

Fact sheet: Microneedling Skin Therapy

Welcome to EKO Infusion!

This document is intended to provide you with information about Microneedling skin therapy (also known as *percutaneous collagen induction therapy* or *multitrepannic collagen actuation*). Microneedling is relatively new, minimally invasive and one of the most effective skin treatment options currently available in aesthetic medicine. Microneedling is designed to harness the body's natural power of skin rejuvenation and collagen production, resulting in firmer, smoother and younger looking skin.

Microneedling is considered by many to be one of the most effective rejuvenating skin therapy options available.

Which conditions that can be treated?

Microneedling skin therapy is most commonly used to:

- Rejuvenate the skin
- Reduce atrophic scarring
- Reduce stretch marks
- Smoothes and reduces acne scars
- Reduces *sunspots* and discoloration
- Smoothes and softens furrow lines
- Smoothes and reduces wrinkles
- Tightens enlarged pores
- Tightening sagging skin
- Improves *uneven skin tone*

What areas of the body can be treated?

- Forehead
- Cheeks
- Nose
- Lips
- Chin
- Neck
- Décolletage
- Chest
- Stomach
- Thighs
- Bottoms
- Upper legs

How does microneedling work?

Microneedling skin therapy uses an electric microneedling device, that looks like a pen, to create controlled microinjuries to the skin. The pen device provides fine control over the amount and depth of needling, depending on the area and condition treated. The skin perceives these micro-injuries as damage and initiates a healing process by stimulating collagen and elastin production. The micropores created during therapy, also dramatically enhances the absorption and delivering of topically applied skincare preparations, with active ingredients, during treatment.

How soon will I see results?

Depending on the condition treated and the severity and the size of the area treated, the length and number of treatments required may vary. Typically 1 -3 treatments may be required, this will be fully discussed beforehand during your consultation. Improvement can be seen after just one treatment . However, due to the natural healing process initiated, there will still be continues improvement after therapy, with maximum results typically seen 6-8 weeks after treatment.

Is there any side effects or downtime?

Microneedling is very safe. It is minimally invasive with minimal downtime and requires only simple aftercare. You may experience some minor discomfort during the procedure but a numbing cream will be applied prior to commencement to reduce this. There may be a sunburn-like redness and/or swelling that may last for 1-3 days post treatment. There may possibly be some peeling 3-5 days post treatment. It is important to avoid sun exposure for 1-2 weeks after treatment. You will be provided with simple to follow aftercare instructions and tips.

Simply call, sms, WhatsApp or email to schedule your consultation. Strictly by appointment only

072 421 1174

ekoinfusion@gmail.com

Jackal Creek Golf Estate