

iTera - Bio Lite

The iTera-Bio Lite device uniquely utilizes Terahertz (THz) technology, PEMF technology, and Far Infrared (FIR) technology.

PEMF stands for Pulsed Electromagnetic Field, which can promote better cellular communication and enhance self-healing and wellness. This technology has gained popularity recently for its effectiveness in supporting autoimmune and chronic physical and cognitive issues.

PEMF Can Support

- Relieving Discomfort
- Reducing Inflammation
- Improving Blood Circulation
- Repairing Muscles and Bones
- Promoting Sleep
- Helping with Depression and Anxiety
- No Known Side Effects
- Easy to Use!

Cellular communication plays a critical role in the body's adaptation and regulation processes that help maintain overall health and manage the symptoms and causes of cell deterioration. Each organ in the body has its bio-electromagnetic field, and every cell communicates through electromagnetic signals or fields at a rate of trillions of chemical reactions per second. This PEMF electrical stimulation has a multitude of wellness benefits.

Health-enhancing EMFs can be provided by delivering controlled and pulsed electromagnetic frequencies (PEMF) to the cells, which can counteract the negative impact of environmental stressors and toxins that affect people daily.

Low-frequency PEMFs, even at their weakest strengths, can penetrate every cell, tissue, organ, and bone without being absorbed or altered. The iTeraBio-Lite PEMF technology uses pulsed low-frequency energy fields, stimulating electrical and chemical processes in the tissues as they pass through.

iTeraBio-Lite PEMF technology enhances cellular energy, improving cellular health and function. With the application of PEMF the body can more efficiently process cellular communication channels, and electrical and chemical exchanges. This can help to address imbalances or dysfunctions in those areas, leading to improved adaptation and natural healing.

Overall, iTeraBio-Lite PEMF can be a powerful tool for improving cellular communication and promoting better health and wellness.

The Itera-Bio Lite (\$1,300) is approximately 80% as effective as the \$4,500 iTera-Bio. It does not replace the iTeraCare Quantum Terahertz Gap Frequency Wand but is a great complementary device. It does not have Quantum Scalar functionality or energize water or food. Its Terahertz (THz) Gap, Far Infrared (FIR), and Pulsed Electromagnetic Fields (PEMF) stimulate and energize one's foot acupuncture points and blood traveling through the body approximately once every 45 seconds.

It is SILENT. It is great to use while watching TV, reading, or meditating.

Supports the clearing of blockages and improves circulation from the inside out.

Supports the purification of the body, increases metabolism, and removes waste from the body.

Supports detoxification of the intestines, burning of fat, firming skin, and delaying the effects of aging.

15 minutes a day can be equivalent to:

- ✓ 60 mins of Aerobic Exercise
- ✓ 8 hours of Massage with bare hands
- ✓ 60 mins of Sweating
- ✓ 30 mins of Gua Sha
- ✓ 180 mins of Moxibustion
- ✓ 20 times of Cupping

Suitable for:

- ✓ Individuals with a cold and damp physique
- ✓ Office workers
- ✓ Postpartum mothers
- ✓ Obese individuals
- ✓ Individuals interested in enhancing their beauty
- ✓ Middle-aged and elderly individuals
- ✓ Individuals who sit or stand for prolonged periods
- ✓ Individuals with hypertension, high cholesterol, and high blood sugar

Warm up your body inside out! This practice helps drive away cold and dampness while also eliminating blockages to promote the rebuilding of a healthier you.

Function	iTera-Bio Lite	iTera-Bio
Terahertz Precision Detection	✓	✓
Biological Sinusoidal Resonant Frequency	✓	✓
Graphene Far Infrared Thermal Energy	✓	✓
500 ions/cm ³	X	✓
Sterilization and Deodorization on Foot and Energy Board	X	✓
Handy Wired Controller	✓	✓
Ergonomics Patent Design	✓	✓
Waterproof Patent Design	✓	✓
Microcurrent Foot Reflexology Patent Design	✓	✓
Powerful Intensity Design	Mild Enhanced Version	Enhanced Version
10-Level Intensity Design	✓	✓
Timer Function	✓	✓
Intelligent Overheating Protection System	✓	✓
Novel Heat Dissipation Protection Design	✓	✓
Fireproof ABS Material	✓	✓
Smart Chip Control	2nd Generation	3rd Generation
Pulsed Electromagnetic Fields	✓	✓

What is Pulsed Electromagnetic Field Therapy?

PEMF Exercise uses pulsed electromagnetic fields to bathe low-energy cells in pure, raw energy. Each cell in your body is actually a capacitor, or battery, which holds a charge. Your entire body is electrical, and your cells each need a measurable electrical charge to function optimally. In order to maintain good wellness, cells must be doing their jobs. PEMF Exercise supports the body's natural abilities to optimize balanced body functions – the definition of wellness.

How does it work?

We can think of PEMF as a battery charger for our cells. The voltage of a healthy cell is about -20 to -25 millivolts. We get sick when the voltage drops below -15 millivolts or less. Once our cells' voltage drops below that level, they are unable to heal and become dysfunctional. By inducing a mild electrical, magnetic current into damaged cells, PEMF therapy slows or stops the release of pain and inflammatory mediators, increases blood flow of the cells, and re-establishes normal cell interaction. With reduced inflammation, pain decreases, energy increases, and faster tissue healing occurs.

What does far infrared do for the body?

Far infrared expands capillaries, which stimulate increased blood flow, regeneration, circulation, and oxygen delivery. Good blood circulation is essential for healthy organs and tissue function.