



BENCHMARK
FIRE SAFETY & TRAINING SPECIALISTS

Workplace **Fire** Safety Training

Overview

Version April 2022



Introduction

This training has been developed to meet all relevant topics relating to fire safety in the workplace. We train the delegates to understand a range of subjects from applicable legislation through to the management of fire safety risks within a working environment. This course will support your fire risk assessment in providing suitable and adequate training for all employees when first employed or as a yearly refresher.



Duration : 3 Hours



Maximum Size : 12

Modules

Module 1

➤ Legislation

- 1.1 Fire Safety Legislation
- 1.2 Health & Safety At Work Act 1974
- 1.3 Regulatory Reform (Fire Safety) Order 2005

Module 2

➤ Understanding Fire

- 2.1 How We React To Fire
- 2.2 Theory Of Fire - Fire Triangle
- 2.3 How Fire Can Spread
- 2.4 Development Of Fire
- 2.3 Classification of Fire

Module 3

➤ Fire Prevention & Protection

- 3.1 Causes of Fire
- 3.2 Assessing of Risk & Hazards
- 3.3 Fire Detection & Warning Systems
- 3.4 Fire Extinguishers
- 3.5 Application Technique
- 3.5 Fire Blankets

Module 4

➤ Fire Safety Arrangements

- 4.1 Emergency Plans
- 4.2 Evacuation Routes & Procedures
- 4.3 Emergency Lighting
- 4.3 Fire Drills



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Learning Objectives

By the end of the training delegates will be able to:

- *Understand the specific legislation relating to fire safety in the workplace.*
- *Understand the fundamental principles of fire and how it behaves.*
- *Understand how to implement fire prevention measures and actions.*
- *Understand the different protection equipment and systems in place.*
- *Operate a fire extinguisher safely and correctly.*
- *Understand the fire safety arrangements within your workplace.*



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