

THE ARGONAUT

A LAKE MARY HIGH SCHOOL YOUNG MEN OF EXCELLENCE PUBLICATION



BROTHERHOOD | LEADERSHIP | WISDOM | CHIVALRY | STRENGTH



YOUNG MEN OF EXCELLENCE

To live a life in pursuit of excellence means having an insatiable hunger to achieve greatness in all areas of life, the enthusiasm to remain optimistic and encourage others, an obligation to your personal level of success, the consistency to never give up, and the courage to push through the uncommon and uncomfortable in order to make your dreams a reality. While on this pursuit towards excellence it is important to be open to new perspectives, viewpoints, and ideas. There is always a better way to look at any given situation; there is always an alternate perspective; there is always an inspiring idea that you haven't yet thought of, or an opportunity to do things differently than you have done in the past. Always be open to the possibility that life has more to offer. The pursuit of excellence is a never ending uphill climb towards the aspirations and desires that reside within your heart. We have provided some reminders as we all pursue excellence this summer and beyond.

- *Set clearly defined goals.*
- *Avoid the pitfalls of procrastination, perfectionism and instant gratification.*
- *Maintain proper diet, exercise, and adequate sleep.*
- *Follow through on the commitments to yourself and others.*
- *Learn daily and develop new skills.*
- *Plan ahead by anticipating potential setbacks and problems in advance.*
- *Learn from personal experience and capitalize on mistakes.*
- *Avoid excuses for the lack of results in our life.*

Cont'd on page 2

ABOUT US

Young Men of Excellence is an innovative program designed in developing young men into great men.

Our program empowers its members through established mentorship opportunities, team building projects and helping every young man cultivate interpersonal skills, hard and soft skills, as well as, strategies to achieve their short and long-term goals.

The Lake Mary Chapter of Young Men of Excellence focuses on five key virtues (Brotherhood, Leadership, Wisdom, Chivalry and Strength) in developing its members into successful leaders, while also promoting a way of life that exemplifies excellence and noble manhood.

"The end of one chapter is the beginning of another."

- Susan Gale

- Keep moving forward no matter how many difficulties you face along the way.
- Take full responsibility for our choices, actions and attitude.
- Being adaptable to changing conditions and circumstances.
- Strive to be humble, tenacious, curious and compassionate.
- Give without the expectation of getting anything back in return.
- Inspire others to overcome their problems and achieve their goals.
- Make the most of every opportunity that comes your way.
- Distance yourself from unhealthy relationships that drag you down emotionally.
- Conquer the fears, the self-limiting beliefs and all the obstacles that hold you back from living the life you desire to create for yourself.
- Leave a lasting legacy that makes a positive impact.

[Click here to watch the Channel 6 News report highlighting our Young Men of Excellence!](#)



TO THE BRUHS OF THE GAMMA SQUAD

To the newest members of our elite program. Congratulations on all your hard work and achievements. We are proud of you for committing to excellence this year and developing a sound sense of noble manhood. Remember to embrace life's obstacles, they make you stronger. Reflect on past mistakes, they teach you valuable lessons. Adjust based on lessons learned and remember to do all things with Areté.

RAM OF THE MONTH

Edwin Adames



Being a first year Junior in our program isn't an easy thing to navigate. First you must learn to adapt to a new style of teaching and secondly, adjust to becoming comfortable with breaking bad habits. Once you get past those hurdles the program has tremendous benefits. Edwin is honored as May's Ram of the Month for the ability to draw from his experiences, as well as, his desire to always lead his brothers to victory. We are proud of your development within the program and look forward to your role continual growth. #Squad!

Standard of Excellence

Aretha Franklin said it best, "R-E-S-P-E-C-T."

Achieving noble manhood is no easy task. With so many social distractions pulling us in every direction young men need as many positive role models to help instill this rare virtue. Upholding a high standard only comes about by maintaining a high level of respect for self and others.

May Challenge

This month our members committed to listening to a 30 minute audio or visual podcast per day.

Podcasts inspire increased brain stimulation, serve as a great educational tool, because they are so easily accessible and promote personal development. We have provided a few of our favorite podcasts below:

- [Order of Man](#)
- [Art of Manliness](#)



**CONGRATS
TO THE CLASS
OF 2021**

YOUNG MEN AND WOMEN OF EXCELLENCE PRESENT

The Royal Banquet



Member Highlights

We would like to honor our banquet award recipients, celebrate birthdays and honor our graduates!

Happy Birthday!

- May 5: Jaiden Bauduy
- May 18: Angel Billini
- May 21: Neveric Edwards
- May 28: Francisco Mijangos
- June 10: Edwin Adames
- June 17: Ronald Graham
- July 20: Julian Santos

Congratulations Graduates!

- Cristin Bass
- Aidan Garcia

Academic Excellence

- Kirill Lashchuk
- Edwin Adames

Dapper Award

- Jeffrey Matos

Foundation Award

- Julian Santos

Ironman Award

- Nathan Gatchell

Leadership Award

- Nelson De Los Santos

Most Valuable Brother

- Edwin Adames

Service Award

- Francisco Mijangos

A Special Thank You

A special thank you to the following sponsors and volunteers who helped make this year such a success in the midst of adversity.

J & R Productions
LMHS Freshmen Success
LMHS Spanish Honor Society
LMHS Unity Step Team
LMHS Yoga Class
SCPS Dining Services
The SketchPad

Mrs. Karen Almond
Mrs. Melisa Ayala-Cruz
Mr. Christopher Endress
Mr. Thomas Group
Mr. Robert Guy
Mrs. Susan Kroll
Mr. Reginald Miller
Ms. Robin Muhammed
Mr. Steve O'Rourke
Mrs. Amy Pennock
Mrs. Krista Presti
Dr. Mickey Reynolds
Mr. Pete Testa

To our spouses,
Thank you for all that you do for this program, and caring about our students just as much as we do. From late night research, to helping create dreams into reality, we could not do this without you. We love you.

To the Young Men and Women of Excellence:
Thank you to the students who have chosen to be a part of this program. You have made it what it is today. None of it would be possible without you. We are extremely proud of you and all your accomplishments. We look forward to seeing your continued growth and progress for years to come.

CURRENT MEMBERS

SENIORS

- *Edwin Adames*
- *Jaiden Bauduy*
- *Dominic Bellamy*
- *Nelson De Los Santos*
- *Nathan Gatchel*
- *Wilmer Juarez*

JUNIORS

- *Taha Abdo*
- *Jeffrey Matos*
- *Kendrick Mohammad*
- *Julian Santos*
- *Nomar Torres*
- *Christian Vazquez*

SOPHOMORES

- *Serapio Alicea*
- *Angel Billini*
- *Neveric Edwards*
- *Emiril Gant*
- *Ronald Graham*
- *Jameson Jean*
- *Kirill Lashchuk*
- *Francisco Mijangos*
- *Christopher Ross*

FRESHMEN

- *Incoming 2021-2022*

RISE AND RISE AGAIN, UNTIL LAMBS BECOME LIONS



**YOUNG MEN AND WOMEN
OF EXCELLENCE PRESENT**

90'S SKATE NIGHT

Friday, May 28 | 7:15pm - 11pm
Semoran Skateway

\$10 ADMISSION ONLY
\$2 SKATE RENTAL

Everyone 18+ click [here](#) to complete
the waiver or sign it at the door

Students are to be picked up by 11pm

Students are responsible for transportation,
admission, and food

FOR MORE INFORMATION



Contact:

Joel A. Ortiz, MS

ortizjz@scps.k12.fl.us

407-502-2036



Follow us on Instagram
[@youngmenofexcellence](#)
[#ramstrong](#)

[Click here to donate!](#)



YOUNG MEN OF EXCELLENCE
LAKE MARY HIGH SCHOOL

BROTHERHOOD • LEADERSHIP • WISDOM • CHIVALRY • STRENGTH

FOSTERING EXCELLENCE SINCE 2014