

# Arya Samaj of New Jersey



## Havan Hosting Guidelines

(Revised Feb 2025)

We encourage all ASNJ families to host a Havan/Prasad at least once a year. You may choose a Satsang date that aligns with a special occasion, such as a family member's birthday, a wedding anniversary, or any other meaningful event you'd like to celebrate with loved ones. Additionally, two ASNJ member families can jointly host a Havan/Satsang if desired.

To sign up as a host or sponsor for an available date, please use the link below:

[Arya Samaj of NJ Havan Calendar](#)

- Havan/ Satsang is held every Sunday from 10:30 AM at 32 Park Avenue, Park Ridge, NJ .
- Havan/ Satsang proceedings can also be watched live through Zoom link

## What does the host family need to know before the hosting day?

### Havan Setup Requirements:

- The host family is expected to arrive at the venue by **10:00 AM** to assist in setting up for the Havan and Satsang. Volunteers will be available to provide support as needed.
- The host family is requested to bring **Prasad** (e.g., Halwa or Shuddh Mithai) for offering during the Havan. All other pooja items, such as ghee, coconut slices, aluminum foil, etc., are available at the temple.

### Suggested Donation:

- A minimum donation of **\$350** is recommended to partially cover the expenses for the Satsang.

### Prasad (Food) for Guests:

- The host family should arrange **Prasad** for the guests attending the Havan and Satsang.

- The menu should be kept simple and is at the discretion of the host. Vendor and menu suggestions are available at the end of this document, but the host may choose other vendors or prepare food at home. In addition, if any following options are chosen, it is the responsibility of the host to determine details of the menu.
- Paper goods including plates, bowls, spoons, knives, napkins, cold and hot cups will be available at the temple.
- The host family is responsible for post-Prasad cleanup, including:
  - Removing leftover food.
  - Cleaning serving spoons, tea maker, etc., if used.
- Volunteers are available to assist with cleanup. Please contact any member of the Executive Committee in advance to arrange for help.

**See food options on the next page** 



## Suggested Food Options for Hosting

(Feel free to choose from the options below or arrange food through your preferred vendor or home cooking.)

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### Option1: Traditional Indian Meal (Delivered hot at temple at Prasad Time)

**Cost:** \$500

 **Contact Sangeeta Kumar**

**Menu:**

- Panch Daal/Chhole/Rajma – Full Tray
  - Dry Vegetable – Full Tray
  - Rice, Roti & Raita
  - Halwa – ½ Tray or Kheer – Full Tray
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### Option 2: Temple Volunteers Prepared Meal

**Donation:** \$400 to the temple + host to bring ½ tray of halwa (as prasad)

**Menu:**

- The Nutritious Single-Pot Indian Meal
- Raita
- Salad




*Host must contact the temple Executive Committee at least 2 weeks in advance at [contact@aryasamajofnj.org](mailto:contact@aryasamajofnj.org) or phone numbers below, to ensure volunteer availability to opt for this option.*

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### Option 3: South Indian Meal

**Cost:** \$490 (Add Pulao for an extra charge)

 **Contact Annapurna**

**Menu:**

- 250 Idlis + 150 Medu Vadas
- Sambhar + Chutney
- Add Pulao for an extra \$\$

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#### **Option 4: South Indian & Biryani Combo**

**Cost:** \$600

 **Contact Sangeeta Kumar**

##### **Menu:**

- 150 Idlis
- Sambhar + Coconut Chutney
- Veg Biryani – Full Tray
- Raita
- Sooji Halwa – ½ Tray

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#### **Option 5: Traditional Indian Meal**

**Cost:** \$400 (approx 75 people)

 **Contact Gurpreet Kaur at 973-220-6931**


##### **Menu:**

- Daal – Full Tray
- Vegetable – Full Tray
- Roti - 100
- Rice and Raita
- Halwa or Kheer (at additional cost)

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#### **Option 6: South Indian Meal**

**Cost:** \$600 (approx 85 people - 600 quoted for the below menu and quantities in March 2025)

 **Contact Sammy at Manjal, Fairlawn, 201-895-8934**

##### **Menu:**

- 125 Idlis
- 1.5 Tray Sambhar
- ½ Tray Coconut Chutney
- ½ Tray Tomato Chutney
- 1.5 Tray lemon Rice (1 large and a ½)
- Hakka Noodle 1 large tray

\* menu to be decided with contact. Price is based on number of items selected and quantities

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## Option 7: Pizza Party

### Menu:

- Pizza
- Pasta
- Salad



**To book your preferred option please contact the vendor. Any questions, contact one of us in the Executive Committee** (Sonal Dani- 973-903-7340, Himani Bhatt Verma- 856-265-1646, Sanjukta Basu-206-484-4485)

**Feel free to customize the menu as per your preferences. Let us know how we can support you!**