

LISTENING EAR COUNSELLING & CONSULTANCY PTE LTD

Transactional Analysis Scripts Questionnaire

- 1) The worst criticism I received is when someone said _____
- 2) At that time I felt _____
- 3) I resolved too _____
- 4) In childhood we children were never allowed to _____
- 5) One thing I wish that happened in childhood was _____
- 6) Being away my greatest fear was _____
- 7) So I resolved that _____
- 8) My one philosophy in life is _____
- 9) When I get angry I _____
- 10) When I want to teach someone a lesson I _____
because I _____
- 11) In childhood when I wanted to get someones attention I would _____
- 12) I felt rejected when _____
- 13) I felt dejected and lost faith when _____
- 14) The problems in my life is because _____
- 15) I feel fed up when _____
- 16) I cant handle _____