

POsterior LaminectomY with FIXation for MultiLevel Degenerative Cervical Myelopathy

## WELCOME TO THE 11TH EDITION OF THE POLYFIX-DCM NEWSLETTER!

TOTAL PATIENTS:



45

A big welcome to the teams in Queen Elizabeth Birmingham Hospital and James Cook University Hospital. Now also officially opened to recruitment!

We would also like to express our great gratitude to the teams in Kings and Edinburgh who are our top recruiters for the study so far!



1. LOCAL TEAMS, PLEASE SEND TO CCTU ALL COMPLETED CRFS TO DATE.

2. PLEASE SEND ALSO ALL YOUR INITIAL PROM PACKAGES COMPLETED BY YOUR PATIENTS

3. IF PARTICIPANTS WANT TO BE ENROLLED WITH MOVEMED, PLEASE SEND US THEIR EMAILS!



Up to now, we have opened 14 sites and 45 patients have now been recruited into the POLYFIX DCM trial! Thank you to all sites opened so far! The recruitment activity has decreased on overall these last two months and to reach the end goal we need to increase the pace! To keep us on the curve we really need at least one patient recruited from all opened sites in the next couple of months! We have hit the base camps of Everest, and now the big climb begins! The bigger target now is 396 total participants, 351 to go!

Mark Kotter and Ben Davies

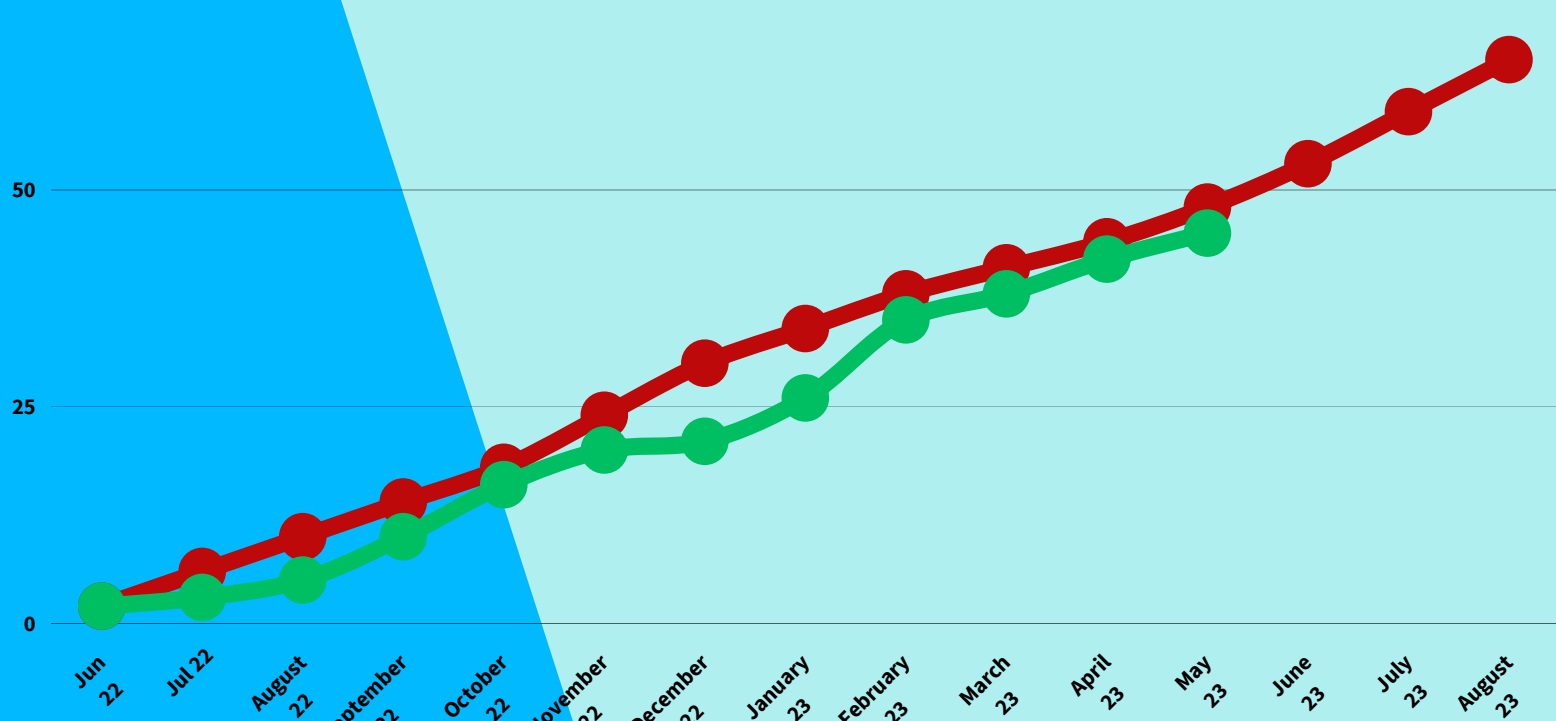
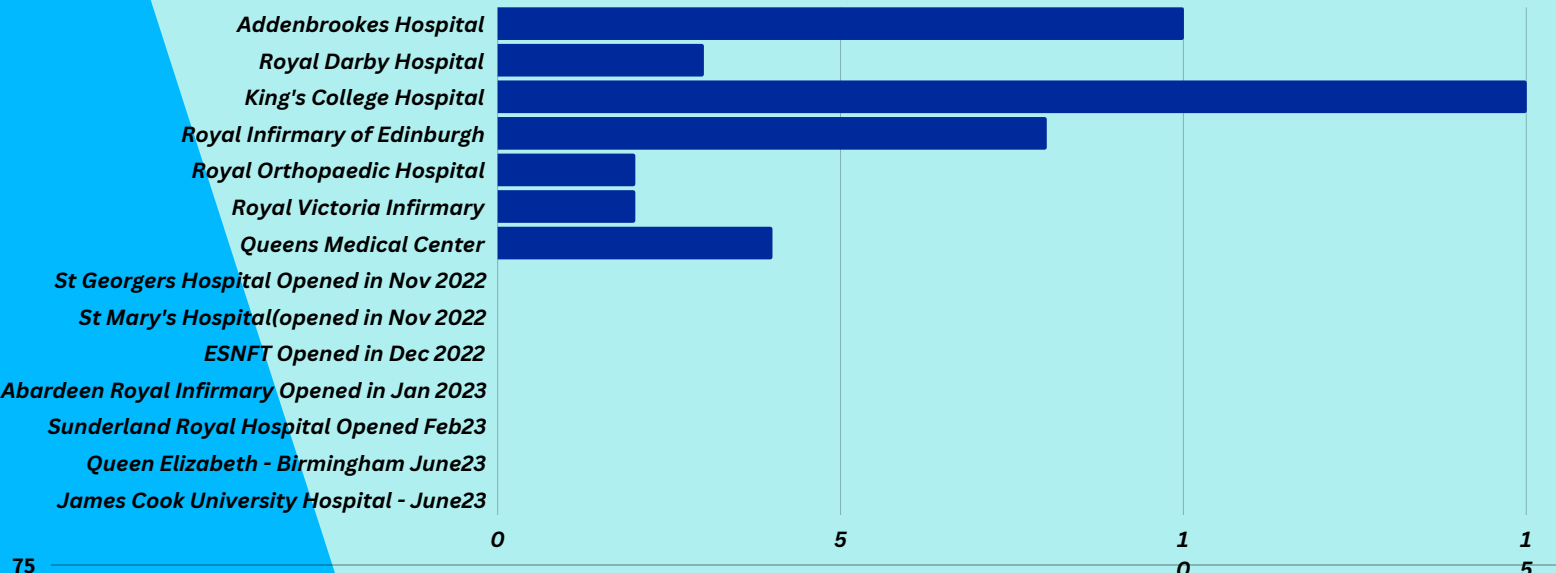
### SITES OPENED 14

### SITES IN SETUP



15

- ADDENBROOKE'S HOSPITAL (CAMBRIDGE) (10)
- ROYAL DERBY HOSPITAL (3)
- KING'S COLLEGE HOSPITAL (17)
- ROYAL INFIRMARY OF EDINBURGH(8)
- ROYAL ORTHOPAEDIC HOSPITAL (BIRMINGHAM)(2)
- ROYAL VICTORIA INFIRMARY (NEWCASTLE) (2)
- QUEEN'S MEDICAL CENTRE (NOTTINGHAM) (4)
- ST GEORGE'S HOSPITAL(LONDON)
- ST MARY'S HOSPITAL (IMPERIAL COLLEGE)
- ESNEFT (IPSWICH)
- ABERDEEN ROYAL INFIRMARY
- JAMES COOK UNIVERSITY HOSPITAL(SOUTH THEES)
- QUEEN ELIZABETH HOSPITAL (BIRMINGHAM)



### THE BIG ASK!

### REMINDER -WHAT CAN YOU DO TO SPEED UP POLYFIX.

1. **PRE-OP MJOA** - TEAMS, PLEASE LET US KNOW WHEN YOU RECRUIT PATIENTS AND THEIR PLANNED OPERATIVE DATE IS SO THAT WE CAN GET IN TOUCH TO COMPLETE THE BLINDED CENTRAL ASSESSMENTS OF MJOA.

2. **MOVEMED** - TEAMS, PLEASE LET US KNOW IF PARTICIPANTS HAVE AGREED TO PARTICIPATE USING THE MOVEMED APP, SO THAT OUR CENTRAL STUDY TEAM CAN GET IN TOUCH WITH THEM AND SET THEM UP. YOU CAN FIND MOVEMED INFO SHEET ATTACHED. THE INFORMATION WE WILL NEED FROM THEM IS AVAILABLE ON THE PID FORM, SO WE CAN EASILY SET THEM UP ONCE YOU CONFIRM THEIR AGREEMENT TO PARTICIPATE. ALL THE INFORMATION AND SET UP WILL BE FOLLOWED BY THE CENTRAL TEAM.

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DEAR R&D

WHERE ARE WE UP TO WITH POLYFIX-DCM? THE TRIAL IS NOW UP AND RUNNING, AND RECRUITING ELSEWHERE

IT WOULD BE GREAT TO GET US ON-BOARD. I HAVE COPIED THE TRIAL'S MANAGER IN PAULA IN CASE THERE IS ANYTHING YOU NEED FROM THEM.

PROTOCOL: VERSION 2.0  
 PAPER BASED CRFS: VERSION 2.0 E-CRFS  
 DATABASE IN MACRO IS NOW OPENED.  
 TRIAL MANUAL: VERSION 1.4  
 SAE FORM: VERSION 1.0

# Other News

With pleasure, we can report that our team attended BritSpine 2023 in Glasgow this year actively participating in presentations and discussions:

*\*Dr Mark Kotter: An Update on Degenerative Cervical Myelopathy*

*\*Dr Benjamin Davies: Degenerative Cervical Myelopathy – Beyond the Operating Theatre*

*\*Debate-Dr Mark Kotter and Dr Brian Kwon: The Asymptomatic Patient with Spinal Cord Compression – What Should I Do? Arguments for Early Surgery or Observation*

*\*Oral Presentation - Dr Benjamin Davies, Dr Michael Fehlings (virtual), Dr Lindsay Tetreault (virtual), Dr Chad Cook (virtual; RECODE-DCM Steering Committee): Myelopathy Research Priorities*



eCRF is now Live!

Let us know if you would like to use it. Our database is hosted on MACRO.

Please email:

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**saima.siddiqui4@nhs.net** for training and set up



# PROGRESSSS

