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## DEVELOPMENTAL QUESTIONNAIRE

Child's Name: \_\_\_\_\_ Child's Date of Birth: \_\_\_\_\_  
Parents Names: \_\_\_\_\_  
Date: \_\_\_\_\_

This questionnaire will assist me in understanding your child and family. It will aid in my assessment and in treatment planning and recommendations. Please answer all the questions pertaining to your child's age to the best of your ability. Any questions that make you feel too uncomfortable may be left blank for the interview. Any information that you choose to share will be handled with respect and with confidentiality. Thank you for your time and thoughtful consideration of the questions.

### History of Child's Family of Origin

1. Ages and occupations of child's birth parents when they met:  
Mother's Age: \_\_\_\_\_ Occupation: \_\_\_\_\_  
Father's Age: \_\_\_\_\_ Occupation: \_\_\_\_\_
2. How long were the child's parents together before they married? \_\_\_\_\_  
and/or had the child? \_\_\_\_\_  
How would you describe the courtship? \_\_\_\_\_
3. How did the families react (support/disapproval, etc.)? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_
4. Describe the marital relationship in terms of conflict, communication, harmony, shared parenting, etc. \_\_\_\_\_  
\_\_\_\_\_

### Developmental History

1. Was the pregnancy planned? \_\_\_\_\_
2. How old was the mother at conception? \_\_\_\_\_
3. Names and ages of all children delivered:  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_
4. List any illnesses, injuries, traumatic events which occurred during the pregnancy: (medications, accidents, family loss, nicotine, drugs or alcohol taken during the pregnancy). \_\_\_\_\_  
\_\_\_\_\_

5. Was the baby delivered at full-term or earlier? \_\_\_\_\_
6. List any complications during delivery and type of delivery: \_\_\_\_\_
7. Was the child distressed by lack of oxygen at any time? \_\_\_\_\_
8. Was an incubator used? \_\_\_\_\_ If yes, explain: \_\_\_\_\_
9. How much did the infant weigh? \_\_\_\_\_
10. Did the mother breast-feed? \_\_\_\_\_ If yes, was this a successful experience for mother and infant? \_\_\_\_\_. If no, how was the decision made to bottle-feed? \_\_\_\_\_
11. What was the mother's emotional and physical condition following birth? Who was available for support? \_\_\_\_\_
12. Describe your baby's early personality: \_\_\_\_\_
13. Describe patterns with:  
Feeding: \_\_\_\_\_  
Sleeping: \_\_\_\_\_  
Soothing: \_\_\_\_\_  
Attachment: \_\_\_\_\_  
Other medical concerns of early illness/injuries/accidents: \_\_\_\_\_
14. Developmental Milestones:  
Age when first crawled: \_\_\_\_\_ Walked: \_\_\_\_\_  
Age when said first words: \_\_\_\_\_ Sentences: \_\_\_\_\_  
Age when toilet training began: \_\_\_\_\_ Completed: \_\_\_\_\_  
Any problems with toilet training: \_\_\_\_\_  
Is bedwetting a problem? \_\_\_\_\_  
Age at first childcare, preschool: \_\_\_\_\_ Type of setting/care: \_\_\_\_\_  
Age when mother first went back to work: \_\_\_\_\_  
How did your child adjust to the separation? \_\_\_\_\_  
How did the parents adjust? \_\_\_\_\_

### Early Childhood

1. Please describe any behavioral or temperamental problems:

\_\_\_\_\_  
\_\_\_\_\_

2. How have you handled these problems?

\_\_\_\_\_

3. Describe the child's activity level and general personality style:

\_\_\_\_\_

4. How does your child handle frustration? \_\_\_\_\_

5. Describe relationship with brothers and/or sisters:

\_\_\_\_\_

Describe relationships with parents: \_\_\_\_\_

with non-family members: \_\_\_\_\_

with other important family members: \_\_\_\_\_

Please list the significant adults in your child's life: \_\_\_\_\_

6. How do you usually discipline?

\_\_\_\_\_

7. How successful is it?

\_\_\_\_\_

8. To your knowledge has your child ever experienced:

Physical Abuse \_\_\_\_\_ Sexual Abuse \_\_\_\_\_

Emotional or Verbal Abuse \_\_\_\_\_ Physical Neglect \_\_\_\_\_

Emotional Neglect \_\_\_\_\_

Exposure to Addicted Adults \_\_\_\_\_ Violent Adults \_\_\_\_\_

Please explain any "yes" answer: \_\_\_\_\_

\_\_\_\_\_

#### School Age Development (5 – 12 years)

1. Age of child when started school: \_\_\_\_\_

2. How did s/he adjust to school? \_\_\_\_\_

3. Usual elementary school grades: \_\_\_\_\_

4. School behavior problems: \_\_\_\_\_

5. Relationships with other children: \_\_\_\_\_

6. Other activities (sports, hobbies, etc.): \_\_\_\_\_

7. Are there current school-related problems? \_\_\_\_\_

Attention/concentration: \_\_\_\_\_ Poor grades: \_\_\_\_\_

Behavior Problems: \_\_\_\_\_ Peer group: \_\_\_\_\_

Speech/hearing/language difficulties: \_\_\_\_\_ Learning difficulties: \_\_\_\_\_

Other: \_\_\_\_\_

Does your child have or have they had an IEP at school? \_\_\_\_\_

8. Current grade placement: \_\_\_\_\_ Current School: \_\_\_\_\_

#### Adolescent Development (13 – 18 years)

1. When did puberty start? \_\_\_\_\_

2. Have you discussed sexuality with your child/teenager? \_\_\_\_\_

3. How are his/her relationships with same sex peers? \_\_\_\_\_

Opposite sex peers? \_\_\_\_\_

4. Do you have concerns about special peer groups or gangs? \_\_\_\_\_

If yes, explain: \_\_\_\_\_

5. Is your child sexually active (to your knowledge)? \_\_\_\_\_

6. Is your child aware of “safer sex”/abstinence issues related to the HIV virus and other sexually transmitted diseases? \_\_\_\_\_

7. To your knowledge, has your child ever been pregnant: \_\_\_\_\_

Ever had a sexually transmitted disease: \_\_\_\_\_

Used birth control methods: \_\_\_\_\_

Had an abortion: \_\_\_\_\_ have sexual concerns: \_\_\_\_\_

8. Has your child been in trouble with the law? \_\_\_\_\_

#### Family History

1. Describe any changes, moves, significant events, family separation, divorce, death, etc. which has occurred during the child's life. Please note the age at which it occurred:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

2. Do you have a religious affiliation? \_\_\_\_\_ if yes, what \_\_\_\_\_

3. Describe the child's ethnic/cultural background: \_\_\_\_\_

4. The following questions refer to the child's immediate, step or extended family.  
Please indicate whether any family members have a history of any of the following.  
Please indicate their relationship to the child.

Alcoholism/Drug Abuse: \_\_\_\_\_

Physical/Sexual Abuse: \_\_\_\_\_

Depression : \_\_\_\_\_

Other Mental Illness: \_\_\_\_\_

Hyperactivity/Learning Problems: \_\_\_\_\_

Epilepsy/Seizures: \_\_\_\_\_

Other Significant Medical history: \_\_\_\_\_

5. Child's Health History: Please list any health problems your child has had: \_\_\_\_\_

6. If parents are separated or divorced:

Mother's name and address:

Father's name and address:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Step- Parents: \_\_\_\_\_

Siblings: \_\_\_\_\_ Half-Siblings: \_\_\_\_\_ Step-Siblings: \_\_\_\_\_

What is the custody/visitation plan? Please be as specific as possible.

\_\_\_\_\_  
\_\_\_\_\_

How has the child adjusted to the divorce and visitation plan?

\_\_\_\_\_  
\_\_\_\_\_

What concerns do you have about your child or your family related to the divorce, visitation, custody, etc.? \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

Previous Counseling or Treatment

1. Please list any previous counseling: \_\_\_\_\_

2. Name of Practitioner: \_\_\_\_\_

3. Why did you decide to go for help? \_\_\_\_\_

4. Name of child's pediatrician or other physician: \_\_\_\_\_

Present Concerns:

1. Please describe what concerns you about your child at this time: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

2. Please check all that apply to your child:

\_\_\_ sad, tearful

\_\_\_ eating problems

\_\_\_ angry, agitated

\_\_\_ social problems

\_\_\_ worried, anxious

\_\_\_ drugs or alcohol

\_\_\_ overactive

\_\_\_ communication problems

<input type="checkbox"/> learning difficulties	<input type="checkbox"/> seems depressed
<input type="checkbox"/> fighting	<input type="checkbox"/> change in personality
<input type="checkbox"/> poor self-image	<input type="checkbox"/> stressed or upset
<input type="checkbox"/> other school problems	<input type="checkbox"/> family difficulties
<input type="checkbox"/> impulsive, poor choices	<input type="checkbox"/> poor sleep
<input type="checkbox"/> other: _____	

3. What goals do you hope to achieve for your child through therapy? \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

4. What are your child's strengths and talents? \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_