

Concussion Vital Signs[®]

Baseline Neurocognitive Testing

Before we begin...

- Please turn off/silence and put away all cell phones
- Please turn off the sound on your computer (turning the volume down is not enough)
- Open **Internet Explorer** (NO Google Chrome)
- Please close out of all other programs, and any other window tabs you have open
- Listen for instructions and guidance!!

The Assessment

- Seven standardized neuropsychological subtests measure memory, reaction time, executive function, etc.
- You will be measured on speed AND accuracy!
- Some tests will start with a practice round, while others will not.
- VERY IMPORTANT that you read instructions all the way through before advancing to the next slide (i.e. left index finger vs. right, shapes vs. colors, specific letters, etc.)
- You CANNOT go back! Pressing the back arrow will timeout your assessment and mark it as invalid.

Continuous Performance Test

Athlete Info & Medical Hx

- Demographic & background info
 - Education
 - Sports
- Concussion & medical history
 - Past concussions
 - Current medical dx
 - Medications

Concussion Symptom Scale

- Scales range from 0 through 6
 - 0 = Not at all
 - 1 = MILD
 - 6 = SEVERE
- Rate these symptoms based on how you NORMALLY feel on an everyday basis!
- Blurry vision is not the same as if you forget to put in your contacts/wear your glasses!

Please go to

www.concussionvitalsigns.com

and **WAIT** for further instructions!

Click

‘Athlete Testing’

and WAIT!

User Name:
midlothianhs
(All Lowercase, No Spaces)

Password:
gotrojans!
(All Lowercase, No Spaces)

Click 'Athlete Assessment Login'
and **WAIT!**

Close out of the
CVS Home Screen in the
background and leave
ONLY the Testing Window open.

Please maximize the Testing
Window.

Athlete ID = Student ID

Click 'Take the Test'
and then **WAIT!**

- **Confirm Athlete Reference/ID:** Student ID
- **Enter Birthdate** (use dropdowns)
- **Full Name:** Enter First & Last Names
- **Assessment Type:** Baseline
- **Assessments:** Select ALL BUT Sideline Assessment
- **Supervision:** Select option best suited for your situation
- **Testing Environment:** Select option best suited for your situation

Click 'OK' and then review the information on the next page. If all is correct, Click 'OK' and begin the test 😊

Read all the directions
CAREFULLY!

Good Luck



FAQs

- Answer everything to the best of your ability!
- **Eligibility Year:** Current End of School Year (2020)
- **SAT/ACT Score:** If you don't know – leave blank!
- **Years of Education:** Current grade minus 1
- **Years of HS Sport:** Current season minus 1
- **Symptoms:** Rate based on how you **NORMALLY** feel on a general every-day basis
- Any other questions, please raise your hand!