

DAY ONE / GOD CARRIES OUR BURDENS

ANSWER ME WHEN I PRAY TO YOU,
MY GOD WHO DOES WHAT IS RIGHT.
LIFT THE LOAD THAT I CARRY.
BE KIND TO ME AND HEAR MY PRAYER. - PSALM 4:1

- Highlight or underline the word, "God," and all words that refer to Him.
- Using a different pen, highlight or underline the word(s) that refer to you.
- Draw a heart around the helping words.
- Draw a box around the action words.
- List the words that describe God.

• What are you praying for God to help you with today?

