

NORTHERN ILLINOIS CONFERENCE

BOWLING

SECTION 1. Season Limitations

The conference shall follow the IHSA limitations on the length of season and opening date.

SECTION 2. Schedule

A single round robin schedule shall be followed according to the conference master schedule.

SECTION 3. Levels of Competition

- A. A varsity match consists of three (3) games.
- B. A bowler may not move from JV to varsity or vice versa once a bowler has thrown a ball at that level for that match, unless an injury occurred and the bowler cannot continue.
- C. Junior Varsity games may be arranged by mutual agreement between the competing schools. This should be done well in advance of the upcoming match. The home team will notify the visiting team 2 days prior to the match as to the total number of JV matches to be played.
- D. Coaching will be allowed in dual matches by each school's varsity or assistant coaches.

SECTION 4. Contest Management

- A. Matches are to begin at 4:00 p.m. (earlier by mutual agreement).
- B. The home team shall notify the visiting team in case of cancellation. Rescheduled matches are determined by mutual agreement between the coaches.
- C. All matches will follow IHSA rules and guidelines with the exception of a 6 bowler team instead of a 5 bowler team.
- D. Conference dress code will follow IHSA guidelines with the exception of the bottoms, no jeans allowed. House shot oil pattern will be used for all NIC-10 matches.
- E. Code of conduct will follow IHSA rules and guidelines with the addition of the following enforcement policy. 1st incident = zero for the frame and 2nd incident = zero for the frame and removal from the match. Flagrant 1st incident = zero for the frame and removal from the match (Example incidents: kicking/hitting of bowling center equipment, foul language or gestures, throwing of equipment).

SECTION 5. Scoring

- A. Conference matches shall consist of 3 games.
- B. The team with the most pins after 3 games is the winner of the match.
- C. Substitutions will follow IHSA rules and guidelines with the addition that the bowler who starts the game receives credit for the score.

SECTION 6. Championship Determination

Conference championship at JV and Varsity will be determined by the conference record. In the event of a tie there shall be co-champions.

SECTION 7. Awards

The NIC-10 traveling trophy will be awarded to the Varsity and JV Teams with best the conference record.

SECTION 8. Coaches' Meeting

- A. A pre-season meeting will be held prior to the first week of practice.
- B. A post-season meeting will be held on the Tuesday following the last scheduled matches.

SECTION 9. All-Conference

- A. All conference teams and "Coach of the Year" will be decided at the post-season meeting.
- B. The "Coach of the Year" will be decided by ballot of all head coaches or their representatives who are present at the meeting. There should be two rounds of voting. In the first round, coaches should vote for two head coaches, on the second round they shall vote for one of the top two vote getters. Splitting a vote shall not be counted.
- C. Player Selection:
 - 1. The top 10 averages will be 1st Team All-Conference, the Next 5 will be considered Honorable Mention. Minimum of 18 games required.
 - 2. MVP will be selected from the 1st Team All-Conference. MVP bowler will be based on the highest average. Coaches shall vote for MVP from top bowlers if there is a 2 pin or less difference.
 - 3. All ties need to be broken.