

JULY '25

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
X	X	1	2 Kids Practice 4:30-5:45 PM HS/MS Practice 7:30-9:00 PM	3	4 Film Firday 5:00-6:00 PM	5
6 HS/MS Practice 9:00-10:30 AM	7 Kids Practice 4:30-5:45 PM HS/MS Practice 7:30-9:00 PM	8	9 Kids Practice 4:30-5:45 PM HS/MS Practice 7:30-9:00 PM	10	11 Match Night 5:00-6:00 PM	12
13 HS/MS Practice 9:00-10:30 AM	14 Kids Practice 4:30-5:45 PM HS/MS Practice 7:30-9:00 PM	15	16 Kids Practice 4:30-5:45 PM HS/MS Practice 7:30-9:00 PM	17	18 Film Friday 5:00-6:00 PM	19
20 SUMMER HEAT @ HOFSTRA HS/MS Practice 9:00-10:30 AM	21 Kids Practice 4:30-5:45 PM HS/MS Practice 7:30-9:00 PM	22 NUWAY NATIONAL DUALS	23 NUWAY NATIONAL DUALS Kids Practice 4:30-5:45 PM HS/MS Practice 7:30-9:00 PM	24 NUWAY NATIONAL DUALS	25 Film Friday 5:00-6:00 PM	26
27 HS/MS Practice 9:00-10:30 AM	28 Kids Practice 4:30-5:45 PM HS/MS Practice 7:30-9:00 PM	29	30 Kids Practice 4:30-5:45 PM HS/MS Practice 7:30-9:00 PM	31		