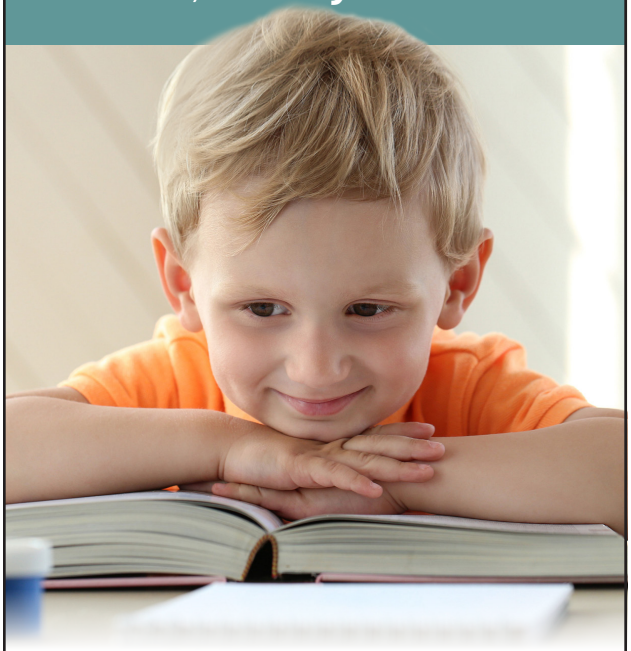
mental health therapy

for autism spectrum disorder, ADHD, anxiety and more.



At Fair Winds Way, we understand that life can be challenging, and that sometimes we need extra support to overcome our obstacles. We are dedicated to compassionate client care. Therapy is tailored to the individual client and family's needs. We have served Middle Tennessee families and children for many years. We also provide school / court support and psychological testing and evaluations. Contact us today to schedule an appointment.

FAIR WINDS WAY PLLC

3012 Business Park Circle, Suite 700
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fairwindsway.com

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mental health therapy

for adults on the autism spectrum.



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Autism testing, social and life skills groups and individual support, including therapy for anxiety, depression and ADHD.

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