

THE ARGONAUT



A LAKE MARY HIGH SCHOOL YOUNG MEN OF EXCELLENCE PUBLICATION

BROTHERHOOD | LEADERSHIP | WISDOM | CHIVALRY | STRENGTH



What Matters Most in Life?

If you were to ask us what matters most in life, we would tell you, "the most important thing in life is core values." Values are the basic and most fundamental beliefs that guide our motives, attitudes and actions. They help us determine what is important, as well as, the qualities we choose to embody. Values guide our behaviors, they dictate how we treat ourselves and others and how we develop interactions with the world around us.

What you value will determine your perspective and perspective is everything. Therefore, the brothers of Young Men of Excellence carry five key values in mind as they go about their day. They are; Brotherhood, Leadership, Wisdom, Chivalry and Strength. We try to embody these values daily. Like a compass, the fundamental five provide guidance and determine the sort of person we can become. The goal is to move ever closer towards excellence and noble manhood.

We would like to challenge you to take a few minutes to yourself and reflect on the things that matter most to you. And in doing so, we believe it will bring you a clear perspective during these challenging times. As we say, "Stay Strong! Ramstrong!"

Brotherhood

Learning the selfless art of altruism is the primary focus within our program. Together as brothers or perish as fools.

Leadership

A leader is one who knows the way, goes the way and shows the way. It's not a position or a title, it is action and example.

Wisdom

Every day we live we learn and everyone who speaks is a teacher. Knowledge comes from learning, wisdom comes from living.

Chivalry

A gentleman is someone who does, not what he wants to do, but what he must. Being a gentleman is a matter of choice.

Strength

It is your reaction to adversity, not the adversity, that determines how your story will develop. Let the obstacle be the way.

ABOUT US

Young Men of Excellence is an innovative program designed in developing young men into great men.

Our program empowers its members through established mentorship opportunities, team building projects and helping every young man cultivate interpersonal skills, hard and soft skills, as well as, strategies to achieve their short and long-term goals.

The Lake Mary Chapter of Young Men of Excellence focuses on five key virtues (Brotherhood, Leadership, Wisdom, Chivalry and Strength) in developing its members into successful leaders, while also promoting a way of life that exemplifies excellence and noble manhood.

"Rise and rise again,
until lambs become lions."

- Robinhood

Scholarship Opportunity

This month, Governor DeSantis is providing an opportunity for 9-12th grade students to earn a 4-year college scholarship. [Click here to apply](#), due October 15th.

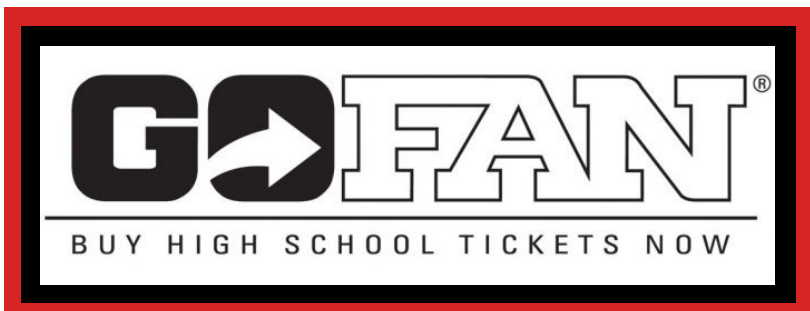
Online & After School Tutoring

Face-to-Face tutoring offered every Tuesday and Thursday in Media Center from 2:45 - 4:15pm.

Online tutoring offered every Tuesday and Thursday from 4:30 - 6:00pm. See the All LMHS eCampus site for the WebEx link.

Athletic Reminders

Winter Sports tryouts will begin soon. [Get cleared to participate in sports here](#). Don't wait until the last minute as the wait time may take two business days.



October Challenge

October is Emotional Wellness Month. One way to increase emotional wellness is reading.

Studies have shown reading 10-20 pages daily can improve emotional health. Join us as we focus on emotional well-being. #LeadersAreReaders

Member Highlights

We would like to welcome the newest members of Young Men of Excellence.

- Malik Blair
- Misael DeJesus
- Francisco Mijangos
- Kirill Lashchuk
- Nomar Torres

Standard Excellence

Members are required to dress up weekly in program uniform.

They are taught professional dress. Please see the picture on the cover page for the required expectation.

RAM OF THE MONTH

Taha Abdo



Due to COVID, we don't have all our students on campus, but taking classes online can't stop this young man from pursuing excellence. Even virtually, Taha demonstrates a high level of commitment to the program, takes initiative and helps mentor other members; as all great leaders do. His willingness to assist others and support classroom lessons has earned him the title for October's Ram of the Month. Continue rising to excellence. We hope to see you back at Lake Mary soon. #Ramstrong

October's Patrons for Excellence

Thank you to everyone who donated in the month of October.

Your contributions will be going toward college tours, career shadowing trips, student scholarships, guest speakers, program uniforms, and group retreats during the 2020-2021 school year.

- Amber & Sarai
- Zakk Hamilton
- Aaron Hernandez
- Jimmiel Moore
- Jennifer Ortiz
- Ramona Oquendo
- Sandy Parisi
- Rafael Rios
- Johamilly Torres

[**Click here to donate!**](#)

Important Dates

Here's what is coming up in the month of October.

October 2
National Custodian Day

October 3
National Poetry Day

October 5
World Teachers' Day

October 7-9
1st Quarter Exams

October 10
World Mental Health Day

October 12
Columbus Day

October 13
National Transfer Money to
your Son Day

October 14

Seniors take SAT

October 20
Be The Change Forum
Group Projects Room
2:30pm - 4pm

October 23
Breast Cancer Awareness
Wear It Pink Day

October 26-30
LMHS College & Career Week

October 31



Coming Together

In honor of National Poetry Day
Poem by: Nelson De Los Santos

Colored voices end up going unheard
It seems like their bad actions are clear
To the authorities, good actions remain blurred

Trying our best to not fit statistics
While at the same time
We try not to be backlisted

Some people are privileged
Others are born brown or black skinned
Color shouldn't tell why our morals differ

Because deep down we're all people
And these negatives don't add up
To show positive equals
We must make this world a better place
If we want to see a sequel.



A Special Thank You

*In Honor of National
Custodian Day*

We would like to thank the custodial staff of Ramnaton for their hard work, dedication and commitment to keeping our school safe and clean. Especially during this era of COVID-19.

- Luz Bonifacio
- Reginald Brooks
- Annie Brown
- Jose Cruz
- Jose Hernandez
- Qurinus Joseph
- Olin Liriano
- Jeff McBryde
- Jaden New
- Guisela Pagan
- Luz-Adriana Preciado
- Jessica Raigosa
- Mirna Sanchez
- Ricardo Suarez
- Peter Testa
- Rosa Vergara

LMHS Mental Health Resources

Chelsea Cameron
District Mental Health Counselor
camerocz@scps.k12.fl.us
*Unable to see students without
parental consent.*

Nati Vasquez
School Social Worker
vazquenz@scps.k12.fl.us
407-320-9705 | Room 1-106H

Laura Wheeler
New Horizons Mental Health Counselor
Laura.Wheeler@aspirehp.org
407-320-9640 | Room 1-108

Guidance Counselors
Winnola Grigley | A-Ca
Rachel Vallario | Ce-Gom, Gon-Le
Sheyla Neira-Changa | Leg-Moore & ESOL
Angela Stuffle | Morales- Scl
Rebecca Carter | Sco-Z
Joanne Duffey | ESE

[Click here for your Emotional Wellness Toolkit](#)

FOR MORE INFORMATION



Contact:

Joel A. Ortiz, MS

ortizjz@scps.k12.fl.us

407-502-2036



Follow us on Instagram
[@youngmenofexcellence](#)
[#ramstrong](#)

[Click here to donate!](#)



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FOSTERING EXCELLENCE SINCE 2014

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Donate at
bit.ly/3kha71L



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