

NEWSLETTER

POsterior LaminectomyY with FIXation for MultiLevel Degenerative Cervical Myelopathy

WELCOME TO THE 16TH EDITION OF THE POLYFIX-DCM NEWSLETTER!

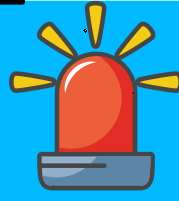
TOTAL PATIENTS:



76



A big welcome to the team in Cardiff and Vale who are officially opened and part of our opened centres!



CRFs Needed! Teams please send us all CRFs completed within your unit so far! We need the data for review and upload in our database. You have MACRO access-->even better please upload all data promptly and we can keep paper light!



Images Awaited! We are awaiting the teams to send us the XRs and optional MRIs as part of the trial for us to be able to complete our central assessments! Consult trial manual or email us if you have questions



Up to now, we have opened 21 sites and 76 patients have now been recruited into the POLYFIX DCM trial thanks to the fantastic job done so far all sites!

We are currently lagging behind our NIHR-given targets, however, we have worked very hard to open sites! Our big ask really is to keep recruitment steady over the coming months. 2 patients per site in the next 2-3 months will bring our recruitment figures back on green, and help in our steady climb going forwards!

We have hit the base camps of Everest, and now the big climb is on!
The bigger target now is **396** total participants, **320** to go!

Mark Kotter and Ben Davies

SITES OPENED

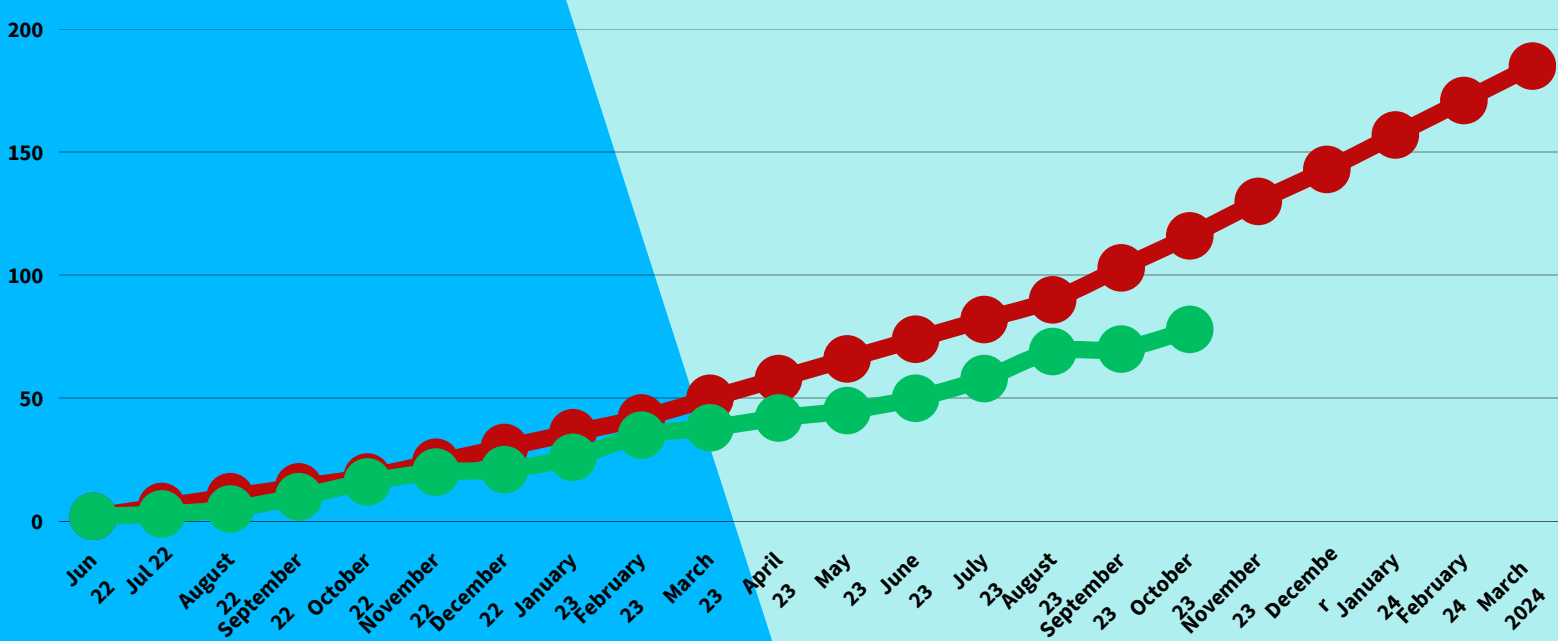
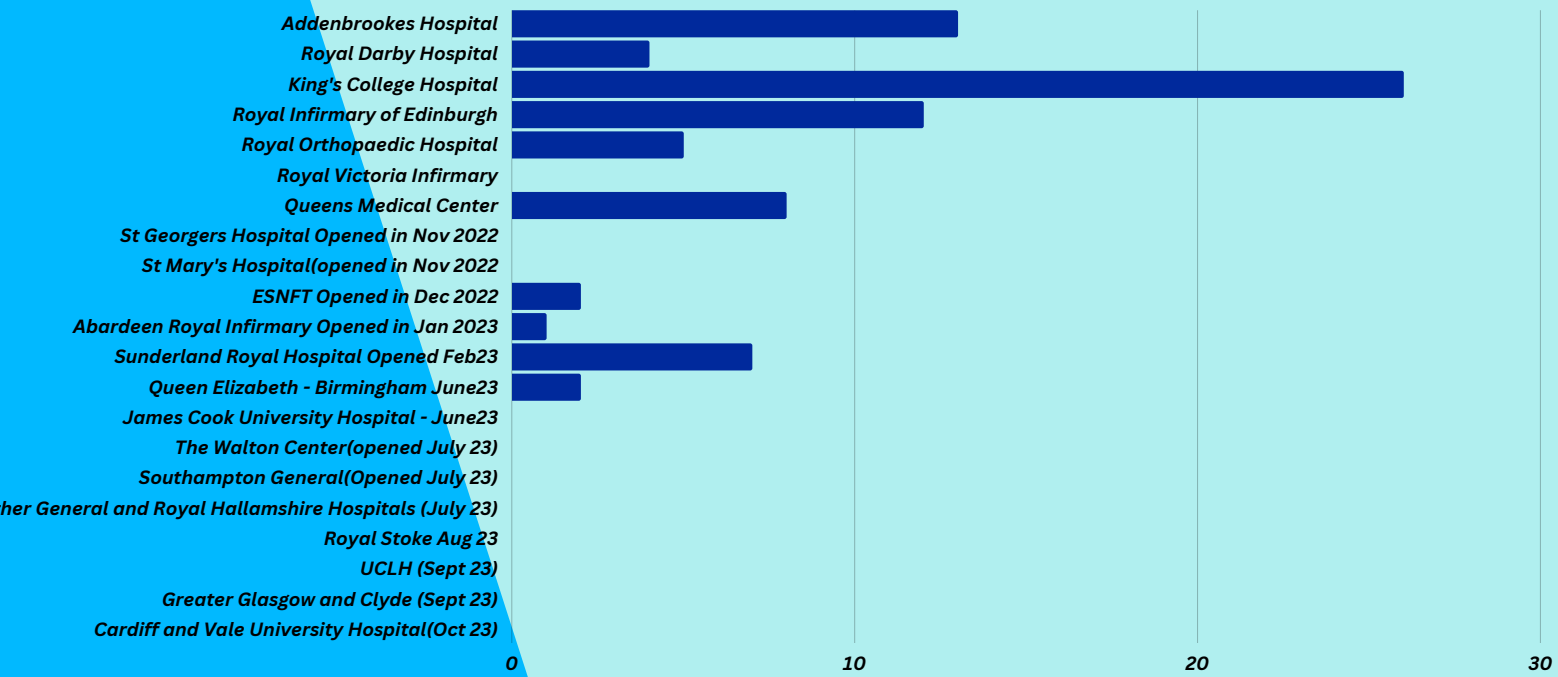
21

SITES IN SETUP

8



- ADDENBROOKE'S HOSPITAL (CAMBRIDGE) (13)
- ROYAL DERBY HOSPITAL (4)
- KING'S COLLEGE HOSPITAL (26)
- ROYAL INFIRMARY OF EDINBURGH(12)
- ROYAL ORTHOPAEDIC HOSPITAL (BIRMINGHAM)(5)
- ROYAL VICTORIA INFIRMARY (NEWCASTLE) (2)
- QUEEN'S MEDICAL CENTRE (NOTTINGHAM) (8)
- ST GEORGE'S HOSPITAL(LONDON)(0)
- ST MARY'S HOSPITAL (IMPERIAL COLLEGE)(0)
- ESNEFT (IPSWICH)(2)
- ABERDEEN ROYAL INFIRMARY(1)
- JAMES COOK UNIVERSITY HOSPITAL(SOUTH THEES)(2)
- QUEEN ELIZABETH HOSPITAL (BIRMINGHAM)(2)
- THE WALTON CENTER(LIVERPOOL)(0)
- SOUTHAMPTON GENERAL HOSPITAL(SOUTHAMPTON)(0)
- NORTHERN GENERAL AND HALLIMSHIRE HOSPITALS(SHEFFIELD)(0)
- UNIVERSITY HOSPITAL NORTH MIDLANDS(STOKE)(0)
- SUNDERLAND ROYAL HOSPITAL(SUNDERLAND)(7)
- UNIVERSITY COLLEGE LONDON(LONDON)(0)
- UNIVERSITY HOSPITAL GLASGOW(GLASGOW)(0)



THE BIG ASK!

1. **PRE-OP MJOA** - IT IS VITAL FOR US TO KNOW WHEN THE SURGERY FOR YOUR RECRUITS IS! PLEASE KEEP US IN THE LOOP, AS WE NEED TO CALL THEM BEFORE THEY ARE OPERATED



2. **MOVEMED** -PLEASE CONFIRM IF THE PATIENT WANTS TO BE PART OF MOVEMED. WE NEED THEIR EMAIL AND MOBILE NUMBER.

NO FURTHER INVOLVEMENT FROM YOU IS NEEDED. ONCE YOU LET US KNOW, WE WILL SEND THE PATIENT INSTRUCTIONS HOW TO DOWNLOAD THE APP.MORE INFORMATION -[HTTPS://POLYFIX-DCM.COM/MOVEMED-SUBSIDY](https://polyfix-dcm.com/movemed-subsidy)

REMINDER -WHAT CAN YOU DO TO SPEED UP POLYFIX.

CC: PAULA.KARECLAS1@NHS.NET & SAIMA.SIDDIQUI4@NHS.NET

DEAR R&D

WHERE ARE WE UP TO WITH POLYFIX-DCM? THE TRIAL IS NOW UP AND RUNNING, AND RECRUITING ELSEWHERE

IT WOULD BE GREAT TO GET US ON-BOARD. I HAVE COPIED THE TRIAL'S MANAGER IN PAULA IN CASE THERE IS ANYTHING YOU NEED FROM THEM.

Care Quality of Life Subsidy



Please don't forget this small substudy looking through the experience of the carers of patients living with myelopathy. Do not forget to send us their PID and confirm they agree so we can send them their questionnaire as well as part of our central follow-up.



eCRF is now Live!

A big training session has already been done. Most centres have access. Please let us know if you are still missed out!

Please email:

S.YORDANOV@NHS.NET and **PAULA.KARECLAS1@NHS.NET** or **saima.siddiqui4@nhs.net** for training and set up

PROGRESSS

