and Ben Davies

SITES OPENED 23

SITES IN SETUP

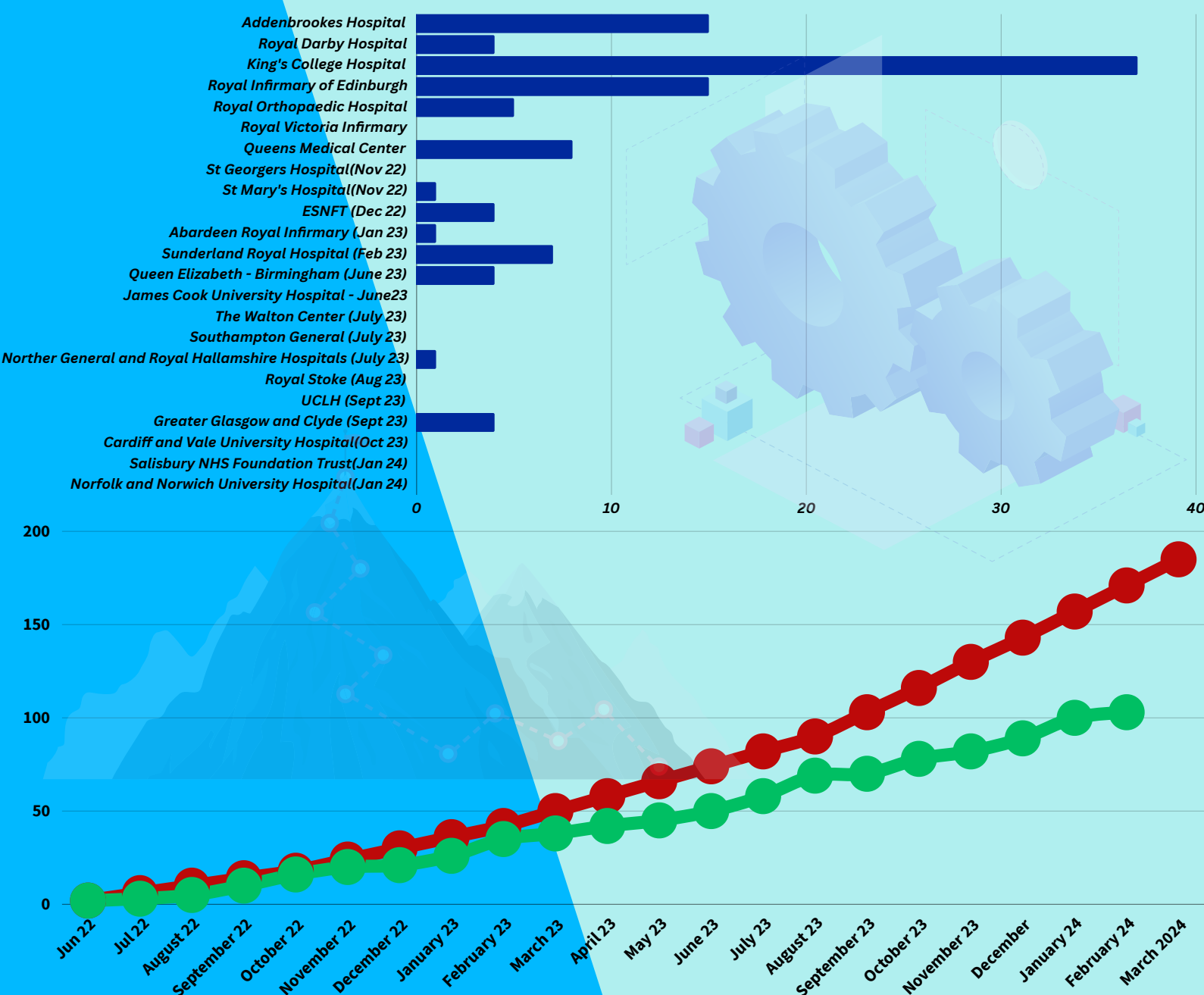
- ADDENBROOKE'S HOSPITAL (CAMBRIDGE) (15)
- ROYAL DERBY HOSPITAL (4)
- KING'S COLLEGE HOSPITAL (37)
- ROYAL INFIRMARY OF EDINBURGH(15)
- ROYAL ORTHOPAEDIC HOSPITAL (BIRMINGHAM)(5)
- ROYAL VICTORIA INFIRMARY (NEWCASTLE) (2)
- QUEEN'S MEDICAL CENTRE (NOTTINGHAM) (8)
- ST GEORGE'S HOSPITAL(LONDON)(0)
- ST MARY'S HOSPITAL (IMPERIAL COLLEGE)(1)
- ESNEFT (IPSWICH)(4)
- ABERDEEN ROYAL INFIRMARY(1)
- JAMES COOK UNIVERSITY HOSPITAL(SOUTH THEES)(2)
- QUEEN ELIZABETH HOSPITAL (BIRMINGHAM)(4)
- THE WALTON CENTER(LIVERPOOL)(0)
- SOUTHAMPTON GENERAL HOSPITAL(SOUTHAMPTON)(0)
- NORTHERN GENERAL AND HALLIMSHIRE HOSPITALS(SHEFFIELD)(1)
- UNIVERSITY HOSPITAL NORTH MIDLANDS(STOKE)(0)
- SUNDERLAND ROYAL HOSPITAL(SUNDERLAND)(7)
- UNIVERSITY COLLEGE LONDON(LONDON)(0)
- QUEEN ELIZABETH UNIVERSITY HOSPITAL GLASGOW(GLASGOW)(3)
- CARDIFF AND VALSE UNIVERSITY HOSPITAL(CARDIFF)(0)
- SALISBURY NHS FOUNDATION TRUST(0)
- NORFOLK AND NORWICH UNIVERSITY HOSPITAL(0)



7



4



THE BIG ASK!



1. PRE-OP MJOA - IT IS VITAL FOR US TO KNOW WHEN THE SURGERY FOR YOUR RECRUITS IS! PLEASE KEEP US IN THE LOOP, AS WE NEED TO CALL THEM BEFORE THEY ARE OPERATED

2. MOVEMED -PLEASE LET US KNOW IF THE PATIENT WANTS TO BE PART OF MOVEMED. WE JUST NEED THEIR EMAIL AND MOBILE NUMBER AND NO FURTHER INVOLVEMENT FROM LOCAL TEAMS!

PATIENT - INSTRUCTIONS HOW TO DOWNLOAD THE APP.MORE INFORMATION -[HTTPS://POLYFIX-DCM.COM/MOVEMED-SUBSIDY](https://polyfix-dcm.com/movemed-subsidy)



3. MACRO CRF COMPLETION - TEAMS PLEASE COMPLETE YOUR ONLINE DATA WITHIN TWO WEEKS OF VISIT IF YOU ARE USING MACRO.

1

WHAT CAN YOU DO TO SPEED UP POLYFIX?

CC: PAULA.KARECLAS1@NHS.NET & SAIMA.SIDDIQUI4@NHS.NET

DEAR R&D

WHERE ARE WE UP TO WITH POLYFIX-DCM? THE TRIAL IS NOW UP AND RUNNING, AND RECRUITING ELSEWHERE

IT WOULD BE GREAT TO GET US ON-BOARD. I HAVE COPIED THE TRIAL'S MANAGER IN PAULA IN CASE THERE IS ANYTHING YOU NEED FROM THEM.

WE NEED YOU!

We need to ensure we keep up to speed with any new evidence that arises on the topic of polyfix as part of our trial conduct procedure. Thus, please let us know if you encounter any new evidence on the topic!

A good example is a Swedish Registry paper published last year references below:

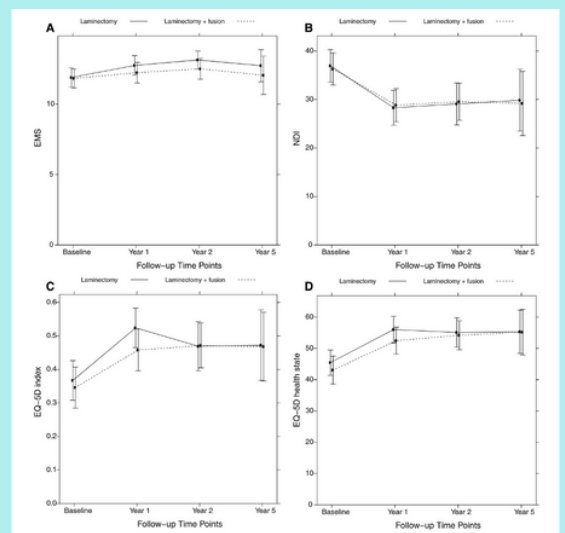
European Spine Journal
<https://doi.org/10.1007/s00586-021-07067-w>

ORIGINAL ARTICLE



Laminectomy alone versus laminectomy with fusion for degenerative cervical myelopathy: a long-term study of a national cohort

Eddie de Dios¹ · Robert F. Heary² · Lars Lindhagen³ · Anna MacDowall¹



Carer Quality of Life Subsidy

Are carers and family of our DCM patients affected?

Let them give us their opinion with a short questionnaire.

Complete their Consent and send us their PID(if separate to main one) so we can include them in the follow up.

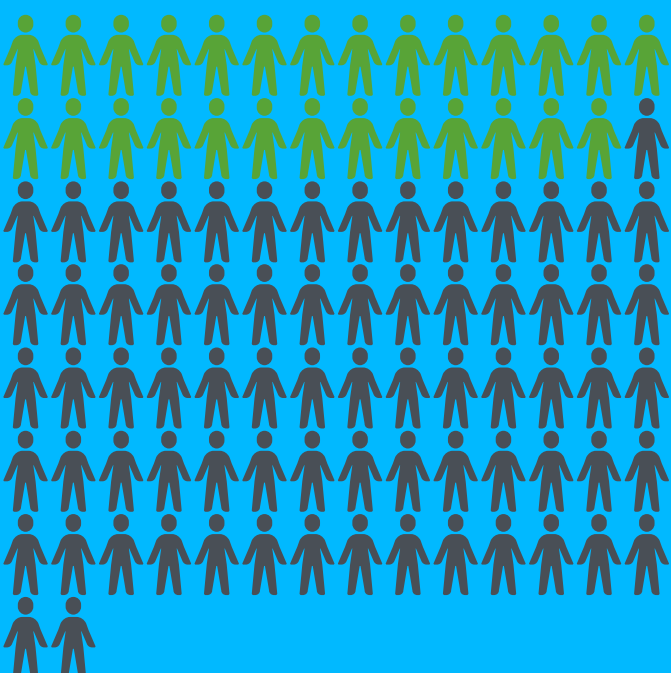
**Want to keep paper light?
eCRF is now Live!**

Please let us know if you are not set up!

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PROGRESSS



PROTOCOL: VERSION 3.0
PAPER BASED CRFS: VERSION 2.0 E-CRFS
DATABASE IN MACRO IS NOW OPENED.
TRIAL MANUAL: VERSION 1.4
SAE FORM: VERSION 2.0