

11. Medications & MAT Policy

Do not leave pill bottles or packages in plain view. Keep them locked in your safe. Please break down large bubble packs to fit in your safe.

Be sensitive to the fact that pills are a trigger for some individuals. Be discreet when you take your medications. Out of sight is best.

It is against house policy to self-diagnose (i.e., decide not to take certain medications anymore, increase or decrease dosage on your own). All changes in medications and dosages must be worked out with your prescribing physician.

Narcotic pain medications are not allowed in the house. In the event of an emergency (i.e., a trip to the ER or urgent care), notify staff immediately so that they can accompany you to your appointment.

All changes in medications must be reported immediately to staff, so they can update your records.

Policy on Injection Device Management

Syringes must be kept locked in personal safes. Injection pens may be kept in purses or drawers, out of sight.

Injections should be performed in the bathroom, out of sight of others.

Pens, caps, and testing strips must be disposed of in a dedicated medical container labeled “medical waste.” When the container is full, staff will dispose of the container at a designated site.

Syringes must be disposed of in an approved “sharps” container that cannot be opened. When the container is full, staff will dispose of the container at a designated site.

After pricking fingers to test blood sugar, wash hands thoroughly with soap and water.

Policy on Medication Assisted Treatment

The Damascus Road Foundation (TDRF) supports medication-assisted treatment. To provide a safe environment for everyone, the following rules apply to MAT patients:

Program participants must sign a release of information with all medical providers. TDRF staff may contact providers with questions or to discuss any changes in treatment.

Misuse of medications (altering your dosage, providing strips to other individuals) is cause for termination of residency. Carelessness with strips may also be grounds for dismissal (strips misplaced, lost, forgotten, not kept secure, etc.).

Like all medications, program participants must notify staff of all changes in treatment regimen or dosage.

Staff reserves the right to inspect program participant spaces to confirm proper usage and storage.

I agree to the above rules regarding my medically assisted treatment program. I give permission for TDRF staff to contact my medical provider. I understand that misuse or carelessness constitutes grounds for dismissal from TDRF housing.

First Name *

Last Name *

Date

Month *

Day *

Year *

Month

Day

Signature *

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Clear

Sign above