BOWLING IS A HEALTHY WAY TO LIVE

DID YOU KNOW?

250+ COLLEGES OFFER BOWLING & NEARLY HALF OFFER SCHOLARSHIPS

THE BOWLING INDUSTRY PROVIDES MORE THAN **$6 MILLION** IN SCHOLARSHIPS EACH YEAR

COLLEGIATE BOWLING IS NATIONALLY TELEVISED

20+ MILLION AMERICANS AGE 17 AND UNDER BOWL EACH YEAR

ACCORDING TO EXPERIAN SIMMONS 2012

47 STATES IN THE U.S. HAVE ESTABLISHED HIGH SCHOOL BOWLING PROGRAMS

ACCORDING TO THE NATIONAL FEDERATION OF STATE HIGH SCHOOL ASSOCIATIONS, MORE THAN **54,000** KIDS BOWL IN HIGH SCHOOL VARSITY COMPETITION

PHYSICAL HEALTH
KNOW THE FACTS

1. **BURNS CALORIES** — 100+ PER HOUR
2. **BUILDS MUSCLE** — 134 MUSCLES EXHAUSTED IN A 4 STEP APPROACH
3. **WEIGHT BEARING SPORT** — BUILDS STRONG BONES
4. **SUSTAINS HAND & EYE COORDINATION**
5. **3 GAMES = 1 MILE OF WALKING** — 3 GAMES EQUALS 1 MILE
6. **PROMOTES BALANCE & COORDINATION**

DID YOU KNOW...
THE DISTANCE FROM THE PITCHER'S MOUND TO HOME PLATE IS APPROXIMATELY THE SAME LENGTH AS A BOWLING LANE.

SOCIAL HEALTH
SOMETHING FOR EVERYONE

1. **FAMILY BONDING** — FUN FOR KIDS & PARENTS TOO
2. **MAKE MEMORIES** — CELEBRATE SPECIAL OCCASIONS
3. **LIFETIME SPORT**
4. **FUN FOR EVERYONE** — NO BARRIERS
5. **MAKE NEW FRIENDS**

BOWLING OFFERS KIDS OF ALL AGES, SIZES, AND ABILITIES THE OPPORTUNITY TO HAVE FUN AND LEARN A LIFELONG SPORT.

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