

### CREATING CONNECTIONS

DESIGNED TO HELP FACILITATE DISCUSSION WITH YOUR FAMILY

Life IS FULL OF GIVE AND TAKE...



Nothing FOR GRANTED

#### BILLY'S BOOK CORNER



A book that helps kids be more aware of the little things they can be thankful for during this holiday season.

## NOVEMBER 2022 THANKFUL, GRATEFUL, BLESSED

#### THE GRATITUDE GAME

Supplies: pipe cleaners and paper (optional)

Create a cheat sheet so that everyone in the game knows what each color pipe cleaner means (see below).

Have the kid(s) mix up the colors of the pipe cleaners. With eyes closed, take turns picking out one pipe cleaner at a time and saying the things you are grateful for.



# Table Talk

This is a great activity to do on Thanksgiving Day with all of your family. While everyone is gathered around the table, go one by one and say something you are grateful for.

This conversation is perfect to have with your kids because they can learn that you can be thankful for something no matter how big or small it is.

