



FIVE TIPS FOR TEETHING PUPPIES

Information by dvm360 in association with Patricia March, RVT, VTS, and modified for Evergreen Veterinary Hospital

Teething is a tricky time. Here's how to keep puppies properly occupied – and out of trouble!

1. Offer frozen mini bagels, plain or fruit variety, not onion. Allowing them to chew, and eventually consume, the bagels helps to numb the gingiva, easing discomfort. The denseness of the bagel may also help remove loose baby teeth.
2. Cold carrots may help relieve discomfort – and they offer vitamins and minerals. Offer only one whole carrot per day.
3. Try frozen fruit, such as strawberries or bits of banana. The “cold pack” may help relieve oral discomfort and the fruit is edible, but watch out for the mess!
4. Wet a dishrag or towel, twist it into a rope-like shape and freeze. The cold helps relieve oral discomfort. Just do not let them eat this!
5. Offer puppy-specific toys, such as a Chilly Bone or Kong. These can also be frozen.

Note: Tips for teething puppies are suggested to help relieve the discomfort of teething. These items should be offered with supervision and not all suggestions will work for all breeds. Discretion is necessary.