

2022 – 2023 NIC-10 H.S. Bowling IHSA Season Calendar

Boys

1.	Season Starts	Monday	Oct 24 th
2.	1 st Contest	Friday	Nov 4 th
3.	Regional	Saturday	Jan 14 th
4.	Sectional	Saturday	Jan 21 st
5.	State Finals	Fri-Sat	Jan 27 th - 28 th
6.	Season End	Saturday	Jan 28 th

Girls

1.	Season Starts	Monday	Nov 14 th
2.	1 st Contest	Friday	Nov 25 th
3.	Regional	Saturday	Feb 5 th
4.	Sectional	Saturday	Feb 11 th
5.	State Finals	Fri-Sat	Feb 17 th - 18 th
6.	Season End	Saturday	Feb 18 th

Reminder:

3.106 To be eligible for a school team in a given sport, students must cease non-school practice and competition in that sport no later than seven (7) days after the date on which the school team engages in its first practice or tryout in that sport.

Therefore, students can continue to bowl in league/tournaments thru the weekend after the start of the season.

Boys can bowl up to and including **Sunday, October 30th**

Girls can bowl up to and including **Sunday, November 20th**

5.052/5.202 Contest Limitations No Boys/Girls Bowling team representing a member school shall, in any one season, participate on more than **twenty-five (25) dates**, exclusive of the IHSA series.