

2. Abstinence Policy

ALL ALCOHOL, MARIJUANA, AND ILLICIT DRUGS ARE PROHIBITED

Due to the sometimes-overwhelming desire to use drugs or alcohol which accompany a substance use disorder, all in the house will commit themselves maintaining an environment free of substances and forms of behavior that are associated with an active substance use disorder. Furthermore, The Damascus Road Foundation (TDRF) policy is that all program members should participate in this process both individually and as a member of the household.

a. All program members must immediately act if they know of or suspect that another member is:

- Under the influence of drugs or alcohol
- In possession of drugs or alcohol
- In possession of paraphernalia associated with illicit drug use
- Associating with someone who is under the influence or dealing

As a measure of house safety and adherence to the peer led, social model, being a member of this community, it is the resident's responsibility to intervene.

b. The resident is to (in a loving, caring, and direct manner) request the resident in question to accompany them to talk with staff. Give the resident who may have experienced a return to use/recurrence an opportunity to bring their recurrence, or inappropriate contact to the attention of house leadership.

• Depending on the severity of the behavior, the appropriate setting to best assist the resident to resolve the behavior in the social model will be in the house accountability community meeting.

c. If the resident in question is unwilling to accept assistance, it is the responsibility of each resident in the peer-led, peer-driven, social model to inform staff of the recurrence/return to use, or the risky behavior.

d. When notified of the situation, staff will:

- Request the resident's participation in a drug screen/breathalyzer
- If the resident is unwilling to participate with this request, it may be appropriate to ask the resident to seek an alternative living arrangement. In this situation, staff will assist the resident with a plan, as outlined in Admissions Policy,

e. Recurrence/Return to Use:

- Staff will refer to your Relapse Policy/Backup Plan for further actions to be taken.

PROHIBITED ITEMS AND PROCEDURES FOR ASSOCIATED SEARCHES BY STAFF

The process of resident accountability and personal recovery ownership outlined in Prohibitions of Alcohol, Marijuana, and Illicit Drug Use is the same process to be followed if members of the house suspect that another resident has prohibited items in their possession.

First Name *

Last Name *

Date

Month *

Day *

Year *

Month

□

Day

□

Signature *

✕ Clear

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