



Dubai Eire Og Code of Behaviour for Coaches

Child Centred Approach

Coaches should treat all players with respect and fairness, no matter their age, gender, ability, or background. They should make sure that players have fun and feel good about themselves during practices and games. Coaches should also focus on developing each player's skills and abilities, and not just on winning. They should have the proper training and understanding of how to teach the players. They should not see losing as a failure and should not focus too much on winning awards or trophies. Instead, they should focus on how much the players have improved.

Lead By Example

Coaches should be good role models. They should not use bad language or gestures to players, opponents or referees. They should only go on the field with the referee's permission. They should teach players to respect and listen to the referees. They should encourage fair play and the respect campaign. They should not smoke or drink alcohol or do drugs when working with young players. They should encourage parents to be involved in the team and club activities.

Conduct

When working with young people, coaches should establish a positive relationship based on trust and respect. They should not tolerate bullying in any form and should not shout at or ridicule players for making mistakes. Mistakes are encouraged. Physical punishment is not allowed and coaches should avoid any actions that may be misinterpreted. Coaches should not use therapy or hypnosis when training children.

Practices to avoid

Coaches should be careful not to compromise their role. They should avoid having one-on-one coaching sessions alone, and only do so in a group setting if necessary. They should avoid unnecessary physical contact with young players and never engage in inappropriate touching. Any necessary physical contact should be determined by the player's age and development and should only happen with the player's permission and understanding, and in an open environment for the purpose of developing their skills.

Best practices

- Always be punctual and properly attired as a coach
- Ensure players are safely attired for their chosen sport (e.g. helmets, goggles, shin guards, mouthguards)
- Keep records of attendance at training and games for players and coaches
- Have at least one other adult present in underage team dressing rooms
- Set realistic performance goals for players and team
- Rotate team captaincy and selection process to include all players
- Have First Aid services available and don't encourage or allow players to play while injured
- Be aware of any special medical or dietary needs of players
- Administer medication or medical aid only with permission and training
- Use mobile phones for group communication with parents/guardians and don't communicate individually with underage players or through social media
- Encourage parents/guardians to be involved in team and club activities
- Ensure children are seated in the back seat with seat belts fastened and do not transport a child alone