

BREAKFAST | BRUNCH

REFINE
FAVOURITE

Ellonies Full English - £14.95

A generous take on the classic. Two free-range eggs, crispy bacon rashers, pork sausages, golden hash browns, Baked beans, roasted tomato, sautéed button mushrooms, toast and butter. Allergens: E, G, D (GF Available on request)

Ellonies Full Vegetarian - £14.95 GF, V

A hearty vegetarian breakfast with two free-range eggs, plant-based sausages, wilted spinach, golden hash browns, Baked beans, roasted tomato, sautéed mushrooms, toast and butter. Allergens: E, G, D (GF Available on request)

The Lighter English - £9.95

A smaller classic featuring a free-range egg, pork sausage, bacon rasher, roasted tomato or baked beans, toast and butter. Allergens: E, G, D (GF Available on request)

The Lighter Vegetarian - £9.95 V

A balanced, lighter option with one free-range egg, grilled halloumi, a golden hash brown, roasted tomato or baked beans, sautéed mushrooms, toast and butter. Allergens: E, D (GF Available on request)

*Feeling extra hungry? Why not add an extra sausage, extra bacon or an extra egg to make your dish your own...
See the extras section*

Breakfast Bruschetta - £10.95

Poached free-range eggs served on toasted sourdough, topped with fresh tomato salsa, a drizzle of olive oil, fragrant herbs, and finished with balsamic glaze. Allergens: E, G (GF Available on request)

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Eggs Shakshuka - £10.95

Free-range poached eggs a rich, spiced tomato and pepper sauce with onions and fresh herbs, served with warm sourdough for dipping. Allergens: E, G (GF Available on request)

Smashed Avocado & Eggs - £10.95

Creamy smashed avocado on toasted sourdough, topped with perfectly poached free-range eggs, a touch of seasoning, and fresh herbs. Allergens: E, G (GF Available on request)

Eggs Benedict - £12.95

Poached free-range eggs served on a toasted bagel with Parma ham, finished with rich hollandaise sauce. Allergens: E, G, D (GF Available on request)

Eggs Florentine - £11.95 V

Poached free-range eggs on a toasted bagel with wilted spinach, topped with rich hollandaise sauce. Allergens: E, G, D (GF Available on request)

Eggs Royale - £13.95

Poached free-range eggs on a toasted bagel with smoked salmon, finished with rich hollandaise sauce. Allergens: E, G, D, F (GF Available on request)

KIDS MENU

Beans on Toast - £3.95 V

Baked beans served on buttered toast. Allergens: G, D

Fried Eggs on Toast - £4.95 V

Free-range fried eggs served on buttered toast. Allergens: E, G, D

Scrambled Eggs on Toast - £4.95 V

Soft scrambled eggs served on buttered toast. Allergens: E, G, D

Cheese on Toast - £4.50 V

Melted cheese on toasted bread. Allergens: G, D

Sausage, Beans & Chips - £5.95 GF

A simple favourite with sausage, baked beans, and golden chips.

Chicken Nuggets & Chips - £6.50

Crispy chicken nuggets served with chips. Allergens: G

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Kids Breakfast - £5.95

A smaller breakfast with a free-range egg, sausage, bacon, baked beans, toast and butter. Allergens: E, G, D

Veggie Kids Breakfast - £5.95 V

A smaller vegetarian breakfast with a free-range egg, vegetarian sausage, baked beans, toast and butter. Allergens: E, G, D

Yoghurt & Fruit - £3.95 V

Greek yoghurt served with fresh fruit and a drizzle of honey. Allergens: D

Veggie Snack Pot - £4.50 V

Carrot sticks, cucumber, and breadsticks. Allergens: G

*Add a small juice or milk to any meal
for only £3*

SMOOTHIES

ReStart

Banana, oats, cinnamon, almond milk, and flaxseed. Slow-releasing energy to keep you fuelled and focused. Allergens: G, N

REFINE
FAVOURITE

ReShine

Papaya, carrot, orange, collagen, and coconut milk. A refreshing blend designed to support healthy, glowing skin. Allergens: N

ReFresh

Green apple, cucumber, mint, lemon, coconut water. A crisp blend to hydrate and awaken No Allergens

ReEnergise

Mango, orange, turmeric, Greek yoghurt, and chia seeds. A revitalising blend to boost energy and keep you going. Allergens: D



Ellonies

REFINE & DINE

DAY MENU



Spicy Eggs - £10.95

Soft scrambled free-range eggs with a gentle kick of chilli and sriracha, enriched with a touch of cream, topped with crispy onions, and served on toasted sourdough.

Allergens: E, G, D (GF Available on request)

Greek Yoghurt & Granola - £8.95 V

Creamy Greek yoghurt served with crunchy granola, berry compote, and a drizzle of honey. Allergens: D, G, N

Basket of Mixed Toast - £5.95 V

A selection of toasted breads served with butter and a choice of honey, jam, or marmalade. Allergens: G, D (GF Available on request)

Locally Baked Pastries - £4.00 V

A daily selection of freshly baked pastries sourced from local bakeries. Allergens: G, D

LIGHT BITES

Beans on Toast - £5.95 V

Baked beans served on buttered toast. Allergens: G, D
(GF Available on request) Add Cheese for £1.50 to refine it even more

Fried Eggs on Toast - £6.95 V

Free-range fried eggs served on buttered toast. Allergens: E, G, D (GF Available on request)

Scrambled Eggs on Toast - £6.95 V

Soft scrambled free-range eggs on buttered toast. Allergens: E, G, D (GF Available on request)

Cheese on Toast - £6.95 V

Melted cheese on toasted bread, finished with a touch of Worcestershire sauce. Allergens: G, D (GF Available on request)

Toasted Sausage Sandwich - £6.95

Classic sausage sandwich on toasted bread with your choice of sauce. Allergens: G (GF Available on request)

Toasted Bacon Sandwich - £6.95

Crispy bacon rashers served in toasted bread with your choice of sauce. Allergens: G (GF Available on request)

Make it a little more filling - add a side of Golden Hash Browns for £2.50

Allergen Key

E = Eggs

G = Gluten

D = Dairy

N = Nuts

F = Fish

S = Shellfish

SE = Sesame

Please inform your server of any allergies or dietary requirements before ordering... We cannot guarantee the absence of allergens. There will be a £1.50 surcharge for gluten-free alternatives

BAGELS & WRAPS



The Breakfast Bagel - £12.50

A toasted bagel filled with bacon, sausage, a free-range egg, melted cheese, and a golden hash brown. Finished with your choice of sauce. Allergens: G, E, D

The Veggie Bagel - £12.50 V

Toasted bagel filled with smashed avocado, fresh spinach, grilled halloumi, and a drizzle of hot honey. Allergens: G, D

Smoked Salmon Bagel - £13.50

A toasted bagel layered with smoked salmon and smooth cream cheese. Allergens: G, D, F

The Pig Bagel - £15.95

Toasted bagel filled with tender pulled pork, pickled cabbage, crispy onions, and smoky BBQ sauce. Allergens: G

Build it your way - add bacon, halloumi, avocado to any bagel

Breakfast Wrap - £9.95

Scrambled eggs with sausage, bacon, hash browns, and melted cheese, wrapped in a soft tortilla. Allergens: E, G, D

Chicken Caesar Wrap - £9.95

Grilled chicken with crisp lettuce, Parmesan, and Caesar dressing, wrapped in a soft tortilla. Allergens: G, D, E

Halloumi Wrap - £8.95 V

Grilled halloumi with fresh lettuce, fresh peppers, and sweet chilli sauce in a soft tortilla. Allergens: G, D

Katsu Chicken Wrap - £9.95

Crispy chicken with lettuce, katsu sauce, and crispy onions, wrapped in a soft tortilla. Allergens: G, E

Perfectly paired with fries for an extra £3.95 or coleslaw for £2.50

BOWLS



Chicken Caesar Salad - £16.95

Crisp romaine lettuce with grilled chicken, shaved Parmesan, crunchy croutons, and Parma ham, all tossed in a classic Caesar dressing. Allergens: G, D, E

King Prawn Bowl - £16.85 GF

Succulent king prawns served over brown rice with pickled cucumber, fresh spinach, sesame seeds, and herbs, finished with a light glaze. Allergens: S, SE

Katsu Chicken Bowl - £16.00 GF

Crispy crumbed chicken served with brown rice, pickled cabbage, peppery rocket, and crispy onions, drizzled with rich katsu sauce. Allergens: E

BURGERS

(GF Available on request)

The Chicken Burger - £12.95

Crispy chicken in a toasted bun with lettuce and tomato. *Add your extras below.* Served with fries. Allergens: G, E

The Beef Burger - £13.95

Beef patty in a toasted bun with lettuce and tomato. *Add your extras below.* Served with fries. Allergens: G



MAKE YOUR BURGER YOUR OWN:

Add American Cheese £1.50 Allergens: D

Add Fried Egg £1.25 Allergens: E

Add BBQ Pulled Pork £4.50

Add Crispy Onions £1.50 Allergens: G

Add Pickled Cucumber £1.50

LOADED FRIES

Bacon & Cheese - £9.95 GF

Golden Fries topped with crispy bacon, melted cheese, and house sauce. Allergens: D

BBQ Pulled Pork - £9.95 GF

Golden Fries topped with pulled pork, BBQ sauce, and crispy onions.

Avocado & Salsa - £9.95 GF, V

Golden Fries topped with smashed avocado, fresh tomato salsa, and chives.

FRENCH TOAST

French Toast with Nutella & Strawberry - £9.95 V

Golden French toast topped with Nutella, fresh strawberries, and a dusting of icing sugar. Allergens: G, D, E, N



French Toast with Bacon, Maple Syrup and Fruit - £10.95

French toast served with bacon, seasoned fruit, maple syrup, and a touch of butter. Allergens: G, D, E

French Toast with Berries & Yoghurt - £8.95 V

French toast served with berry compote, creamy Greek yoghurt, and fresh fruit. Allergens: G, D, E

ADD A LITTLE EXTRA...

Smoked Back Bacon - £2.50

American Cheese - £1.50

Halloumi - £2.50

BBQ Pulled Pork - £4.50

Smoked Salmon - £4.50

Grilled Chicken Breast - £5.00

Hash Browns - £2.50

Pot of Baked Beans - £1.00

Pickled Cucumber - £1.50

Smashed Avocado - £2.50

Garlic Button Mushrooms - £2.50

Extra Egg - £1.25

Pot of Coleslaw - £2.50

Fries - £3.95

Smoked Paprika Tortilla Chips - £3.50

Mixed Green Salad - £2.00

Cumberland Sausage - £3.50

Crispy Onions - £1.50