

YOUTH VIOLENCE PREVENTION

STARTS WITH ALL OF US

EVERY VOICE. EVERY ACTION. EVERY COMMUNITY.

Violence is preventable. By working together, families, schools, neighborhoods, businesses, faith communities, and local organizations can create safe environments where young people can thrive.



**NO MORE VIOLENCE.
ALL YOUTH.
ALL COMMUNITY.
#NMV**

IT TAKES EVERYONE



FAMILIES

- Build strong relationships.
- Talk openly with youth.
- Know where your children are and who they're with.



SCHOOLS

- Promote respect and inclusion.
- Address bullying early.
- Support students' mental health.



COMMUNITY MEMBERS

- Mentor young people.
- Volunteer with youth organizations.
- Report concerns and support prevention efforts.



FAITH & COMMUNITY ORGANIZATIONS

- Create safe spaces for youth.
- Offer positive activities and mentorship.
- Strengthen families through support services.



COACHES & MENTORS

- Encourage teamwork and leadership.
- Teach healthy conflict resolution.
- Help youth build confidence and resilience.



EVERYONE

- Speak up against violence.
- Practice kindness and respect.
- Help youth feel connected, valued, and heard.



WARNING SIGNS

A YOUNG PERSON MAY NEED SUPPORT



Sudden changes in behavior or mood



Declining school performance



Withdrawal from friends or family



Signs of anxiety, depression, or hopelessness



Increased anger, irritability, or aggression



Talking about hurting themselves or others



Bullying others or being bullied



Use of drugs or alcohol

EARLY SUPPORT CAN MAKE A DIFFERENCE.



NATIONAL RESOURCES

988

988 SUICIDE & CRISIS LIFELINE

Call or Text 988
Free, confidential support 24/7.

211

211 COMMUNITY RESOURCES

Dial 211
Get connected to local resources and services.



CDC YOUTH VIOLENCE PREVENTION

Learn evidence-based strategies for families, schools, and communities.
www.cdc.gov/youth-violence/prevention



SAMHSA NATIONAL HELPLINE

1-800-662-HELP (4357)
Treatment referral and information service 24/7.

MOBILE, ALABAMA RESOURCES



Mobile Police Department
Youth Violence Prevention

Community education, prevention, and outreach.

251-208-1700



Dumas Wesley Community Center
Youth, family, and community support and programs.

251-479-0649



Boys & Girls Clubs of South Alabama
Safe after-school programs and positive youth development.

251-432-1235



Big Brothers Big Sisters of the Central Gulf Coast
Mentoring opportunities that change lives.

251-344-0536



Mobile County Health Department
Health education and resources for families and youth.

251-405-4521



AltaPointe Health
Mental health and substance use services and support.

251-450-2211



Building Safer Communities Collaborative (BSCC)
Program uses a public health approach to address the needs of justice impacted youth ages 12 yrs to 18 yrs in Mobile County.
251-415-8737

Safe Youth. Strong Communities. Brighter Futures. ❤️



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