

GRATITUDE, EMPOWERMENT &amp; COMMUNITY SPIRIT

# Monthly Newsletter



## Introduction:

🌸 Special Thanks – April Highlights 🌸

We were privileged to have several resource persons and guests support our programmes during April.

- Our sincere gratitude to Mr. Sandesh Sir for conducting the Career Guidance and Psychometric Test session. His guidance helped students recognize their strengths and explore future career opportunities.
- We also extend heartfelt thanks to Dr. Ohke, who provided dental check-ups for hostel girls and offered valuable advice on maintaining proper oral hygiene.

Their contributions made our programmes more meaningful and impactful, enriching the lives of both children and women.

## Highlighted News & Activities – April

- ✿ Exam Preparation Support for Children
- ✿ Career Guidance & Psychometric Test
- ✿ Catering Training for Women – Killa Village
- ✿ Dental Health Check-up for Hostel Girls
- ✿ Nutrition Distribution for Malnourished Children
- ✿ April Reflections
- ✿ Photos

## 📖 April Academic Focus 📖

April was a significant academic month, with children in both the villages and the hostel preparing for their annual examinations. To support them, special study sessions and consistent follow-ups were organized, helping students revise their syllabus thoroughly and build confidence to perform well in their exams.

### 🌟 Key Outcome

Children received dedicated academic support, enabling them to approach their examinations with greater confidence and preparedness



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## 🎓 Career Guidance & Psychometric Test 🎓

A career guidance programme was organized for students from 7th to 10th standard. As part of the initiative, 9th and 10th standard students undertook psychometric tests to assess their interests and aptitudes. This was followed by individual counselling sessions led by Mr. Sandesh Sir, who provided personalized guidance to help students explore suitable career paths and subject choices.

### 🌟 Key Outcome

Students gained clearer insights into career pathways and developed greater confidence in making informed decisions about their future studies.



## 🍴Catering Training for Women–Killa Village 🍴

At Killa village, 10 women participated in a five-day (40-hour) catering training programme designed to build cooking and catering skills. The sessions equipped them with practical knowledge to start small businesses and explore livelihood opportunities.

Encouragingly, the women received two catering orders immediately after the training, boosting both their confidence and motivation to pursue self-employment.

### 🌟 Key Outcome

Women were inspired to take steps toward self-employment and livelihood generation, opening pathways for economic independence.





## 🦷 Dental Health Check-up for Hostel Girls 🦷

A dental camp was organized for hostel girls with the support of Dr. Ohke. The girls received thorough dental examinations along with practical guidance on maintaining good oral hygiene. Parents were also informed about necessary follow-up treatments to ensure continued care.

### 🌟 Key Outcome

The initiative improved awareness of dental health and enabled early identification of dental issues among hostel girls.



## 🌿 General Health Check-up 🌿

In collaboration with Galaxy and Snehavardhini, a general health check-up camp was organized for men and women from nearby communities. The initiative aimed to build rapport and strengthen relationships with families living around the centre.

Nearly 65 community members benefited from the health services provided, making the camp a meaningful step toward improved health awareness and stronger community connections.

**गॅलेक्सी मल्टीस्पेशलिटी हॉस्पिटल, रोहा आणि स्नेहवर्धनी सोशल ट्रस्ट**  
सांवा संयुक्त विद्यमाने

**मोफत आरोग्य शिबीर**

स्थळ: वरसे ग्राम पंचायत कार्यालय, वरसे, रोहा- सावगड.  
दि. २६ एप्रिल २५ वा. मंगळवार वेळ: स. १०:३० ते दु. ०५:३०

**तज्ञ डॉक्टरांकडून तपासणी**

<b>डॉ. तन्वी पंदादे</b> M.B.B.S, M.S, DNB ENT SPECIALIST	<b>डॉ. सुनील वामुदेव</b> B.H.M.S DCC INTENSIVIST	<b>सुनील वासुदेव</b> आयुर्वेद विशेषज्ञ
• कर्नाटकेची काकडी	• हृदयविकाराची प्राथमिक उपचारणी	• शोथ
• सर्जरी व सिप्रोटिन प्रसूती	• दवा व फलामारी विकार	• कुष्ठ रोगाची
• संतान उपचार	• अस्वस्थता व फोफू	• डॉ. सी. सी.
• स्त्रीत्व संदर्भ व आजार	• पचामारी विकार	• कुष्ठ रोग
• कुष्ठ निवोन व	• संदर्भित आजार	• इंडोली लयामणी प्रदा
• सर्जिकल सुचना		

**मोफत औषधे**

शिबिरात येणे बौद्धी केवलेवा स्वयंसेवा उपद्रवत स्वागित सुविधा उपलब्ध

- सोमल डिस्ट्रिक्ट
- सिव्हरिअल
- सर्वपल व्हासल मालव (MTP)
- सुदुत निवोन सरक्रिया (TI)

संपर्क: ९३२४ ७२ १०१० ९३२४ ६६ १०१०



## 🥗 Nutrition Distribution for Malnourished Children 🥗

Nutrition supplements were provided to children suffering from malnutrition, supporting their health and overall well-being. This initiative not only strengthened children's growth but also created livelihood opportunities for local women engaged in preparing the nutritional products.

### 🌟 Key Outcome

Children received improved nutritional support, while women gained avenues for self-employment and income generation.



## ☀️ April Reflections ☀️

April truly stood out as a month of growth, learning, health awareness, and empowerment—bringing meaningful progress for both children and women across our communities.

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# Some photos:

## Gavki:



## Supplementary class:



## Govt work:



# Health



## Carrier Guidance:



*Thank you for reading!*

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