

# 05/17 MEAL PLAN

HOME GROWN & DELIVERY

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MONDAY

Baked chicken wings, mixed greens, wheat bread.

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TUESDAY

Ham salad bowl, dressing on the side.

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WEDNESDAY

Chicken rolls, egg plant, dinner roll

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THURSDAY

Catfish nuggets, collard greens, and bread

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FRIDAY

BBQ shredded beef, whole carrots, corn tortilla

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SATURDAY

Salad bowl (onions, parsley, croutons) with dressing on the side.

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