

**10 Keys to**

*Live Your Legacy.  
Leave a Legacy.*

Master Class by

**ANDRE HANNEMANN HARRIS**

President, Culture Transformation Resources





*If you're going to live, leave a legacy.  
Make a mark on the world that can't be erased.*

**Maya Angelou**





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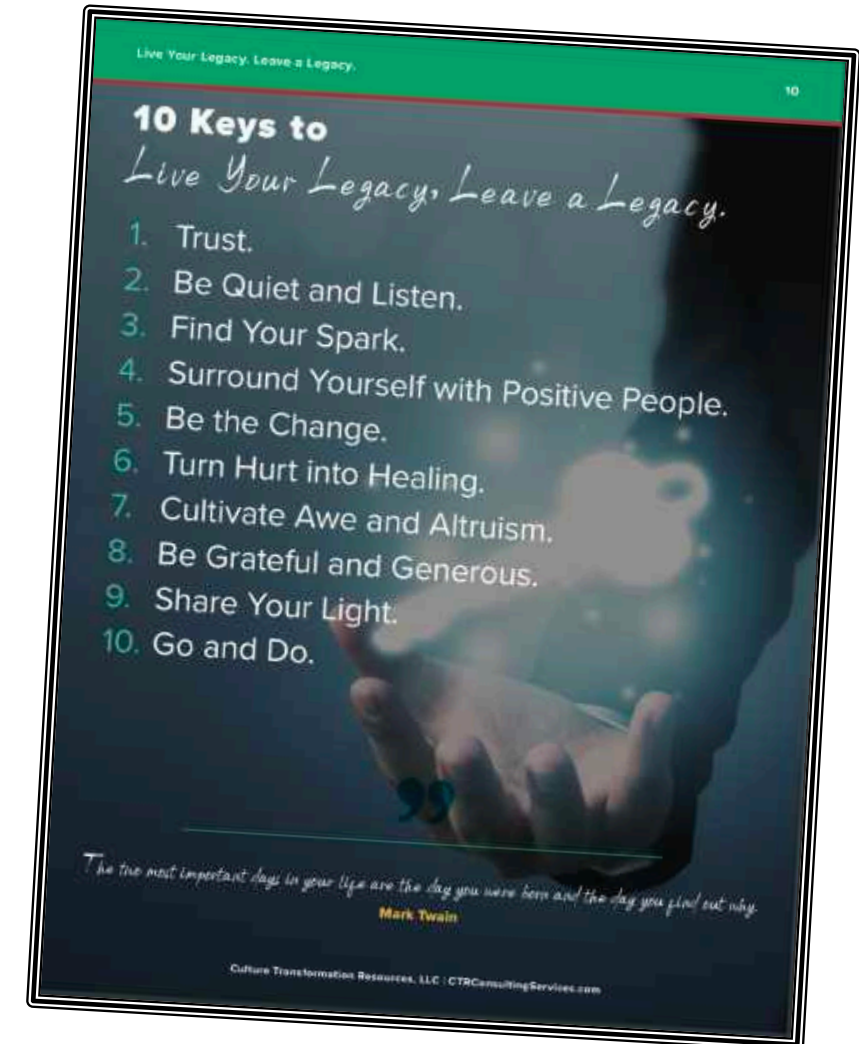
**Maya Angelou**

# Connect with me for a **COMPLIMENTARY** Workbook!

**ANDRE HARRIS**

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# Start With Intention

# Start with Intention

Workbook Page 2



## *Start With Intention*

### **Pre-Workshop Exercise**

Write down and set your positive intentions here. What are your intentions for joining this workshop? What do you hope to achieve and take away?

A large, empty rectangular box with a light blue background, intended for participants to write down their positive intentions for the workshop.

”

*Set a goal worthy of your life. Imagine the very best you.  
Think big. Write it down. Start Today.*

**André Harris**

# Overview

- The Power of Your Legacy
- Rules of Engagement
- Defining Purpose
- Plan Your Retirement Party
- What Matters Most?
- 10 Keys to Live Your Legacy, Leave a Legacy.
- Your Legacy Statement
- Draft Your Why, Your Legacy
- My Key Actions
- The Journey Begins

# The Power of Your Legacy

- You will have a personal roadmap for your life and legacy.
- Your life will become a joyful expression of your unique brilliance.
- You will be able to focus more, knowing where you are heading in life.
- You will be able to prioritize what is important and aligned with your legacy.
- You will manage your time, talents and resources better with an understanding of who you are and why you are here.
- You will deepen important relationships and find new relationships that support and align with your mission and values.
- You will be more resilient, knowing setbacks are learning opportunities not failures.
- You will find meaningful work that becomes a calling for something greater, including a greater you.

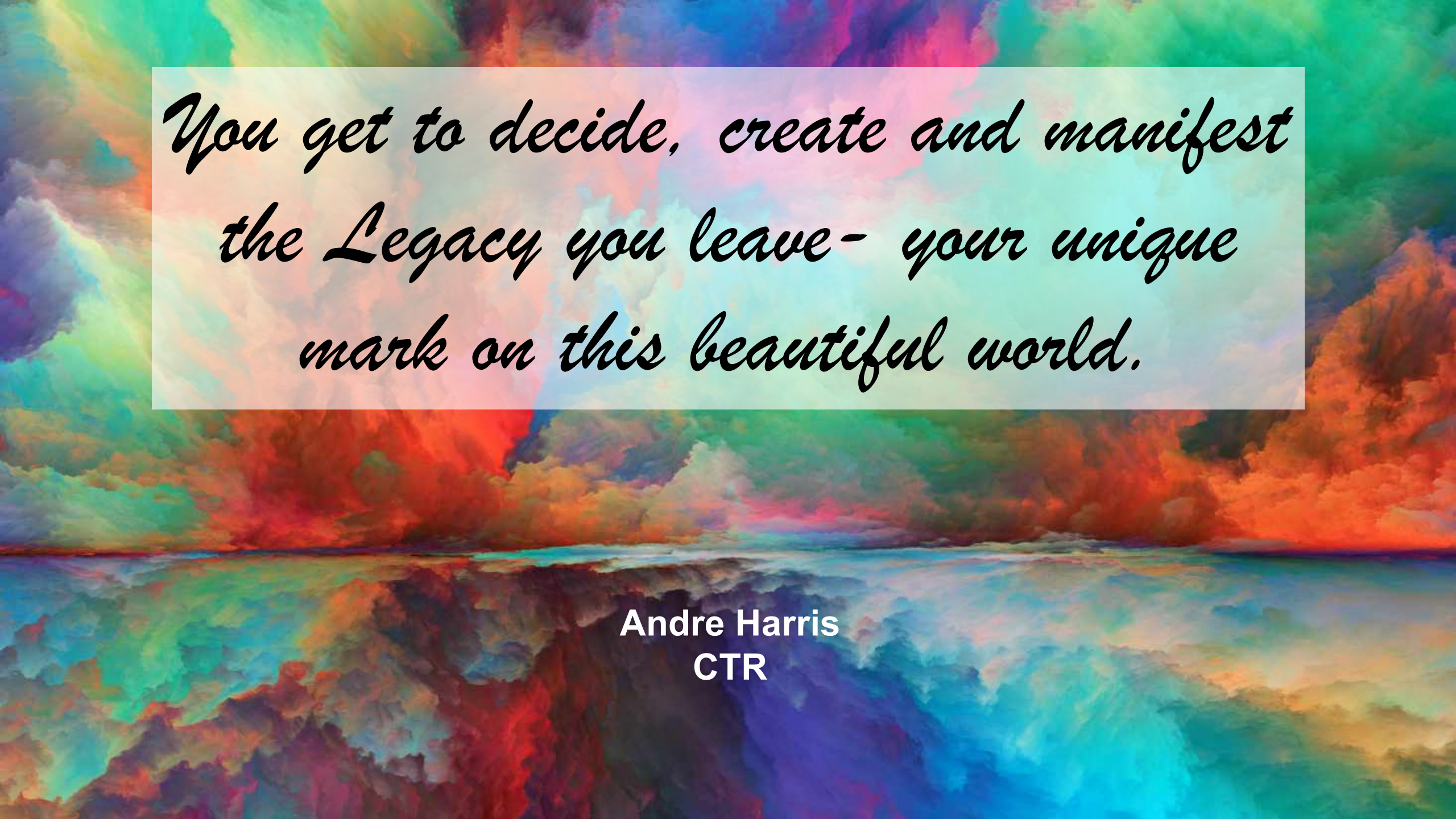


# Workshop Rules of Engagement

- Be here, be present, fully engage.
- Embrace the idea that the more you give, the more you will receive.
- Be authentic. Keep it real.
- Be willing to be vulnerable and imperfect.
- Set your own limits.
- Circle of Trust. No sharing personal information outside of this group. Everything said in this workshop stays here.
- Share the stage. Be self-aware of your time on stage. Pass the baton.
- Let your Light shine and Let others shine

# Shifting Gears – You Time

- Disconnect from technology and sources of speed.
- Be comfortable.
- Be honest with yourself. Speak your truth.
- Celebrate what's working in your life.
- Commit to learning and applying at least one thing that will significantly improve your life.
- Have fun!



*You get to decide, create and manifest  
the Legacy you leave- your unique  
mark on this beautiful world.*

**Andre Harris**  
**CTR**

# Defining Purpose

Objectives

Why is it important?



# THOUGHT STARTER



# ACTIVITY: 10 – 20 MINUTES



# Plan Your Retirement Party



# Plan Your Retirement Party



## *Plan Your Retirement Party*

- What will people say about you at your retirement party? About your character and contributions?

- How did you impact their lives? The world around you?

- What are your greatest achievements?





# Plan Your Retirement Party



**1. What will people say about you? Your Character? Your Contributions?**

# Plan Your Retirement Party



**2. How did you IMPACT  
their Lives and the  
World around you?**

# Plan Your Retirement Party



## 3. What are your Greatest Achievements?

# What Matters Most?



# What Matters Most?



## *What Matters Most?*

Complete this questionnaire to help you discover your Legacy.

1. Who and what matters most to you in life?

2. What are you good at and what are your strengths?

3. What motivates you?

4. What would you do if money were no object?

5. Who do you most admire from a historical perspective and why?

6. What are your deepest Values?

7. How would you define success in your Life?

8. If you could solve a world problem, what would it be?

9. What would your dream job be if you didn't "need" to work?

# 10 KEYS

## *to Live Your Legacy*

1. Trust.
2. Be Quiet and Listen.
3. Find Your Spark.
4. Surround Yourself with Positive People.
5. Be the Change.
6. Turn Hurt into Healing.
7. Cultivate Awe and Altruism.
8. Be Grateful and Generous.
9. Share Your Light.
10. Go and Do.



# 1. TRUST

*Live Your Legacy. Leave a Legacy.*

# Trust

- Trust that you really do have a higher purpose and a legacy to live and leave.
- Take a leap of faith.
- Ask for help.
- Look within for the answers.



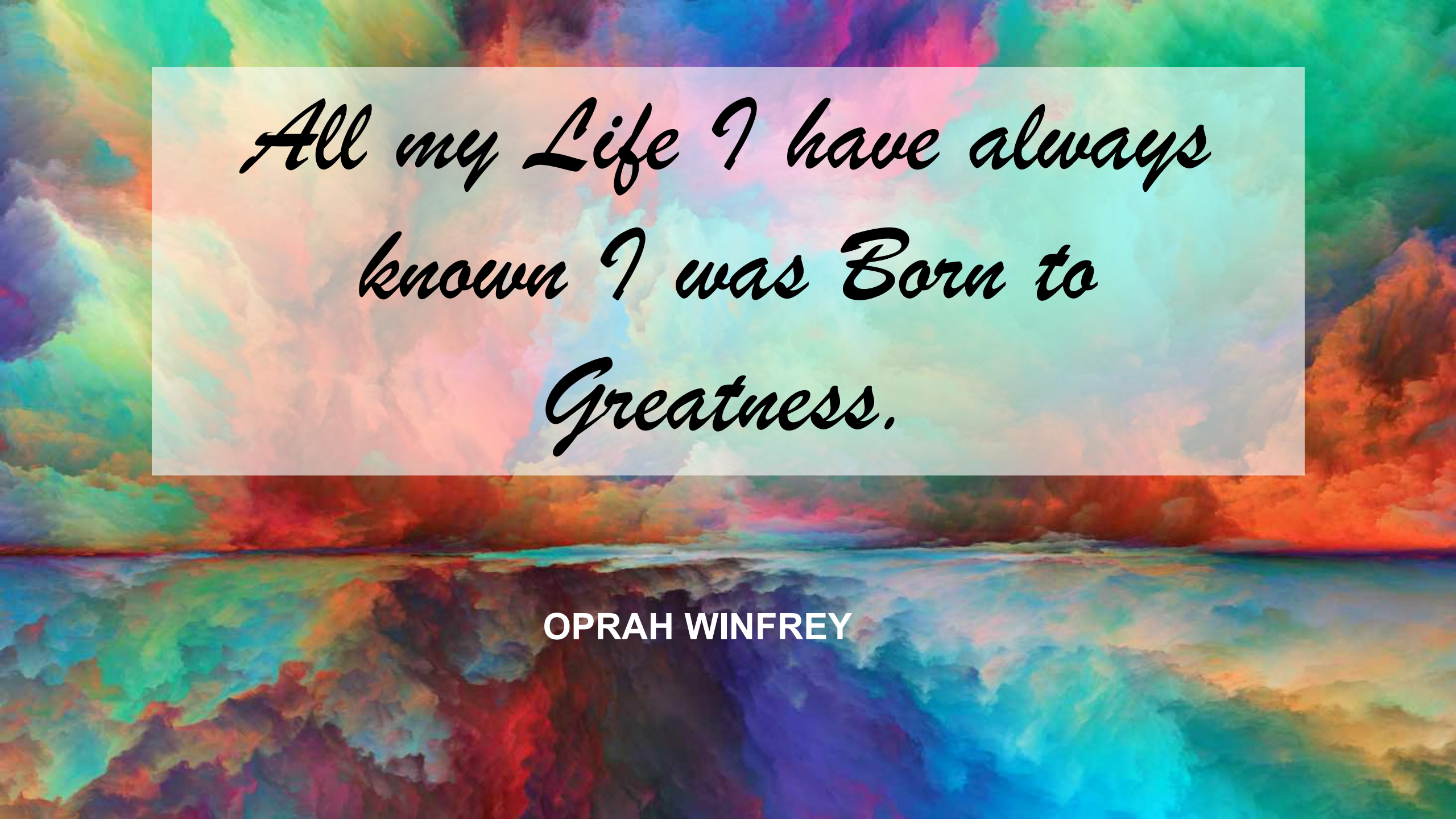
**YOU HAVE A HIGHER  
PURPOSE.**



*Legacy.*

*Live & Leave*





*All my Life I have always  
known I was Born to  
Greatness.*

**OPRAH WINFREY**



1

**TRUST**



**TAKE A LEAP OF FAITH**





1

TRUST



ASK FOR  
HELP!



1

TRUST



**LOOK WITHIN  
FOR  
ANSWERS.**



*Everything You Need,  
You Already Have.*

CTR



*What's Your Legacy?*

Your Why?

Your Life Purpose or Mission?

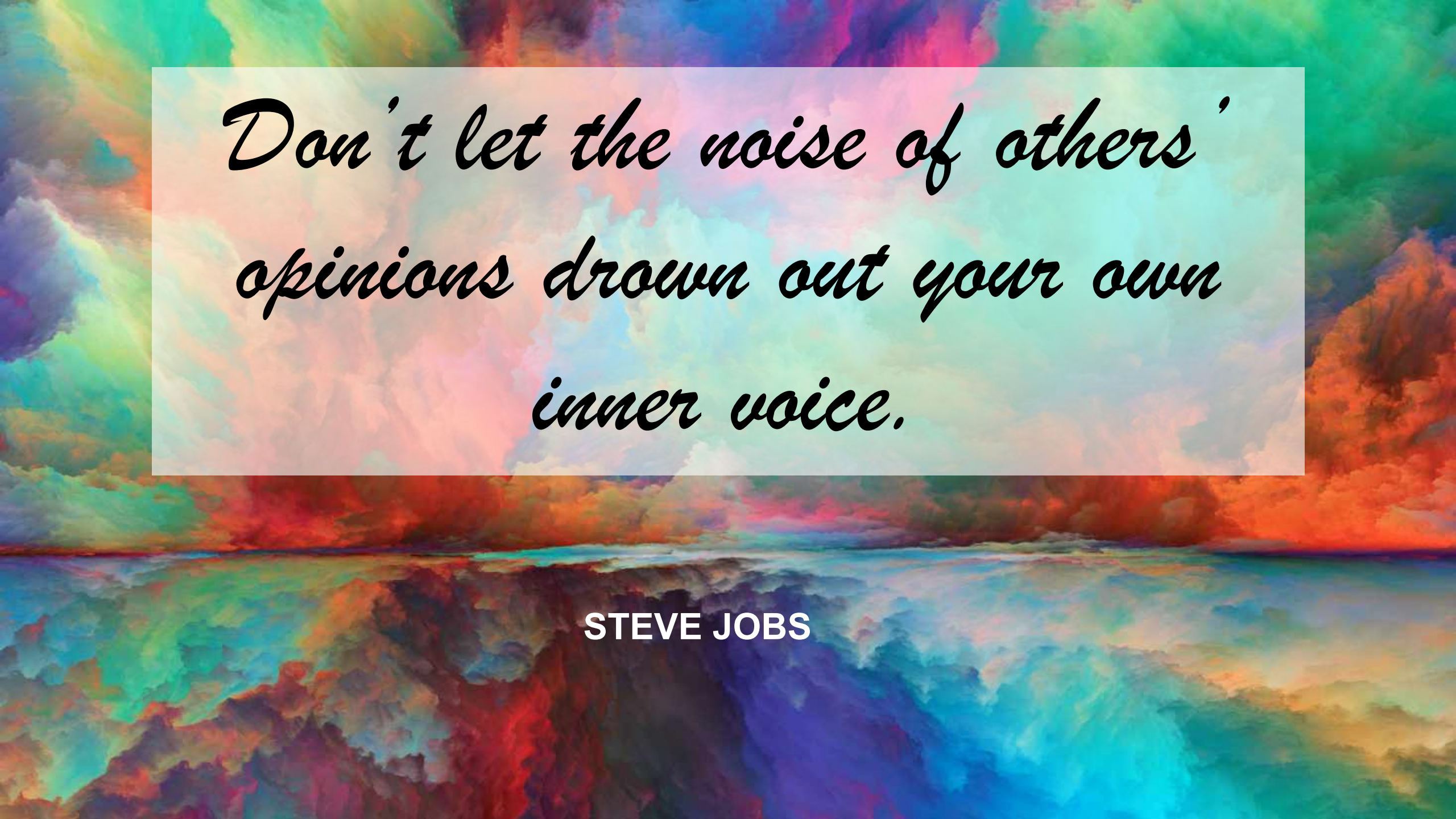


## Be Quiet and Listen

- Listen to your inner knowing or that still small voice.
- Do a little soul-searching.
- Get quiet and still. Meditate.
- Get out of your head and into your heart.



2

A vibrant, multi-colored landscape painting. The sky is filled with swirling, multi-colored clouds in shades of blue, green, yellow, orange, and red. Below the sky, a body of water reflects these colors, creating a shimmering, rainbow-like effect. The overall composition is dynamic and colorful.

*Don't let the noise of others'  
opinions drown out your own  
inner voice.*

**STEVE JOBS**

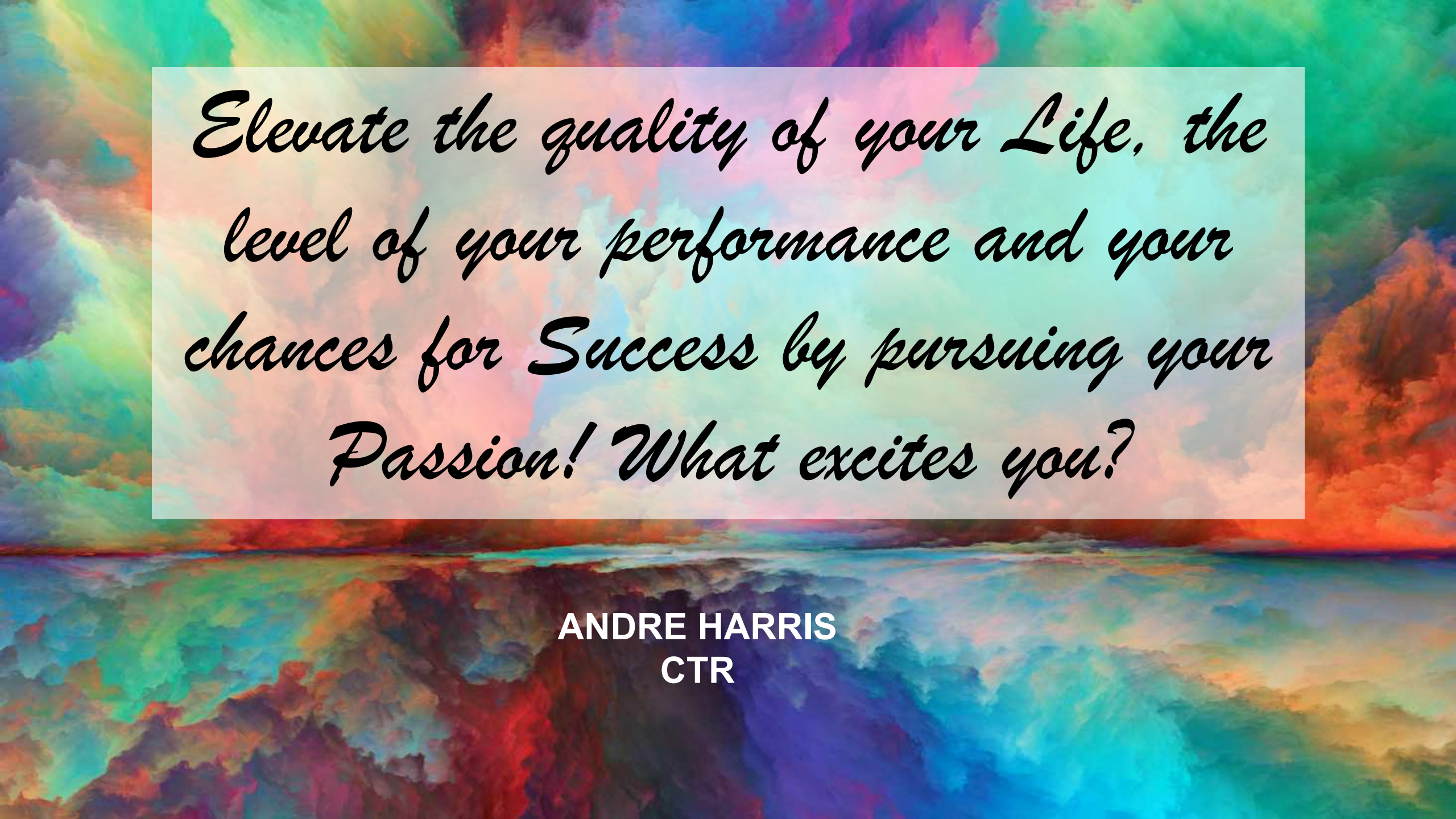


## Find Your Spark.



3

- Honor your passions and what you really love to do.
- Brainstorm how you can turn your passion into something meaningful to you.
- Move away from what exhausts and drains you.
- Say no to work, projects, activities and people that do not bring you joy.
- Redraw your boundaries.
- Find your light. Spark it. Ignite it. Let your light shine.



*Elevate the quality of your Life, the  
level of your performance and your  
chances for Success by pursuing your  
Passion! What excites you?*

**ANDRE HARRIS**  
**CTR**



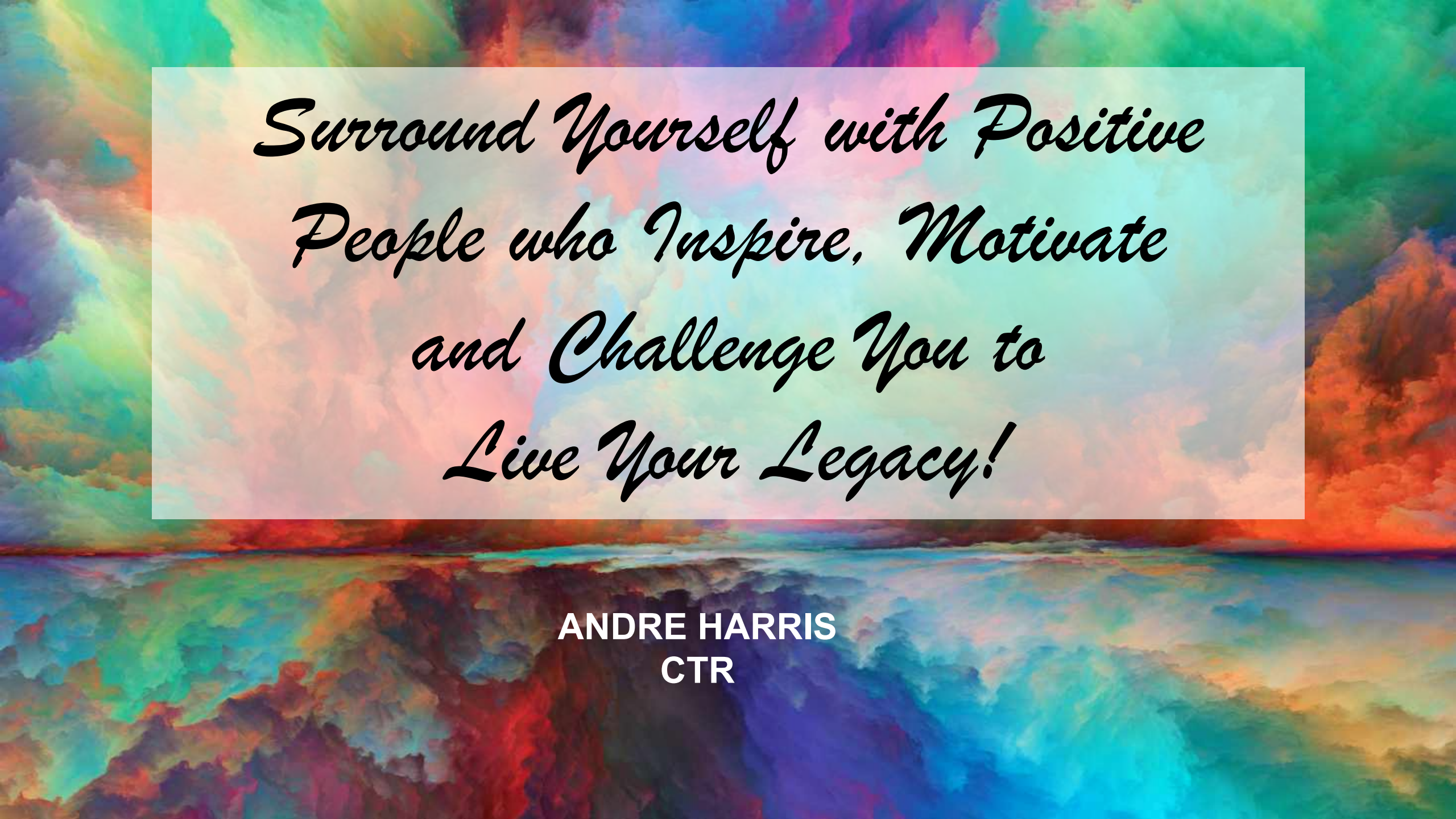
# Surround Yourself With Positive People

36



4

- You are the company you keep.
- Draw inspiration from others.
- Re-evaluate your inner circle.
- Remember, you are the average of the five people you spend the most time with.



*Surround Yourself with Positive  
People who Inspire, Motivate  
and Challenge You to  
Live Your Legacy!*

**ANDRE HARRIS  
CTR**

# Be the Change

- Consider injustices that bother you.
- Find something more than a pet cause. Find your passion project.
- Take a stand.
- Think about where and how you can contribute your voice and influence.
- Donate your time, talents and resources to make a positive impact in the world.
- Be creative in how you can support and lead change.







*Be the Change You Wish to  
See in this World.*

Gandhi

# Turn Hurt Into Healing

6

- Our Legacy can be born out of pain and suffering, either our own experience or others' around us.
- Be a light for others.
- Ask: why did this happen for me, instead of why did this happen to me?
- Identify how you can channel the hurt and pain into healing.
- Share your light of hope.



A vibrant, multi-colored sunset or sunrise over a body of water. The sky is filled with thick, textured clouds in shades of red, orange, yellow, green, and blue. The water below reflects these colors, creating a shimmering, multi-hued surface. A semi-transparent white rectangular box is centered in the upper half of the image, containing the text.

*Only in the Darkness can  
You see the Stars.*

**Dr. Martin Luther King, Jr.**

# Cultivate Awe and Altruism

- Lose yourself in the service of others.
- The experience of awe makes us feel connected to something larger than ourselves.
- Awe can provide the emotional foundation for a sense of purpose in
  - creating your Legacy.
- Let go of ego and self.
- Find joy in service and human kindness.







*The best way to find  
Yourself is to Lose Yourself  
in the Service of Others.*

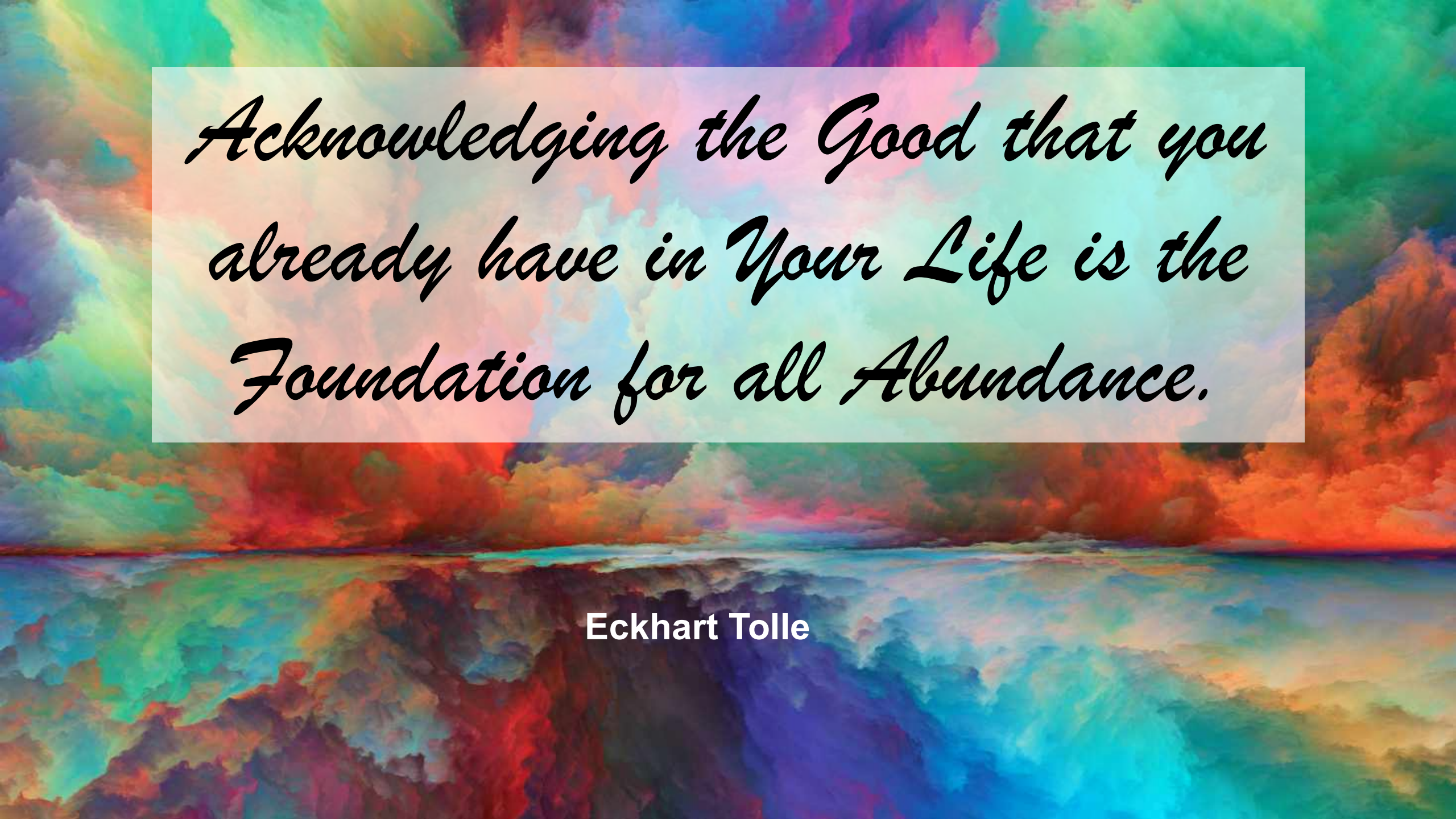
Gandhi

# Be Grateful and Generous

- Be Grateful and Generous.
- Count your blessings. Name them one by one, every day.
- Grateful children and adults are much more likely to try to contribute to the world beyond themselves.
- Be generous.
- Donate your time and resources to help others in the spirit
- of paying it forward.





A vibrant, multi-colored landscape painting. The sky is filled with swirling, multi-colored clouds in shades of red, orange, yellow, green, blue, and purple. Below the sky, a body of water reflects the colors, and the foreground shows a dark, rocky or mountainous terrain. The overall effect is one of intense, colorful energy.

*Acknowledging the Good that you  
already have in Your Life is the  
Foundation for all Abundance.*

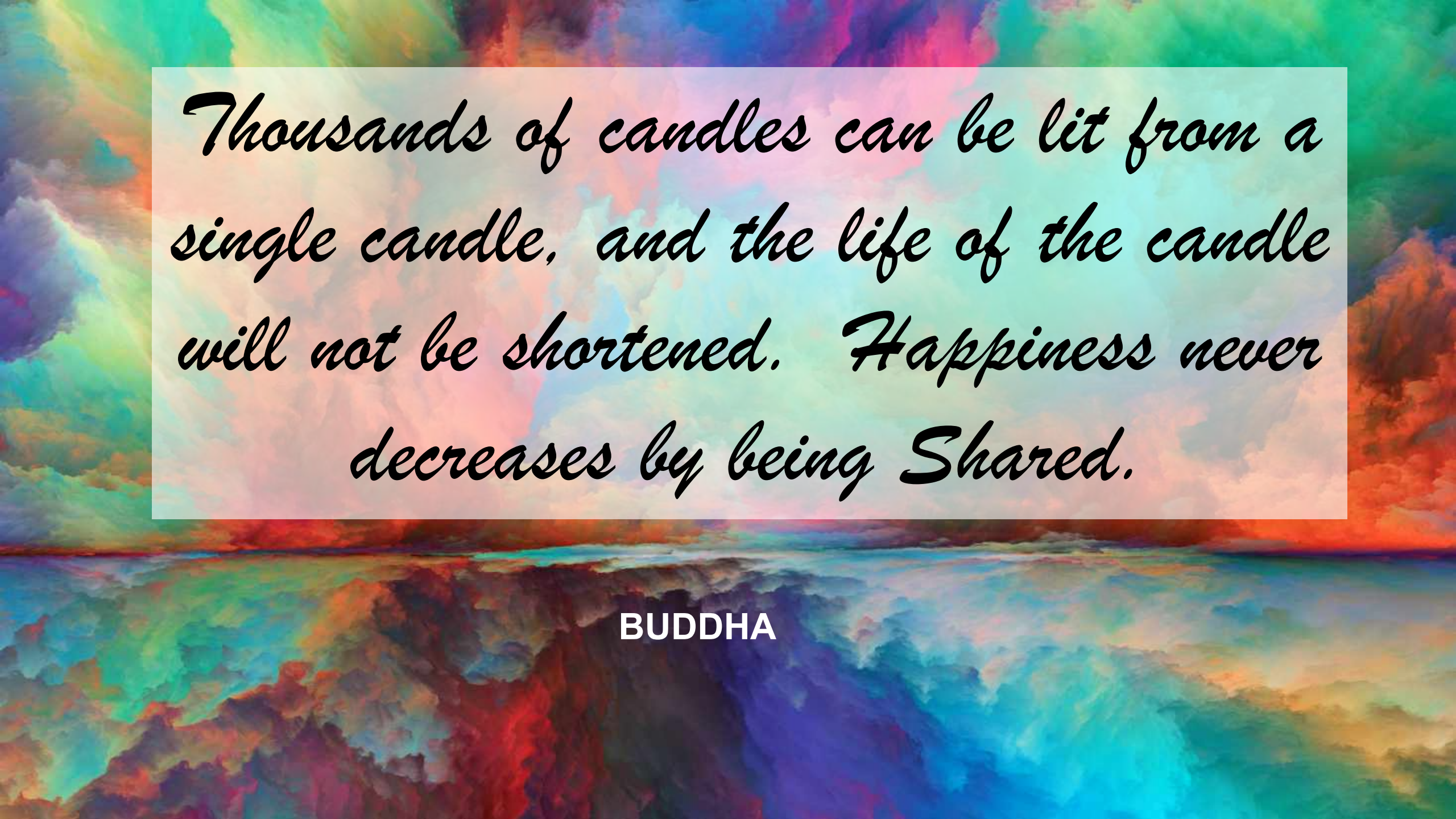
**Eckhart Tolle**

# Share Your Light

- Articulate your Legacy. Write it down.
- Tell your story. Share it with someone. Or everyone.
- Commit to making a difference in the world every day.







*Thousands of candles can be lit from a single candle, and the life of the candle will not be shortened. Happiness never decreases by being Shared.*

**BUDDHA**



## Go and Do



10

- Start today. Don't wait for the perfect plan to get started.
- Keep it simple so you can feel some progress and satisfaction to keep going.
- Set goals.
- Mindfully select one action every day that will help you Live Your Legacy.
- Commit to honoring your legacy as best you can.
- Once you start taking inspired action, notice how it feels.
- Find an accountability partner, a community, your tribe.

A vibrant, multi-colored sunset or sunrise over a body of water. The sky is filled with thick, textured clouds in shades of red, orange, yellow, green, and blue. The water below reflects these colors, creating a shimmering, multi-hued surface. A semi-transparent white rectangular box is centered in the upper half of the image, containing a quote in a black, cursive font.

*The path to Success is to take  
massive, determined actions.*

**TONY ROBBINS**

# Your Legacy Statement

- Your contribution
- Your Impact



# Draft Your Why, Your Legacy

- To:
- Contribution, Cause or Service
- So that:
- Impact

*Be known for who you are, the influence you have,  
and the differences you make. Leave a legacy.*

**Jacque Georgia**

# My Key Actions.

- Positive Affirmation
- I am aligned with my mission in life. I am perfectly aligned with my higher purpose. I always listen to my inner voice. I let myself be drawn by my life purpose — my Legacy.



# The Journey Begins – Your Accountability Checklist

Next  
**48**  
Hours

Next  
**7**  
Days

Next  
**21**  
Days

**START**







*Be the change you wish to see  
in the world.*

**Ghandi**





*Connect With Me*  
**ANDRE  
HANNEMANN HARRIS**



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**#CTR • #LiveYourLegacy • #LeaveALegacy**  
**#FindTheOne • #BeTheChange**



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