

# Cognit Electronic Health Record

User Id: 10033

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Date Time: 10/29/2020@12:37:41

Quiz Title: 00.01 SU Intake: Treatment Preferences

Quiz Total: 40

## 1. Learning Preferences/Needs (check all that apply)

User Answer (1=Group Learning: I like to learn in a group setting., 1=Self-Paced : I like to learn at my own pace. , 1=Self-Directed Learning: I like to select the programs that interest me., 1=NONE)
Self-Paced : I like to learn at my own pace. (1), Self-Directed Learning: I like to select the programs that interest me.(1),
<b>Total Score: 2</b>

## 2. Learning Preferences/Needs (check all that apply)

User Answer (1=Wellness: Learn about a wellness approach to substance use, 1=Nutrition: Learn how to improve YOUR nutrition , 1=Medications: Learn more about YOUR medications , 1=Medications Other: Learn about different medications , 1=Mental Health Diagnosis: Learn more about YOUR mental health diagnosis, 1=Substance Use Diagnosis: Learn more about substance use diagnosis., 1=Mental Health Challenges: Learn more about all mental health challenges., 1=NONE)
Wellness: Learn about a wellness approach to substance use(1), Mental Health Diagnosis: Learn more about YOUR mental health diagnosis(1), Mental Health Challenges: Learn more about all mental health challenges.(1),
<b>Total Score: 3</b>

## 3. Program Preferences/Needs (check all that apply)

User Answer (1=Wellness Mental Health , 1=Wellness Substance Use , 1=Emotional Intelligence, 1=NONE)
Wellness Substance Use (1), Emotional Intelligence(1),
<b>Total Score: 2</b>

## 4. Activity Preferences (check all that apply)

User Answer (1=Yoga , 1=Meditation , 1=Mindfulness, 1=Zumba/Dance, 1=Art Therapy , 1=Music Therapy, 1=Equine Therapy, 1=Gardening , 1=NONE)
Yoga (1), Zumba/Dance(1), Art Therapy (1), Equine Therapy(1), Gardening (1),
<b>Total Score: 5</b>

## 5. Services

User Answer (1=Legal Consultation, 1=Credit Consultation, 1=Dietitian, 1=Recovery Coach , 1=Massage, 1=Spa, 1=Makeover, 1=Gym, 1=Gym Personal Trainer, 1=Wearable Device, 1=NONE)
Credit Consultation(1), Dietitian(1), Massage(1), Wearable Device(1),
<b>Total Score: 4</b>

## 6. Support Groups

User Answer (1=Alcoholic Anonymous, 1=Narcotics Anonymous, 1=Mood Support Group, 1=Depression Support Group , 1=Parenting Support Groups, 1=Bereavement Groups, 1=Online Recovery Services and Options , 1=NONE)
Alcoholic Anonymous(1), Depression Support Group (1), Online Recovery Services and Options (1),
<b>Total Score: 3</b>

## 7. Activity Groups

User Answer (1=Hiking Group, 1=Walking Group , 1=Horticultural Group , 1=Sailing Club, 1=Canoeing Club, 1=Running Group, 1=Cycling Group, 1=NONE)
Walking Group (1), Horticultural Group (1), Sailing Club(1),
<b>Total Score: 3</b>

## 8. Team Sports

User Answer (1=Baseball, 1=Basketball, 1=Football, 1=Soccer, 1=Rugby, 1=Tennis , 1=Bowling, 1=Badminton, 1=Hockey, 1=Curling, 1=Lacrosse, 1=NONE)
NONE(1),
<b>Total Score: 1</b>

## 9. Indoor Sports

User Answer (1=Racket Sports, 1=Squash, 1=Handball, 1=Floor Hockey, 1=Ice Hockey, 1=Billards, 1=Boxing, 1=Arena Football, 1=Table Tennis, 1=Table Hockey, 1=Gymnastics, 1=NONE)
NONE(1),
<b>Total Score: 1</b>

## 10. Outdoor Sports

User Answer (1=Hunting, 1=Fishing, 1=NONE)
Fishing(1),
<b>Total Score: 1</b>

## 11. Indoor Hobbies

User Answer (1=Reading, 1=Writing/ Journaling, 1=Social-Media, 1= Blogging, 1=Video Gaming, 1=Computers, 1=Astrology, 1=Baking, 1=Cooking, 1=Acting, 1=Board Games, 1=Card Games, 1=Puzzles, 1=Car Repairs, 1=Collecting , 1=Crafts, 1=Dance, 1=DIY Projects, 1=Drawing, 1=Electronics, 1=Genealogy, 1=Home Improvement, 1=House Plants , 1=Martial Arts , 1=Knitting, 1=Magic, 1=Metal Working, 1=Nail Art, 1=Needle Point, 1=Painting, 1=Pottery, 1=Body Building, 1=Quilting, 1=Quizzes, 1=Sculpting, 1=Sketching, 1=Welding, 1=Carving, 1=Yoga, 1=Zumba, 1=Body Building, 1=NONE)
<b>Total Score: 0</b>

## 12. Outdoor Hobbies

User Answer (1=Pets, 1=DIY Projects, 1=Swimming, 1=Walking, 1=Suntanning, 1=Gardening, 1=Photography, 1=Travel, 1=Driving, 1=Cycling, 1=Mountain Biking , 1=Motorcycles, 1=Motor sports, 1=Road Trips, 1=Inline Skating, 1=Longboarding , 1=Skateboarding, 1=Running, 1=Yard Sales, 1=Horses, 1=Camping, 1=Hiking, 1=Canoeing, 1=Kayaking, 1=Boating, 1=Sailing, 1=Rafting, 1=Water Skiing, 1=Scuba Diving, 1=Snorkeling, 1=Surfing, 1=Kitesurfing, 1=Rowing, 1=Hunting, 1=Caving, 1=Canyoning, 1=Birdwatching, 1=Flying, 1=Kite flying, 1=Nordic Skiing, 1=Snowboarding, 1=Mountaineering, 1=Orienteering, 1=Paintball , 1=Scouting, 1=Mushroom hunting/mycology, 1=Antique Restoration, 1=Auto Restoration , 1=Skydiving, 1=Astronomy , 1=History)
Pets(1), Swimming(1), Walking(1), Gardening(1), Photography(1), Driving(1), Yard Sales(1), Camping(1), Kayaking(1), Boating(1), Sailing(1), Snorkeling(1), Caving(1), Canyoning(1), Birdwatching(1),
<b>Total Score: 15</b>