

# NEWSLETTER

JULY

POLYFIX DCM

POsterior LaminectomY with FIXation for MultiLevel Degenerative Cervical Myelopathy

## WELCOME TO THE 12TH EDITION OF THE POLYFIX-DCM NEWSLETTER!

TOTAL PATIENTS:



49



A big welcome to the teams in Southampton and The Walton Center which have opened this past month!

We would also like to express our great gratitude to the teams in Kings and Edinburgh who are our top recruiters for the study so far!



1. LOCAL TEAMS, PLEASE SEND TO CCTU ALL COMPLETED CRFS TO DATE.

2. PLEASE SEND US ALL THE IMAGES OF YOUR PATIENTS DONE SO FAR (XR AND MRI)

3. PLEASE SEND ALSO ALL YOUR INITIAL PROM PACKAGES COMPLETED BY YOUR PATIENTS

4. IF PARTICIPANTS WANT TO BE ENROLLED WITH MOVEMED, PLEASE SEND US THEIR EMAILS!



Up to now, we have opened 16 sites and 49 patients have now been recruited into the POLYFIX DCM trial!

Thank you to all sites opened so far and for the amazing job done so far.

NIHR though, is still keeping track of our recruitment, thus to make sure we continue to do this without any issues, we need at least two to three patients recruited from all opened sites in the next couple of months to bring our recruitment up and on track!

We have hit the base camps of Everest, and now the big climb begins!

The bigger target now is 396 total participants, 346 to go!

Mark Kotter and Ben Davies

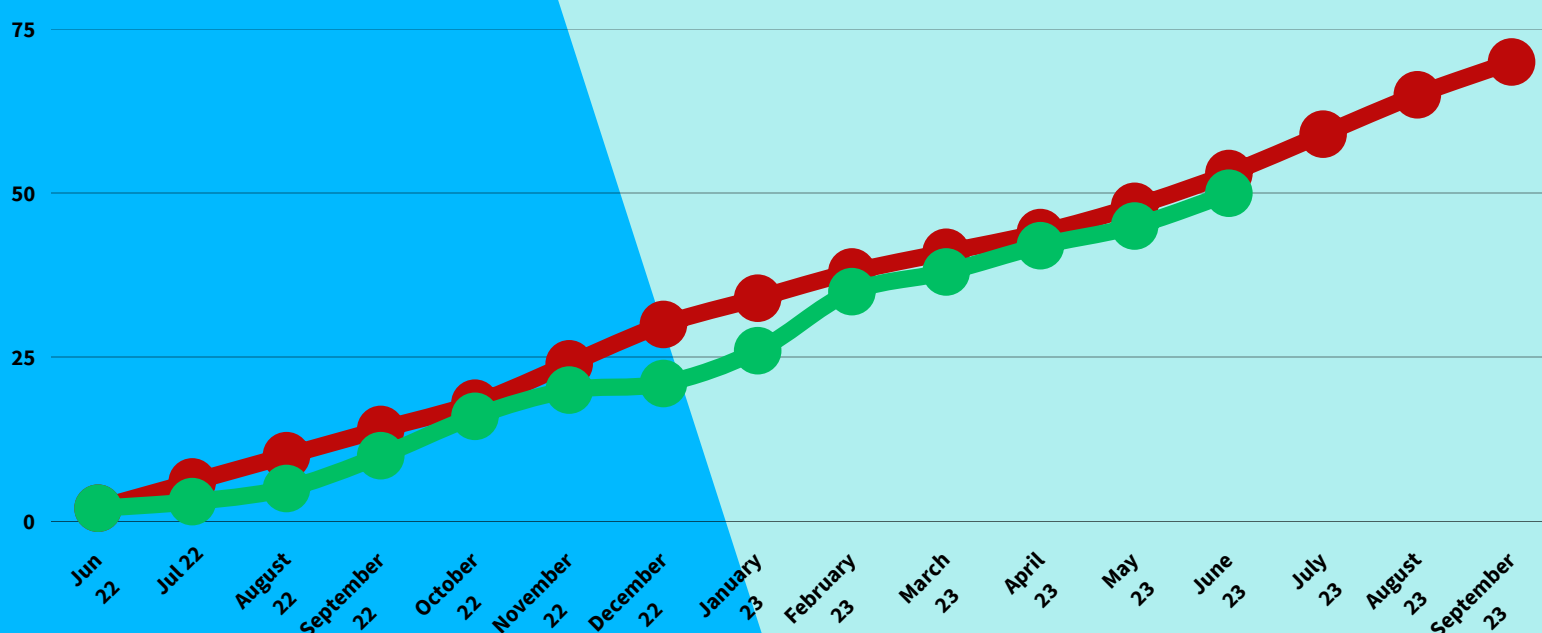
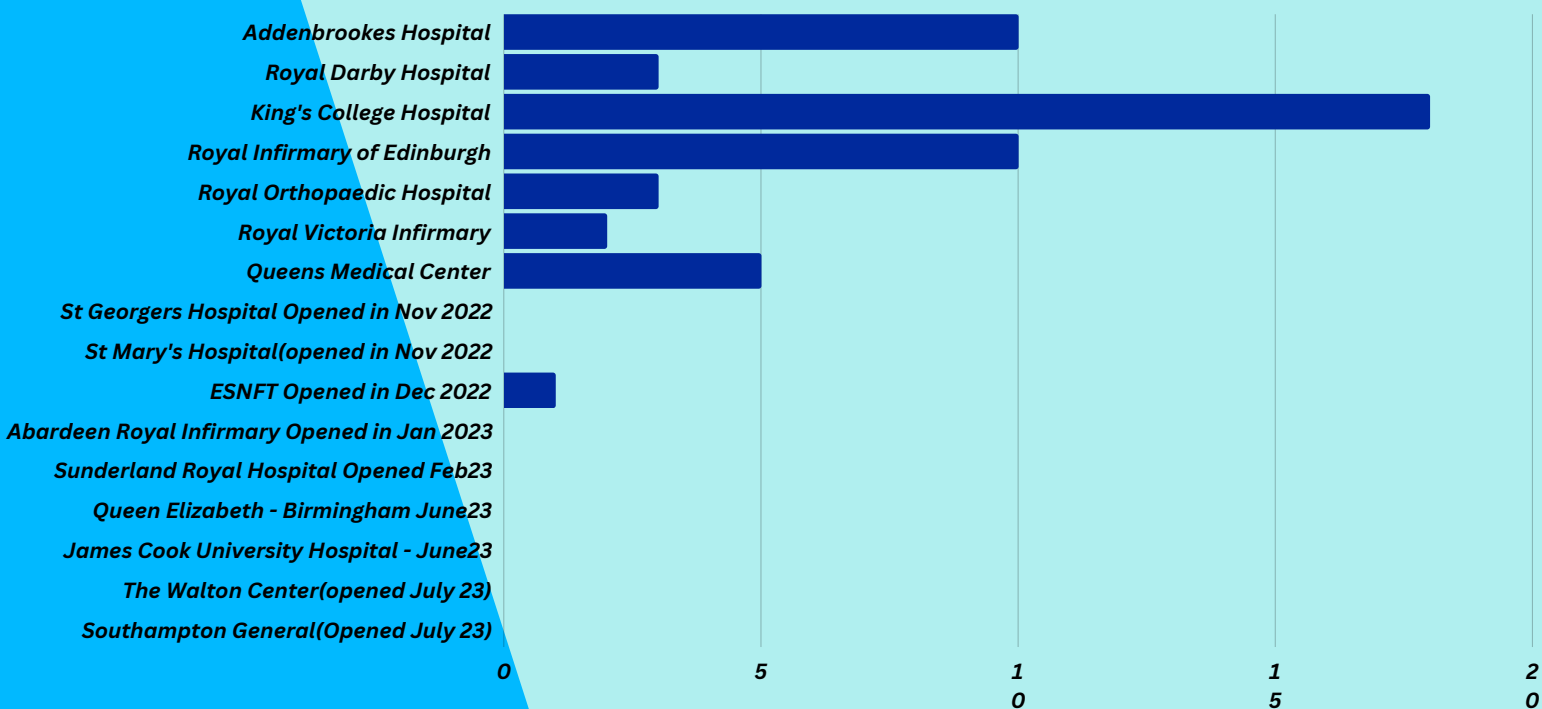
SITES OPENED **16**

SITES IN SETUP

- ADDENBROOKE'S HOSPITAL (CAMBRIDGE) (10)
- ROYAL DERBY HOSPITAL (3)
- KING'S COLLEGE HOSPITAL (17)
- ROYAL INFIRMARY OF EDINBURGH(8)
- ROYAL ORTHOPAEDIC HOSPITAL (BIRMINGHAM)(2)
- ROYAL VICTORIA INFIRMARY (NEWCASTLE) (2)
- QUEEN'S MEDICAL CENTRE (NOTTINGHAM) (4)
- ST GEORGE'S HOSPITAL(LONDON)
- ST MARY'S HOSPITAL (IMPERIAL COLLEGE)
- ESNEFT (IPSWICH)
- ABERDEEN ROYAL INFIRMARY
- JAMES COOK UNIVERSITY HOSPITAL(SOUTH THEES)
- QUEEN ELIZABETH HOSPITAL (BIRMINGHAM)
- THE WALTON CENTER(LIVERPOOL)
- SOUTHAMPTON GENERAL HOSPITAL(SOUTHAMPTON)



13



# Other News

## THE BIG ASK!

- 1. PRE-OP MJOA** - TEAMS, PLEASE LET US KNOW WHEN YOU RECRUIT PATIENTS AND THEIR PLANNED OPERATIVE DATE IS SO THAT WE CAN GET IN TOUCH TO COMPLETE THE BLINDED CENTRAL ASSESSMENTS OF MJOA.
- 2. MOVEMED** - TEAMS, PLEASE LET US KNOW IF PARTICIPANTS HAVE AGREED TO PARTICIPATE USING THE MOVEMED APP, SO THAT OUR CENTRAL STUDY TEAM CAN GET IN TOUCH WITH THEM AND SET THEM UP. YOU CAN FIND MOVEMED INFO SHEET ATTACHED. THE INFORMATION WE WILL NEED FROM THEM IS AVAILABLE ON THE PID FORM, SO WE CAN EASILY SET THEM UP ONCE YOU CONFIRM THEIR AGREEMENT TO PARTICIPATE. ALL THE INFORMATION AND SET UP WILL BE FOLLOWED BY THE CENTRAL TEAM.

## REMINDER -WHAT CAN YOU DO TO SPEED UP POLYFIX.

**CC: PAULA.KARECLAS1@NHS.NET & SAIMA.SIDDIQUI4@NHS.NET**

**DEAR R&D**

**WHERE ARE WE UP TO WITH POLYFIX-DCM? THE TRIAL IS NOW UP AND RUNNING, AND RECRUITING ELSEWHERE**

-

**IT WOULD BE GREAT TO GET US ON-BOARD. I HAVE COPIED THE TRIAL'S MANAGER IN PAULA IN CASE THERE IS ANYTHING YOU NEED FROM THEM.**

With pleasure, we can report that our team attended BritSpine 2023 in Glasgow this year actively participating in presentations and discussions:

*\*Dr Mark Kotter: An Update on Degenerative Cervical Myelopathy*

*\*Dr Benjamin Davies: Degenerative Cervical Myelopathy – Beyond the Operating Theatre*

*\*Debate-Dr Mark Kotter and Dr Brian Kwon: The Asymptomatic Patient with Spinal Cord Compression – What Should I Do? Arguments for Early Surgery or Observation*

*\*Oral Presentation - Dr Benjamin Davies, Dr Michael Fehlings (virtual), Dr Lindsay Tetreault (virtual), Dr Chad Cook (virtual; RECODE-DCM Steering Committee): Myelopathy Research Priorities*

eCRF is now Live!

Let us know if you would like to use it. Our database is hosted on MACRO.

Please email:

**S.YORDANOV@NHS.NET** and  
**PAULA.KARECLAS1@NHS.NET** or

**saima.siddiqui4@nhs.net** for training and set up

# PROGRESSS

