

The Healing Space

# The S.T.E.A.D.Y™ Parent Method

A calmer, clearer way to understand and respond to your child's behaviour



**05 July, 2026**

**10:00 PM – 12:30 PM**

11 Eagle Brow, Lymm WA13 0LP



## Who this is for:

Parents of children aged 7+ who:

- feel stuck in behaviour cycles
- want a calmer, clearer way to respond
- are open to doing things differently



## In this workshop, you'll learn how to:

- ✓ Understand what's really driving your child's behaviour
- ✓ Stay calm and steady in difficult moments
- ✓ Respond without things escalating
- ✓ Hold clear boundaries with constant conflict
- ✓ Break repeating patterns over time



## Delivered by Psychotherapist & Parent Coach

Gemma Brown

Ba (Hons) Counselling & Psychotherapy



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your place.  
Scan the QR code*



## Investment:

**Early Bird: £35 +BF**  
(Until end of May)

**Full Price: £55 +BF**

**Limited Small Group Spaces**



**Practical tools.  
Lasting change.  
Stronger  
connections.**