

SUNKIST KIDS

2019 Summer Camps

5-Day Technique Camps

June 3-7, June 10-14, June 17-21, July 8-12, July 15-19, July 22-26

\$195 / 5-day camp (commuter camps only)

ASU Wrestling Complex (Tempe, AZ) 9am-4pm / Ages 5-14 yrs

***5-Day Commuter Camps.** Focus is on Beginner-Intermediate skill levels run by Sunkist Kids Wrestling Academy. There are 2 sessions/day (Monday thru Friday). The Day Camps include a gymnastics & tumbling routine, conditioning, technique, live wrestling and games. A mini-tournament will be held at the end of each 5-day camp for the kids during the last session on Friday afternoon from 1:30-4pm.

7-Day Intensive Camps

June 8-14 and July 13-19

\$325 / 7-day intensive (commuter camps only)

ASU Wrestling Complex (Tempe, AZ) 9am-8pm / Ages 8-14 yrs

***7-Day INTENSIVE Commuter Camps.** Focus is on High Intensity Elite Training and Advance/ Technique run by Sunkist Kids Wrestling Academy. Camps cover all aspects of the sport of wrestling. There are 4 sessions/day for a total of 7 hours. Sessions breakdown (2hrs/1hr/2hrs/2hrs) – Over **40 hours of training**. The Intensive camp will include Advance Technique, A LOT of live wrestling/matches, conditioning, nutrition/weight management, mental toughness, the Sunkist Fit Program (Build – Stamina/Speed/Power/Athleticism/Agility) and learn what it takes to bring your wrestling to the next level! **LIMITED TO 30 KIDS!**

For Questions Contact

Tim Gressley Cell (480) 205-3015 ~ gressley@sunkistkids.org

Max Mejia Cell (480) 244-0686 ~ max.mejia@sunkistkids.org

www.sunkistkids.org

Camp Location

ASU Wrestling Complex 319 S. Rural Rd. Tempe, AZ 85287

(East side of 6th St. & Rural Rd. And Northeast of the white football practice dome)

2019 SUNKIST camps

REGISTRATION FORM

Fax form to: Sunkist Kids Wrestling at 1-866-923-6050 OR Scan in and email to: gressley@sunkistkids.org

Athlete's Name: _____ USAW Card # _____

Athlete's Weight: _____ Age: _____ Skill Level (circle one): Beg / Int / Adv

Parent or Guardian: _____

Address: _____

City: _____ State: _____ Zip Code: _____

Cell Phone: _____ Email: _____ Emergency Contact: _____

I would like to participate in: (Please place a check mark next to the camp(s) you are interested in below)

\$195 / 5-Day camp

___ **June 3-7, 2019**

___ **June 10-14, 2019**

___ **June 17-21, 2019**

___ **July 8-12, 2019**

___ **July 15-19, 2019**

___ **July 22-26, 2019**

Paid by: Credit Card - Check # _____ - Cash

Credit Card# _____

Expiration Date _____ 3 Digitcode _____

Cardholder's Signature _____

Total Paid: \$ _____

**if you register for multiple camps you will receive a discount!*

\$325 / 7-Day Intensive camp

___ **June 8 - 14, 2019 (Limited to 30 kids)**

___ **July 13 - 19, 2019 (Limited to 30 kids)**

**Sunkist Academy members will receive a \$25 discount per camp!*

In consideration of being allowed to participate in any way in the Sunkist Kids Wrestling Academy and related events and activities, the undersigned:

- Agree that before participating, they each will inspect the facilities and equipment to be used, and if they believe anything to be unsafe, they will immediately advise their coach or supervisor of such condition(s) and refuse to participate.
- Acknowledge and fully understand that each participant will be engaging in activities that involve risk of serious injury, including permanent disability, and severe social and economic losses which might result, not only from their own actions, inactions or negligence, but the actions, inactions or negligence of others, the rules of play or condition, of the premises or of any equipment used. Further that there may be other risks not known to us or not reasonably foreseeable at this time.
- Assume all foregoing risks and accept personal responsibility for the damages following such injury, permanent disability or death. Further, assume all liability for the negligence if participant leaves the facility without parent or camp director consent and the result ends in injury, illness or death.
- Release, waive, discharge and covenant not to sue Sunkist Kids Wrestling Club, Arizona State University, The Wrestling Academy, LLC, it's affiliated clubs, directors, agents, coaches and other employees of the organization, other participants, sponsoring agencies, sponsors, advertisers, and, if applicable, owners and leasers of the premises used to conduct this event, all of which are hereinafter released from any and all liability to the undersigned, his or her next of kin, or any and all claims, demands, losses or damages on account of injury, including death or damage to property, caused or alleged to be caused in whole or part by the negligence of the releasee or otherwise.

Participant's Name (Please Print)

Signature (Parent or Guardian if under 18)

Date