# **Domestic Violence Hurts Children Too!**

### CHILDHOOD DOMESTIC VIOLENCE

Childhood domestic violence generally falls into three categories:

- Seeing or hearing the abuse of a parent/parental figure
- Witnessing consequences of domestic violence
- · Experiencing police involvement.

Abusers may teach children in the household that this is how relationships work: that they should expect to grow up to be an abuser to their partner or to be abused by their partner.



### TOGETHER, WE CAN END THE ABUSE.



## HOW MANY CHILDREN ARE AFFECTED BY DOMESTIC VIOLENCE?

- Between 3.3 million and 10 million children are exposed to adult domestic violence each year
- 15 million children are actively impacted today in the US alone
- 40 million adults in the US today experienced childhood domestic violence in their youth.
- 90% of parents who are currently experiencing domestic violence believe that their children do not know what is going on.
- However, when questioned, 90% of children living in households with DV indicate that they are well aware of the abuse.
- 100% of children exposed to domestic violence are affected by it DOMESTIC VIOLENCE HELPLINE: 1-888-399-6111

# ADVERSE CHILDHOOD EXPERIENCES (ACES)

Of the 10 key ACEs that have been identified to negatively affect children under the age of 18 Childhood Domestic Violence has the lowest awareness.

Those who experience CDV also experience another ACE as well. These ACEs negatively effect five key domains of functioning:

- One's beliefs about oneself and others
- Physical health
- Mental health
- Behavior
- Relationships

#### Childhood Domestic Violence Creates False Negative Beliefs Guilty ----> Free Resentful Compassionate Sad .... » Grateful Alone .. - Trusting » Passionate Angry -TRUTH **Hopeless** -- Guided Worthless » Accomplished Fearful -Confident E **Self-Conscious** Attractive Unloved -Loving DVSN.org

