November 2026 Wings Newsletter

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Heaven Sent Nursery School

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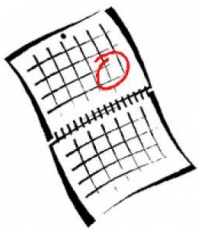
From the Director:

November is becoming one of my favorite fall months at Heaven Sent Nursery School because this is the month that we begin to focus on Gratitude and Thanksgiving. It is my heart and joy to be able to talk to our angels about gratitude and giving thanks to the One who provides all of our needs. We will also talk about giving to others and how when we give to others, we then become thankful and full of joy. Have a wonderful month of this year's Thanksgiving season.

~Jennifer Bujno

Our Bible verse of the month is:

"Give Thanks to the Lord, for He is good; His love endures forever." Psalm 118:1



Upcoming Events

November 1:
November Tuition Due

November 2:
Conference Sign-Ups Begin

November 5/6:
No School due to NJ Teacher Convention

November 13:
Hat Day-4s

November 16/17:
Disguised Turkeys Due

November 19/20:
Thanksgiving Celebrations

November 23/24:
Parent/Teacher Conferences

November 25/26/27:
Thanksgiving Holiday – NO SCHOOL



A WORD ABOUT "ROUGH DAYS"

Perhaps your child's teacher has already come out at the end of the morning with those words we dread, "We had a rough day today." Perhaps it hasn't happened yet, but it surely could. We want the children to know that we are communicating with you, and that good behavior in school is important!

While we won't necessarily tell you about every "time out" or gentle correction, we will certainly share with you if we've had a day of continued problems (disruptive behavior, unkind actions toward other students or teachers, willful disobedience, poor cooperation, etc.).

What can you do? Talk to your child about it. Let him/her know that you're disappointed, and perhaps encourage an apology to the teacher the next school day. We, of course, also hope that you will back up our efforts.

What isn't necessary? To make too big a deal out of it. All kids have rough days-almost all kids will push to see what they can get away with, and we are just letting them know where the line is.

DO CHILDREN REALLY NEED "VITAMIN N"?

A wonderful quote was discovered in a magazine one day. It said that children really need occasional doses of Vitamin N (for No). Telling a child "No" is not necessarily a bad thing. We say no when the children want to run out onto Main Street without stopping to check for traffic. We say no when they begin to move their little fingers near an unprotected electrical outlet. We say no when we see them moving too close to the fire burning in the fireplace. None of these "no" responses psychologically harm our children. We need for them to learn that they can't do anything they want to!

Saying "no" to a trip to Wendy's, or a request for a friend to come over to play, or a demand for a toy in a toy store is not going to psychologically harm your child either. Again, none of us can do everything we want to do! Sometimes lunch out is inconvenient; we have plans already made which do not include having another child around; or we just don't have the money to buy a new toy; nor is there room in the toy box! Have you ever noticed that children who always get their own way still aren't happy? And parents who will pay any price for "happiness" for their child usually find that the price keeps getting higher and higher!

Perhaps some regular doses of vitamin "N" will make a house a happier, calmer place for the whole family. The only requirement is that when you say "no" you mean it...the first time. Is it hard…you bet, but remember, vitamins are meant to make us stronger!



TEACHING CHILDREN HOW TO WAIT TEACHES THEM SELF-CONTROL

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Learning to wait helps children learn self-control. It teaches them that others have needs, too. To hone your child's waiting skills:

- Be specific. For example: "Wait until I get off the phone." Keep the waiting time short.
- Give your child something to do while he waits. (For example, if he's waiting to do a puzzle with you, ask him to lay out all the pieces.)
- Give your child a timer. This helps children develop a sense of what "five minutes" means. It also helps them feel more in control of time. They know what to expect and when.

ABOUT SCHOOL DELAYS OR CLOSING

Q) Do you close school in snowy weather?

A) We will almost always follow the Hackettstown School District when closing for inclement weather. You will be receiving an email notification, a Remind text message notification, and information will also be posted on our Heaven Sent Facebook page if there are any closings or delayed openings.

Q) What time will school start in the event of a delayed opening?

A) On delayed opening days, school will begin at:

***3YR Old Programs**
M/W/F 10:30-12:30 T/TH 10:30-12:30
***4YR Old Programs**
M/T/TH/F 10:30-12:30 M/W/F 10:30-12:30
***2.5 Little Angels**
10:30-12:30

Q) What if the roads are worse near me and I can't come in to school?

A) We understand that you may not be able to make it in. We ask that you use your best judgment, and we understand if you do not come in that day.

START WEARING OUTDOOR CLOTHING!

Please remember that cold weather will not keep us from going outdoors to play in the coming weeks. Please be sure to tuck mittens in pockets (we ***REALLY*** prefer mittens to gloves) and to put hats on your kids. We are outdoors for at least 20 minutes most days, and we sure don't want anyone to come back in feeling like a popsicle!

While we're talking about outdoor clothing, are your child's coats, hats, etc. labeled with names?



IF YOU NEED TO ADDRESS A CONCERN

If you have a concern about our program here at Heaven Sent, it can always be addressed by contacting our Board of Trustees. Because they cannot be answered, we regret that unsigned or anonymous letters will not be considered. Letters can be sent to:

Heaven Sent Board of Trustees
c/o First Presbyterian Church
298 Main Street
Hackettstown, NJ 07840