UNITY of **CONSCIOUS** with **CONSCIOUSNESS**

"What AM I?" is "Who I AM!" by "What I AM." and "How AM I is Why".

The Oxford English Dictionary is the source for defining words. To Be Conscious, we use Language. Without language, we cannot communicate and be known.

<u>Language</u> - principal method of human communication

<u>Communicate</u> - share or exchange ideas <u>Idea</u> - a thought <u>Thought</u> - an *idea*<u>Meaning</u> - something as significant in the <u>language</u> <u>Significant</u> - have a <u>meaning</u>

<u>Conscious</u> - aware and responding to ones stimulus <u>Aware</u> - perception

<u>Respond</u> - to a thing <u>Perceive</u> - <u>conscious</u> <u>Consciousness</u> - <u>respond</u> to <u>conscious</u>

<u>Be</u> - exist <u>Exist</u> - objective reality <u>Real</u> - <u>existing</u> as a thing

<u>Stimulate</u> - raise activity <u>Act</u> - to do something <u>Action</u> - to engage something

<u>Engage</u> - establish <u>meaningful</u> connection <u>Connection</u> - thing linked to something

<u>Link</u> - relationship between things <u>Relate</u> - make a <u>connection</u>

<u>defined</u> words - <u>underlined</u> then italicized for linking <u>meaning</u> and <u>significance</u>

Who we say is "I AM" is a three-step process. The middle step is <u>consciousness</u>. The illusion appears as <u>real</u> in the third step. <u>IMagining</u> is the first step.

<u>Process</u> - <u>actions</u> or steps for an end result <u>Result</u> - thing by something else <u>Illusion</u> - misinterpreted <u>perception</u> of sensory experience

<u>Imagination</u> - forming <u>ideas Appear</u> - become visibly <u>real</u> (visible <u>defined</u> later)

<u>Senses</u> - body <u>perceives</u> a <u>stimulus Experience</u> - <u>connect</u> and observe facts

<u>Observe</u> - something <u>appears</u> as <u>being real Fact</u> - a thing <u>known</u> to <u>be</u> true

<u>True</u> - <u>reality</u> (truth of <u>experience</u>) <u>Know</u> - <u>be aware</u> of something

Experience is an awareness, observed, sensory, process, and appearing as real. Experienced by You and You by Me is to connect, to relate, and be known.

What is being <u>Conscious</u> with <u>Consciousness</u>? "I AM <u>Conscious</u>" - <u>a point</u>, <u>a circle</u>, or <u>a sphere</u>, <u>observing</u>. "I AM" is made <u>aware</u> by <u>senses</u> relating as <u>experience</u>. A <u>Thought</u> is <u>communicated</u> using <u>language</u> in stories.

Point - a dot or spot

<u>Circle</u> - round figure whose boundary consists of *points* equidistant from a *point* <u>Sphere</u> - solid figure of *points*

Story - an account of past events (actions) or (the point) of something

Point has not-Point defining point's boundary, in/out. This is significant.

'What', is points, circles, and spheres (observing in/out).

What - asking for something (here and now) Ask - for an answer or something

'Who' is What is observing as "I AM Conscious".

Who - what person or thing Person - individual human

'How' is communicated by language defined in the meaning of words.

How - by What means

'Why' is to know what is Conscious with Consciousness as "I AM".

<u>Why</u> - for *What* purpose (*significance* and *meaning* do I *exist*?)

<u>Purpose</u> - reason something *exists* <u>Reason</u> - (the *Why*) cause of *action*

<u>Object</u> - a Thing (observed) <u>Cause</u> - stimulating a person or thing

'Where' is observed as here.

<u>Where</u> - what place (point-circle-sphere as a Person or Thing) Here - this place Place - a point in space (space defined later)

'When' is now.

When - at what time (time defined later)

Now - at this moment Moment - a brief period of time

<u>Where-When</u> is <u>What</u>-I-AM and <u>Who</u>-I-AM defined by <u>How</u>-and-<u>Why</u> "AM I".

THING is fundamental. THING is "I AM CONSCIOUS".

Thing appears in the circle with Consciousness.

>>> focus on the *definition* of <u>A THING</u> <<<

Thing - an *object* that one <u>need not</u>, <u>cannot</u>, or <u>does not</u> give or have a <u>NAME</u>.

<u>Thing</u> is a not-a-<u>Thing</u> object. No<u>Thing</u> is <u>A</u> <u>Thing</u> observed, <u>NAMED</u>.

<u>Identity</u> - the fact of being a <u>Thing</u>

<u>NAME</u> - a *word* by which <u>A</u> <u>Thing</u> is *known* (to *exist*)

<u>Entity</u> - a <u>Thing</u> with a separate/independent <u>existence</u> <u>Not</u> - to form the negative <u>Form</u> - shape of some <u>Thing</u> Negative - characterized by the absence of a **Thing**

Not is the definition of the Form as Negative Defines Positive or out not in.

The observing of "I AM" in words is defining separate <u>THINGS</u>.

Separate - forming or viewed as a unit (object) apart or by its Self
Self - a person distinguished (separate) from Others (other defined later)

- * Thing is a not-NAMED Thing, NAMED object. Object separated is A Thing.
- * Any Thing is circular in its definition of a noThing as a NAMED Thing Entity.
- "I AM Conscious" is hidden by NAMING a no Thing.
- "I AM" <u>is and cannot</u> be "Conscious" by defining <u>A Thing</u> from a <u>noThing</u>.

 Conscious precedes Consciousness. The POINT, seek Who is "I AM Conscious".

 Who is <u>Conscious with Consciousness?</u> (The Answer is defined later)

 Hidden out of sight (not-visible) <u>Precede</u> before some Thing in time

 Seek to find some Thing Find to discover (some Thing) Discover to find

It is **dizzying** getting to the "I AM" <u>Conscious with Consciousness</u> using definitions of words. The **point** is to have the **definitions** of **Words** <u>exist</u> as <u>A Thing</u>, tedious. <u>Dizzy</u> - having a <u>sensation</u> of spinning around (in <u>circles</u>) and losing one's balance <u>Tedious</u> - too long, slow, or too dull <u>Hiding</u> is the Other "<u>NOT I AM</u>" is <u>formed</u>.

Further, the word "a" and the word "i" is simply a sound until another sound gives it definition as words. Sound's sound giving meaning to sound is circular.

<u>a</u> - when referring to a some <u>Thing</u> or <u>Person</u> (sound defined later)

<u>I</u> - the One Who is Identified (from Merrian-Webster, OED uses 'i' math definition)

One <u>Thing</u> is "I AM Conscious".

<u>A group</u> of Things is a <u>Conscious</u> GROUP <u>THING</u>.

One - a single Thing Group - number of Things or Persons in a Place

Thus begins the *language* of *words* in *circular meanings defining* "I AM" by the "Conscious" observing of circular pointing definitions. Communicating gives purpose and meaning to BE known.

"THING" as an "I AM Conscious", defined herein as, One Sound and One Energy circled by One Gravity. Any aware object/Entity is A Thing NAMED, "I AM Conscious". (energy and gravity defined later)

<u>Restating</u>, language is words defined in circles of words. As is "I AM" <u>Conscious</u> with <u>Consciousness</u> in the <u>seeking</u> to <u>be known</u> by <u>stories</u>. The <u>Observer</u> is <u>one</u> **Person**, **Group**, **or Thing** NAMED "I AM" that is <u>Conscious</u> with <u>Consciousness</u>.

<u>Words Stimulating</u> actions will be the 'how to' stimulating "What I AM" as <u>Conscious</u> with <u>Consciousness</u>. Stories have a begin-middle-end. For "I AM <u>Conscious"</u> to be <u>with Consciousness</u>, the three-step process needs to form a <u>Story Circle connection</u> with the <u>circles</u> of Others' Stories. <u>Other</u> - denoting a <u>Thing</u> that is different or distinct (separate entity) Engage - establish meaningful connection (with a Person, Group, or Thing)

BEGIN: <u>Conscious</u> is the "What (AM I) Question" formed by observing soundenergy within gravity as <u>A Thing</u>. "I AM Conscious", Person or Thing, by defining an object as a some <u>Thing</u> that cannot be NAMED a Person, Group, or Thing. Begin - first part of action

<u>Question</u> - to elicit information (*communicate, relate*)

MIDDLE: <u>Consciousness</u> is "What (Who I AM) Exclaimed" inside NAMED as "I AM Conscious". The Answer is the Truth to a Person, Group, or Things' identity.

<u>Middle</u> - the <u>point</u> equidistant from the edges (begin-end)

<u>Exclaimed</u> - cry out (communicate) strongly (energy)

END: <u>Conscious with Consciousness</u> is "What (I AM) Period". Engaging Who "I AM" stimulating Other's "I AM" observed as a separate NAMED Person or Thing. <u>Others stimulated</u> then <u>engaged story</u> in <u>action</u> is <u>related/not-related KNOWN</u>. <u>End</u> - final some <u>Thing</u>, a point in time

REPEATING steps in process again is processing.

Repeat - some Thing again and again Again - another time

The <u>Three fundamentals</u> of <u>A Person, Group</u>, or <u>A Thing</u> is, <u>sound/not-sound</u>, <u>energy/not-energy</u>, and <u>gravity/not-gravity</u>.

<u>Fundamental</u> - forming core <u>Core</u> - some <u>Thing</u> that is central (*BEing*) its *existence* <u>Sound</u> - vibrations <u>Energy</u> - strength <u>Gravity</u> - force that attracts <u>Force</u> - *strength* or *energy* <u>Attract</u> - come to *a place* (*point* in time)

<u>Thing/noThing</u> is the <u>Entity of sound/energy circled</u> by <u>force of gravity</u>. Every<u>Thing</u>, NAMED Entity, is a formed object observed as separate.

What is Now/not-Now, identified by time/not-time, and space/not-space?

We call it "BEing present" or "Be Here Now". **To BE known** is **the Point.**Now - at the present moment Present - in a place (point in time)

Moment - a brief period of time Place - point in space

Time - the indefinite continued progress of existence Progress - to result

Space - continuous area unoccupied Continue - activity in progress processing

Identity of any "I AM Conscious" is BEing defined/NAMED by the separated "I AM Conscious" <u>Self-named</u> Other Person, Group, or Thing.

<u>'Others' Thing/Entity</u> is "I AM Conscious" as is "I AM Conscious".

This is A Person, Group, or Thing BEING Conscious with Consciousness.

Separate yet connected is unity, ubiquitously. (unity defined later)

<u>Ubiquitous</u> - present everywhere as common

<u>Common</u> - occurring often, ordinary <u>Ordinary</u> - with no distinct place

<u>Now is noThing, not-time, not-space, not-gravity, and not-defined.</u>

Not-Now is Now's time, space and gravity existing as IMagined-Now, DEFINED.

Conscious/not-conscious is a separated <u>Thing</u>, observed, in not-Now, BEing "I AM Conscious". <u>Consciousness</u> is defining A ONE THING as "I AM Conscious". <u>Entity</u> as a <u>Thing</u> and <u>Thing</u> as an <u>Entity</u> is <u>circular</u>.

One is a <u>Thing</u> and a <u>Separated Thing</u> is <u>A Thing not-connected</u>.

Entity forming is the <u>repeating process</u> of the three-steps of "I AM" <u>BEcoming</u> Conscious with Consciousness.

- **1. First Step** is the <u>What (AM I) Question of this circled Thing</u>. "I AM Conscious" begins by what <u>A Thing</u> is as separated, <u>Hidden until NAMED from noThing</u>.
- **2. Second Step** is the *What (Who I AM) Exclaimed* inside the *circle* as *Self/Group*. The answer is the *Truth* of *Self/Groups* <u>consciousness</u> (separate from *Others*)
- **3. Third Step** is the *What (I AM) Period*. The reality of Self-Truth engaging/acting separately with Others' (Groups) self-Truth is <u>Conscious with Consciousness</u>.

This is Why "I AM Conscious" is known by relating stimulated stimulating circles.

Entity is Truth of Self/Group as "I AM".

FROM MY "<u>WHAT PERIOD</u>" Truth stimulating Others' <u>What Question</u> engaging as separate Entities <u>What Exclaimed Truth</u> inside made real as this <u>Things</u>' engaged <u>What Period Truth</u> is circles BEing Circles, NAMED noThing, from an outside Thing/noThing.

The forming <u>circles</u> of <u>repeating Self-Truth</u> is >>>What Question>>>What Exclaimed>>>What Period<<< stimulating/activating Other Things in Time. This is Common Reality as ubiquitous for all <u>Things</u> BEing an Entity's Truth.

Every<u>Thing's</u> Entity is <u>Common</u> by way of <u>How</u> "I AM Conscious" appearing as a What (AM I) Question, answered by its defined Self-Truth as What (Who I AM) Exclaimed inside, and made Real as a "I AM Conscious" as What (I AM) Period. Stimulating then Engaging outside separate "I AM" is a process of <u>Conscious</u> with <u>Consciousness</u>. How/Why is to BE "conscious" of I's (Groups) <u>consciousness</u>. Appear - BEcome visible

'Then', **Big Bang** is from **Now's first two "I AM Conscious" circles formed** as an object BEing <u>separated</u> from **Others' Thing** <u>in not-Now</u>. This is time/space/gravity formed separated as <u>A Thing appearing</u> in the (outside) <u>not-Now from Now</u>.

<u>Now</u> has <u>noThings</u> as every <u>Thing</u> not-separate. <u>Not-Now</u> is **NOW's** <u>NOT!</u>

Then - at the time in question Question - to give words meaning

LIGHT is the Moment noTHING BEcomes VISIBLE as a SEPARATED THING in not-Now! These NAMED "I AM Conscious" formed by a sound/energy/gravity is a Thing as a "Conscious". Thing is known by being seen Consciousness by Others.

Light - makes a Thing (Persons, Groups or Things) visible (as separate)

Visible - the physics of Light able to be seen (I AM Conscious with Consciousness)

See - discern (define) visually

<u>Light is the not-Light of Now appearing as IMagined-Now in the illusion of times/spaces in not-Now.</u> Light, on all levels, is How Science measures <u>A Thing</u> made of gravity attracted sound/energy. **A Thing** is **One Sound/Energy/Gravity**.

"I AM" Conscious with Consciousness is NOW observed in Not-Now.

This **separation** into **IMagined-Now** visibly in **not-Now's illusion** <u>then</u>, is the continuing progressions of time/space as "I AM Conscious" separate from Other's "I AM Conscious" as a <u>Person</u>, <u>Group</u>, or <u>Thing</u>.

This **Thing** is called "BEing Present" to each Other's Entity of Consciousness. Present - in a place, now Now - present time or moment

The Unity of <u>Conscious with Consciousness</u> is for "I AM Conscious" and Other's "I AM Conscious " to be entirely whole as One and Separate as not-One in Now and <u>not-Now</u>, both Forms.

<u>Unity</u> - make whole (from a separated <u>Persons</u>, <u>Groups</u>, or <u>Things</u>)

<u>Whole</u> - entire (<u>noThing</u> separated) <u>Both</u> - meaning two Things (Persons/Groups)

<u>Entire</u> - no part (formed a <u>Person</u>, <u>Group</u>, or <u>Thing</u>) left outside, whole

When everyThing of Now becomes a lighted object in not-Now, not-Now BEcomes Now with noThing defined separately. EveryThing has been BEing someThing by NAMING separate objects as A Thing defined as "I AM". Then, Now is to not-Now to Now in the repetition of a three-step "CIRCLE STORY" forming a Conscious with Consciousness to relate to BE KNOWN.

What if this <u>Thing/Group</u> is thirteen billions of years into multiple <u>repeats</u>? <u>Repeat</u> - some <u>Thing</u> again and again <u>Again</u> - another time once more

CONCLUSION

"I AM" <u>Conscious with Consciousness</u> is by using a circular defined word named THING.

<u>Thing</u> - an <u>object</u> that one <u>need not</u>, <u>cannot</u>, or <u>does not</u> give or have a <u>NAME</u>.

A Thing is NAMED "I AM Conscious".

A Thing can-cannot be "I AM Conscious" by defining a Thing from nothing. Fundamental of A Person, Group, or Thing is gravity circled sound and energy.

"I AM" Is A Person, Group, or Thing when <u>Conscious with Consciousness</u> is a lighted sound/energy by an attraction of forced gravity in not-Now stimulated by another "I AM", <u>Visibly</u>.

"I AM Conscious" is hidden by NAMING a <u>nothing</u> a <u>something</u>, which when united with everything is <u>The One Thing</u> "I AM Conscious" is seeking.

Using language to define then find who is Conscious with Consciousness has been elusive.

Elusive - difficult to *find*

The beginning is elusive (hidden) by asking the "What (AM I) Question" as "Who AM I" to 'Conscious?'. The Answer in the middle "What (Who I AM) Exclaimed" is by NAMING "I AM Conscious", Consciousness. When Visible in the end Story of "What (I AM) Period" is appearing as Reality, Truth.

"I AM" is Discovered/Seen in the visible stories, separate yet related, by "I AM".

"I AM" <u>Conscious with Consciousness</u> is the process circling story stimulating >>>What Question>What Exclaimed>What Period<<<.

"I AM" is Knowing A Thing is THE THING in the Unity of Conscious with Consciousness.

THE UNITY OF CONSCIOUS WITH CONSCIOUSNESS is WHAT AM I ?!. as "I AM"

With - another Person, Group, or Thing as I AM A Thing AS THE ONE THING.

The POINT of the What (AM I) Question is to discover THE ANSWER to

Who is Conscious with Consciousness?

"I AM" and <u>Conscious with Consciousness</u> is Now DISCOVERED/FOUND in <u>THE ANSWER</u>. <u>THE - ONE THING (PERSON or GROUP)</u> <u>ANSWER - A THING STATED (EXPERIENCED and COMMUNICATED)</u>

"THE ANSWER - Begin and End is NOW - IMagining an answer to WHAT NOW".

Living Inside Me and You

THE END

What Now?