

Maior Differences Between CPAP and Oral Devices

	CPAP	Oral Devices
How it works	Uses air pressure through a tube and mask worn over the nose or mouth to force air through the obstruction	Physically moves the lower jaw forward, repositions the structures forming the airway to open the obstruction
Reimbursement	Yes, through medical insurance, Recurrent rental co-pay/denied on no use of CPAP	Yes, through medical insurance, But Dentist is not medical provider
Recurrent Copays	Mouthpiece/ tubing / nose or pad every 3 to 6 months	No
Infection	Sinus Infection or congestion, may push the infection to lung or brain is reported	No
Cleaning Hygiene	Clean mouthpiece & tubing with soap & Water every day	No
Travel	Must travel with appropriate electrical cords and adapters. Must take as carry-on baggage as the machine is not durable	Easy, can be stored in a small retainer case and carried in a purse or briefcase
Requires Electricity	Yes	No
Comfort	May be uncomfortable, can also cause skin discomfort	91% of patients report that oral devices are comfortable
Makes Noise	Yes	No
Talk or drink while wearing	No	Yes

