



Aftercare Guidelines – 6D Microblading

Please follow these instructions for 10-14 days after the procedure to improve and prolong the results of brows. If you don't follow these instructions, it can greatly affect your microblading results.

I have applied a fixing agent that will stay on and protect your brows. **Avoid getting anything on the brows, including water, except for cleansing as directed.**

- 2-3 hours after treatment, gently clean the area with a very small amount of sterile water on a cotton pad, just barely damp, not wet.
- Do this 2 to 4 times today to avoid build-up of blood/lymph on the area.
- Do not use aggressive movement/manipulation of the skin- be gentle. Make sure your hands are clean before touching your brows.
- Do not soak the treated area in the bath, pool or hot tub.
- For 30 days, refrain from swimming, saunas, yoga, steam rooms or sun beds.
- **No exercise for min 4 days.** After 4 days – when exercising, wear a sweatband to avoid sweat on brow area.
- Do not expose treated area to direct sunlight. After healed (30 days), use a sunscreen to avoid fading from the sun.
- **No makeup** should be applied directly on the brows during the healing process.
- **Do not touch, rub, pick or scratch** your brows following treatment or during healing process.
- You may find that your eyebrows will scab or become slightly dry following the treatment. If they itch, **DO NO SCRATCH** them. You may tap them to alleviate the itch.
- If your eyebrows get wet during the healing process, pat them dry with a towel, **DO NOT RUB.**
- Avoid using daily skincare products directly on the eyebrows.
- If you are planning a chemical peel, or any other medical procedure, please inform therapist of the procedure you have had. Procedure should only be done once the healing process is complete.
- Call or email me with any questions or concerns.