

An update on Respiratory Illness in Mobile County Alabama.
What can you do to protect yourself and loved ones?

RSV Symptoms By Age



INFANTS / CHILDREN

- Bronchitis
- Pneumonia
- Irritable
- Fatigue
- Fever
- Cough
- Wheezing
- Difficulty breathing



ADULTS

- Typical cold symptoms
- Cough
- Runny nose
- Sore throat
- Fatigue
- Fever
- Decreased appetite



ELDERLY

- Dry cough
- Headache
- Fever
- Bronchitis
- Pneumonia
- Sore throat
- Aggravating pre-existing asthma or COPD



The Mobile AL Health Department reports that it is seeing an increase in RSV and Covid-19 in Mobile County.



Covid-19 And RSV

COVID-19 most often causes respiratory symptoms that can feel much like a cold, the flu, or pneumonia.

COVID-19 spreads when an infected person breathes out droplets and very small particles that contain the virus.

RSV can be dangerous for infants and some young children.

Nearly every child will get RSV by the time they are 2 years old.

This is different from adults, who can sometimes get RSV and not have any symptoms.

Infants who get RSV almost always show symptoms.

SYMPTOMS OF COVID-19



FEVER OVER 100.4 DEGREES



COUGH OR SORE THROAT



NEW SHORTNESS OF BREATH



CHILLS



NEW MUSCLE PAIN



NEW LOSS OF TASTE OR SMELL



NAUSEA/ VOMITING



DIARRHEA



NEW HEADACHE/ EXCESSIVE FATIGUE



CONGESTION/ RUNNY NOSE

FACTS.
OVER FEAR
COVID-19



Sources:

<https://www.cdc.gov/rsv/about/index.html>

<https://www.cdc.gov/covid/about/index.html>

<https://mchd.org/news/reportable-diseases/>

TO ACCESS FREE or LOW COST VACCINATIONS
(All required or recommended vaccinations are free or low-cost based on eligibility.)

1. Mobile County Health Department Federally Qualified Health Center (FQHC): 251 N Bayou Street, Mobile 36603. By Appt.? Call 251-690-8889

2. Franklin Memorial Medical & Dental Express – Federally Qualified Health Center (FQHC): 1303 Dr. Martin Luther King Jr. Ave., Mobile 36603. Call 251-432-4117

3. ACCORDIA /USA Health Collaboration – Federally Qualified Health Center (FQHC): 2419 Gordan Smith Drive, Mobile 36617. Call 251-461-3491

***** PLEASE NOTE: All 3 Providers also participate in the Vaccines For Children Program (VFC) that grants access for free vaccination to persons 18 years and younger based on eligibility*****

What does the CDC and Health Department Suggest?