

## Positive Media and Online Racial Socialization Scale (PMORS)

Instructions:

Think of your race-related media and online experiences in the past 24 hours.

In the past 24 hours, how many times... [followed by the items listed below]

	0	1	2	3	4	5
1. ...did you see a positive comment about your race or ethnic group on social media (e.g., TikTok, Twitter, Instagram, Snapchat, comments section, video games)?						
2. ...did you see a positive comment about your race or ethnic group on a television show or film?						
3. ...did you see positive information about your race or ethnic group in educational or cultural websites (e.g., on a platform like Google Classroom, Schoology or Kahoot, the National Museum of African American History and Culture website, etc.)?						
4. ...did you learn something positive about your race or ethnic group's contributions to American society online today (e.g., Because Black people mobilized and voted in large numbers in the 2020 election, they played an important role in the election of the next US president)?						

Response options: 0 = Did not happen; 5 = Happened 5 or more times

**If using mixed-methods design, ask the following:**

Please provide examples of the positive messages you received about your race or ethnic group online in the past 24 hours. [open ended response]

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