

THE ARGONAUT



A LAKE MARY HIGH SCHOOL YOUNG MEN OF EXCELLENCE PUBLICATION

BROTHERHOOD | LEADERSHIP | WISDOM | CHIVALRY | STRENGTH



THE LION MENTALITY

Lambs live with fear and uncertainty. A lamb never leads. A lion never follows. A lion is in complete control of his life. The lion does not get told what to do or where to go. The lion goes about his business fearlessly and with extreme competence. The lion is the king of the jungle not because the lion is the biggest or the fastest. It's not because the lion is blessed with any great advantage over other animals. The lion has earned the title of king of the jungle because of his mentality, and embracing *The Lion Mentality* is fundamental in becoming the king of your domain.

FEARLESS COURAGE. Bravery is a key trait of the lion. The lion will never surrender. The lion will never lie down and die, not even if surrounded by 10 hyenas, the fight is never over until it is over! Keep fighting for the life you dream of regardless of the hyenas, the problems, the setbacks. Never settle! Never surrender!

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ABOUT US

Young Men of Excellence is an innovative program designed in developing young men into great men.

Our program empowers its members through established mentorship opportunities, team building projects and helping every young man cultivate interpersonal skills, hard and soft skills, as well as, strategies to achieve their short and long-term goals.

The Lake Mary Chapter of Young Men of Excellence focuses on five key virtues (Brotherhood, Leadership, Wisdom, Chivalry and Strength) in developing its members into successful leaders, while also promoting a way of life that exemplifies excellence and noble manhood.

"Why, having been endowed with the courageous heart of a lion, do we live as lambs?"

- Brendon Burchard

CAMP EXCELLENCE

A YOUNG MEN OF EXCELLENCE SUMMER PROGRAM

July 12 - 29
Monday - Thursday
8am - 2pm

\$25 weekly or \$60 in full
Breakfast and Lunch
provided

Rising 7th, 8th, 9th,
10th graders

FOR MORE INFORMATION:

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Lake Mary High School
655 Longwood Lake Mary Road
Lake Mary, FL 32746

SPACE IS LIMITED

CLICK HERE

SIGN UP TODAY!

CERTAINTY. The lion is certain. The lion never second guesses. When the lion goes in, it goes in one hundred percent! There is nothing half hearted about the lion. How great could your life be if you lived with the certainty of the lion? What if you started believing in yourself and your abilities? How far could you go with unbreakable self belief? Only you know what is best for you. Only you know which path to take in each moment of your life. You must make your decisions with undeniable certainty!

FREEDOM. The lion has freedom because the lion demands freedom. The lion has freedom because he fights for freedom. His very nature says he will do everything it takes for that freedom. The freedom to speak your mind. The freedom to be who you want to be. The freedom to live on your terms. Freedom means fairness for all. The freedom to be who you must be while allowing others to be who they are meant to be. There is no greater value. Fight for your freedom!

PROTECTIVE. The lion is protective of everything he values. If you threaten anything of value to the lion you better be prepared to fight. What are you willing to fight for in your life? What are you willing to sacrifice your time for? What or who keeps you going? What is your purpose? What or who gives your life meaning? Protect what you value.

COMPETENCE. There are great rewards for competence. In life, if you provide more value to others than anyone else, in a shorter space of time you will be rewarded. It does not matter how long you work it matters how well that work is done. It doesn't matter how many hours you've put in it only matters how much value you have created. Develop yourself into a competent machine! Work on what matters in your life with laser focus, ruthless determination and a burning desire to do everything to the very best of your ability.

Wake up each day with intention, alert, ready and focused. *The Lion Mentality* builds pride and respect for yourself. Always remember, while others may be smarter than you, stronger than you, or have more opportunities than you. They will not outwork or detach you from your purpose because you will not let them distract you from your goals and they most definitely will not dethrone you. Go be a king and reign like a Lion!



Standard of Excellence

So far we've covered four of our five pillars. This month we will cover our final pillar, Strength.

Within our program we teach our students the concept of fortitude and physical toughness. As men, it is important for us to be physically able to protect, provide and preside for ourselves, our family and our friends. Without the help of the body the mind cannot reach full potential. Therefore one must make the body, to make the mind.

Scholarship Assistance

Scholarship and Financial Aid Assistance for Seniors Questions about scholarships?

[Click here](#) to schedule your informational scholarship meeting. Contact student services for additional questions and be sure to check your school email for more scholarship opportunities.

April Challenge

Join us as we commit to working out for at least 30 minutes per day.

People who exercise regularly feel more energized, sleep better, improves memory, and feel more relaxed and positive about themselves and their lives. And it serves as a powerful modality for many common mental health challenges, such as, depression, anxiety, stress, and ADHD.

Member Highlights

We would like to honor our members and celebrate birthdays!

Track Team

- Dominic Bellamy
- Angel Billini
- Nathan Gatchell
- Kendrick Muhammad
- Chris Ross

Happy Birthday!

- April 18: Jameson Jean

Important Dates

Did you know these national and international days?

April 1

April Fools Day

April 2

Autism Awareness Day

April 4

Easter

April 6

National Student Athlete Day

April 7

National World Health Day

April 10

National Siblings Day

April 11

National Pet Day

April 15

Tax Day

April 16

Wear Pajamas to Work Day

April 17

Husband Appreciation Day

April 20

National Look-Alike Day

April 22

Earth Day

April 23

Take your child to work day

April 28

National Super Hero Day

RAM OF THE MONTH

Neveric Edwards



Be Responsible, Be Respectful, Be Engaged, Go Noles? After transferring from Seminole High School, January 2021, Neveric Edwards has shown great promise. We are extremely impressed with his work ethic within the program, scholarly efforts in the classroom and his willingness to assist. Neveric embodies the spirit of a servant leader in that he puts others before himself, while still maintaining personal integrity and high standards. Once a Nole, forever a Ram. We are grateful to have such a great young leader in our program for the next four years. Keep up the great work. Go Rams! #Ramstrong

YOUNG MEN AND WOMEN OF EXCELLENCE PRESENT

The Royal Banquet

END OF YEAR DINNER AND AWARDS CEREMONY

SATURDAY, MAY 1 | 5PM - 8PM

LAKE MARY HIGH SCHOOL

\$10 PER PERSON, UNTIL APRIL 16

\$15 PER PERSON, APRIL 16 - MAY 1

DUE TO LIMITED CAPACITY, EACH STUDENT HAS 4 GUESTS

[CLICK TO PURCHASE YMOE BANQUET TICKETS](#)



WE HAVE RAFFLE PRIZES!

PURCHASE YOUR RAFFLE TICKETS AT THE DOOR!

FOR MORE INFORMATION



Contact:

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Follow us on Instagram
@youngmenofexcellence
#ramstrong

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FOSTERING EXCELLENCE SINCE 2014