

# Cognit Virtual Clinics

Engaging Patients  
Empowering Staff  
Improving Health



# Cognit Virtual Clinics

Enabling you to safely and securely provide uninterrupted mental health services during challenging times



# Virtual Clinics

- Easy to setup
- Elimination of wait lists
- Secure 24/7 access
- Increased patient & staff satisfaction
- Effective utilization of staff
- Electronic Health Records
- Immediate Return On Investment



# Virtual Clinics

- Virtual Assistants
  - Intake and Assessment
  - Wellness Programs
- Secure video or in person counselling with real counsellors
- Electronic Health Records

Add your own programs



# Virtual Assistants

- Reduce the administrative and educational workload freeing up valuable staff resources.
- Ensure consistent 24/7 delivery of assessments and educational content.
- Guide patients through the completion of their programs.
- Patients can take programs at their own pace.



# Intake

- Our virtual assistants lead patients through the intake process.

You can  
customize  
the intake  
process.



# Assessments

- Our virtual assistants lead patients through various assessments.
  - Rand 36 Item Health Survey
  - Flourishing Scale
  - Patient Health Questionnaire (PHQ)
  - Oxford Happiness Questionnaire
  - Social Interaction Anxiety Scale (SIAS)
  - The Clinical Anger Scale (CAS)
  - Center for Epidemiologic Studies Depression Scale (CES-D Scale)
  - Etc.....

You can add your own assessments



# Daily Check-ins

- Our virtual assistants conduct daily check-ins
  - Energy Level
  - Level of Functioning
  - Emotional Levels
  - Journal
  - Daily Goal

You can add your own check-in items.





# Program Delivery

You can add your own programming and have our assistants deliver it.

- Virtual assistants guide patients through a series of modules.
  - Intake
  - Wellness
  - Acceptance
  - Recovery
  - Relapse / Recurrence



# Patient Dashboard

- Counselors and patients can check on patient wellbeing and program results using our proprietary dashboard.
- Counselors can set alarm conditions to ensure staff are informed of critical patient issues.



# Online Counselling

- Patients can securely join one-on-one or group counselling sessions and participate in treatment planning / status meetings.
- Our virtual platform integrates with all secure video services.



# Electronic Health Records

- Cognit gathers over 60 different electronic mental health records that inform and document the treatment process.

You can add any records you would like our assistants to collect.



# Why Go Virtual

- Provide secure uninterrupted services during challenging times
- Reduce clinical paper
- Gather, organize and deliver a wealth of patient data to inform the treatment process
- Free counsellors to counsel
- Improvement in quality and quantity of care

There is no replacing the therapeutic value of a trained professional so lets optimize delivery.



# Virtual Assistants

- Our team of virtual assistants is ready to help your organization!

How can we help you ?

