2021 SAYING GOODBYE

Saying Goodbye

Talk about the challenges of saying goodbye. It can be hard. You may feel sad or mad. You may not feel like eating. How does saying goodbye make you feel?

Eventually you start to feel better. You will start to remember the fun you had.

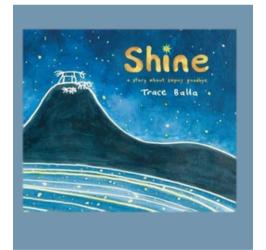
(Share a fun memory)
You will still have your
good days and bad days.
You may want to talk
about it or write/draw
about it.

Try to remember the happy times you shared together.

JUNE FAMILY FUN SHEET



21448 N 75th Avenue Suite 5 Glendale AZ 85308



BILLY'S PLACE BOOK CORNER

A story about saying goodbye and how to say goodbye.
This book discusses

life as well as loss.

DESIGNED TO HELP FACILITATE DISCUSSION WITH YOUR FAMILY

SUMMER BOOK FUN

Using supplies you have around the house (paper, folders, paper bag, etc) make a summer fun book.

Bind the materials together using a stapler, twine, yarn or whatever you can find that works.

Throughout the summer help your child write or draw pictures of favorite activities or memories.

At the end of the summer read the book and reminisce about the fun you have had.



TABLE TALK





When everyone is around the table, let each person share their favorite way to say goodbye. Bye for now, See ya, with a hug, etc. Does anyone know how to say goodbye in another language? After everyone has shared their favorites, share these fun and clever ways to say goodbye. You may know some even better ways than these.

Have fun!