

Pegasus Sports & Psychology Camp for Kids
Camp Itinerary 24 - 26 November 2025

Time	Monday	Tuesday	Wednesday
9:00 AM	Camp Check In (Venue: UBI)	Camp Check In & Pick Up (Venue: UBI)	Camp Check In & Pick Up (Venue: UBI)
9:15 AM	Camp House Rules		
9:30 AM	Musical Theme 1	Improv Theatre & Musical Theme 2	Mini Olympics
10:00 AM			
11:00 AM			
12:00 PM	Lunch	Lunch	Lunch
1:00 PM	Football (Pick Up at Kovan Futsal)	Fitness & Kids Boxing	Amazing Race (parents are welcome to join)
2:00 PM			
3:00 PM			
4:00 PM	Photos and Dismissal	Photos and Dismissal	Photos and Dismissal

Notes:
Build your discipline by arriving 15 min before the training, and change into a sports outfit.
Please use clean sports shoes at all times in the gym (do not use shoes you are wearing on the street).
Bring changing clothes, and a small towel (optional).

Location for all events can be UBI as indicated in the schedule.
For the football classes you can pick up your kids from the football field in Kovan -
- Address: Kovan Futsal: 60 Hougang St 21, Kick Off!, Singapore 538738
We usually communicating with the parents via what's app regarding locations pick ups and drop offs.

*Please take note that the schedule can change depending on the weather or any unpredictable conditions.



Pegasus Sports & Psychology Camp for Kids
Camp Itinerary 08 - 11 December 2025

Time	Monday		Tuesday		Wednesday		Thursday
9:00 AM	Camp Check In (Venue: Bishan Park)		Camp Check In (Venue: Bishan Park)		Camp Check In (Venue: Bishan Park)		Camp Check In (Venue: Bishan Park)
9:15 AM	Camp House Rules		Psychology Exercises		Mc Richie Hike		Football
9:30 AM	Track & Field						
10:00 AM							
11:00 AM							
12:00 PM	Lunch		Lunch			Lunch	
1:00 PM	Shuttlecock, Frisbee, Volleyball & other ball throwing techniques and games		Kids Fitness & Professional Recovery Exercises		Lunch		Swimming
2:00 PM					Improv Theater		
3:00 PM							
4:00 PM	Photos and Dismissal		Photos and Dismissal		Photos and Dismissal		Photos End of Camp

Notes:
Build your discipline by arriving 15 min before the training, and change into a sports outfit.
Please use clean sports shoes at all times in the gym (do not use shoes you are wearing on the street).
Bring changing clothes, and a small towel (optional).

Location for all events can be Bishan Park Condo as indicated in the schedule.
For the football classes you can drop off / pick up your kids from the football field TBA if it is more convenient for you.
We usually communicate with the parents via what's app regarding locations pick ups and drop offs.

*Please take note that the schedule can change depending on the weather or any unpredictable conditions.

