

Main Gym June Event Schedule						See our NEW PROCEDURES and REQUIRED HEALTH CHECK.		
Time	Monday	Tues	Wed	Thurs	Fri	Wknd Time	Sat	Sun
7:30am-9am RESERVATION REQUIRED	Early Care	Early Care	Early Care	Early Care	Early Care	9:00am-10:00am	Private	Private
8:45am-4pm	Ninja Day Camp	Ninja Day Camp	Ninja Day Camp	Ninja Day Camp	Ninja Day Camp	1:00pm-3:00pm	Party/Private	Party/Private
9:00am-12pm	AM Ninja Camp	AM Ninja Camp	AM Ninja Camp	AM Ninja Camp	AM Ninja Camp	3:30pm-5:30pm	Party/Private	Party/Private
10am-12:30pm	Ninja Open Training	Ninja Open Training	Ninja Open Training	Intro to Ninja			If a party slot is not currently booked, we can modify the time slot to offer private training for small groups or families who desire to use the gym exclusively for their group to minimize risk.	
1pm-4pm	PM Ninja Camp	PM Ninja Camp	PM Ninja Camp	PM Ninja Camp	PM Ninja Camp			
2-4:30pm	Ninja Open Training	Intro to Ninja	Ninja Open Training	Ninja Open Training				
4:30pm-5:30pm	Family Open Gym	Mini Ninja Workout	Tiny Ninja Workout	Mini Ninja Workout	Family Open Gym			
5pm-9pm	Ninja Open Training	Ninja Open Training 7:30-9 No Mask	Ninja Open Training	Ninja Open Training 7:30-9 No Mask	Ninja Open Training *ENDS at 8pm			
6:00pm-7:00pm	Mini Ninja Workout	Team KNW 6-7:30	Mini Ninja Workout	Mini Ninja Workout	5:30-8pm Intro to Ninja			
7:15pm-8:15pm	Team KNW 7-8:30	Jr Ninja Workout	Jr Ninja Workout	Mixed Ninja No Mask				
7:30pm-9pm		Team KNW No Mask		Team KNW No Mask	Tricking 7-9pm			
Color Key								
Ninja Day Camp								
AM Ninja Camp								
PM Ninja Camp	KYA/KNW will be operating by APPOINTMENT ONLY as we reopen during the pandemic. Do not come without an appointment.							
Ninja Open Training								
Intro to Ninja	For appointments call 410-676-0021, email paula@kineticyouthacademy.com, or use our client portal www.kineticninja warrior.com							
Family Open Gym								
Tiny Ninja Workout	Credits from Spring 2020 session may be applied as payment for Summer 2020 programs.							
Mini Ninja Workout								
Jr Ninja Workout	ALL participants MUST pass a KYA/KNW Health Check PRIOR to entering our facility.							
Team KNW Youth								
Team KNW Sr								
Tricking	Looking for a workout time with an accommodation for athletes who aren't able to wear a mask? Thurs 7:15pm-9pm is specifically designated as "no mask required" for athletes who either can't, or prefer not, to wear a mask during workouts at KYA/KNW. All other times MASKS ARE REQUIRED for ages 6yrs+ to prevent the spread of the novel corona virus from asymptomatic people who don't realize they're spreading the virus. Masks are RECOMMENDED BUT NOT REQUIRED for ages 3-5 yrs, under 2 yrs aren't recommended to wear masks.							