

JULY 2026

IMPORTANT EVENTS

- July 8-12 Fargo Junior & 16U Nationals
- July 19 - Summer Heat @ Hofstra University
- July 22-23 AC Summer National Duals Atlantic City, New Jersey

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
X	X	X	1 Kids Practice 4:30-6:00 PM HS/MS Practice 7:30-9:00 PM	2	3 MS/HS Practice 4:00-5:30 PM	4
5 HS/MS Practice 9:00-10:30 AM	6 Kids Practice 4:30-6:00 PM HS/MS Practice 7:30-9:00 PM	7	8 FARGO NATIONALS Kids Practice 4:30-6:00 PM HS/MS Practice 7:30-9:00 PM	9 FARGO NATIONALS	10 FARGO NATIONALS MS/HS Practice 4:00-5:30 PM	11 FARGO NATIONALS
12 FARGO NATIONALS HS/MS Practice 9:00-10:30 AM	13 Kids Practice 4:30-6:00 PM HS/MS Practice 7:30-9:00 PM	14	15 Kids Practice 4:30-6:00 PM HS/MS Practice 7:30-9:00 PM	16	17 MS/HS Practice 4:00-5:30 PM	18
19 SUMMER HEAT TOURNAMENT HOFSTRA UNIVERSITY	20 Kids Practice 4:30-6:00 PM HS/MS Practice 7:30-9:00 PM	21 AC SUMMER NATIONAL DUALS	22 AC SUMMER NATIONAL DUALS Kids Practice 4:30-6:00 PM HS/MS Practice 7:30-9:00 PM	23 AC SUMMER NATIONAL DUALS	24 MS/HS Practice 4:00-5:30 PM	25 D1 CHAMP CAMP Hosted by Combat X @ EAST ISLIP Middle School
26 HS/MS Practice 9:00-10:30 AM	27 Kids Practice 4:30-6:00 PM HS/MS Practice 7:30-9:00 PM	28	29 Kids Practice 4:30-6:00 PM HS/MS Practice 7:30-9:00 PM	30	31 MS/HS Practice 4:00-5:30 PM	X